

## WHAT IS MEASUREMENT-BASED CARE?

Measurement-Based Care (MBC) is defined as the routine collection and use of Patient-Reported Outcome Measures (PROMs) throughout treatment to guide clinical decision making<sup>1</sup>. It is important to note that **MBC is a clinical process** that is distinct from the basic completion of assessment tools.



There are four key components to implementing MBC, which we call **Greenspace's "Four C's"**:

**CONSISTENT** assessments throughout a client's treatment.

**CUSTOMIZED** assessments to the clients presenting issues, symptoms, and goals.

**CLIENT VISIBILITY** is provided into assessment results and overall progress.

**COLLABORATION** between the client and clinician on treatment goals, identifying progress, and in session through discussion and evaluating assessment results.

Increasingly, MBC is perceived as a core component of delivering evidence-based behavioral health care<sup>2</sup>. It is now being required by national accrediting bodies, with the Joint Commission making a major push to drive its adoption.

3.5x

Higher likelihood of clients achieving long-term and reliable change<sup>3</sup>.

42%

Higher overall improvement in clinical symptoms<sup>4</sup>.

40%

Lower dropout and cancellation rates<sup>5</sup>.

## IMPACT ON DIRECT CLIENT CARE

- 1. Empower Clients:**  
Clients will better understand their mental health, helping them engage in care respond to the ups and downs of treatment.
- 2. Improve Therapeutic Alliance:**  
An enhanced understanding of their mental health and the treatment process helps improve client-clinician communication and relationship.
- 3. Enhance Client Care:**  
Improve outcomes, increase client engagement and reduce dropout rates.

## IMPACT AT THE ORGANIZATION LEVEL

- 1. Supervision and Care Management:**  
Realtime objective data on every client in treatment. Bring the client's voice into clinical supervision, and easily identify off-track cases.
- 2. Drive Quality Improvement:**  
Understand the impact/efficacy of each program or care pathway, develop organizational benchmarks and drive continuous service improvement
- 3. Advocate to Funders:**  
Demonstrate efficacy of services and advocate to payors and key stakeholders.

## WHY GREENSPACE?

We've made Measurement-Based Care easier than ever before. With a simple and intuitive platform, 350+ assessments, and automated delivery, you can collect objective client-reported data and access real time client and clinic insights with ease.

Security and privacy of patient information is the foundation of everything we do. Greenspace is SOC 2 Type II compliant and conforms to digital and physical security protocols (including PIPEDA and PHIPA).

500+

Partner Organizations

2.5M+

Assessments Completed

250K+

Participants

\*Data as of February 2024

