

## **Need a Doctor or Nurse Practitioner?**

### **Windsor Family Health Team**

The Windsor Family Health team offers high quality primary health care for residents in Windsor and the surrounding area. An interprofessional group of health care practitioners, including family physicians, provide health care in an integrated, respectful and holistic environment to help keep patients healthy before illness occurs. The focus of the health team is on disease management and prevention, rehabilitation, palliative care and health promotion.

<https://www.windsorfht.ca/>

2475 McDougall, Suite 245  
Windsor, Ontario  
N8X 3N9  
Phone: (519) 250-5656

Monday, Tuesday, Wednesday, Thursday: 8:30 am – 8:00 pm  
Friday: 8:30 am – 4:30 pm

### **Windsor/Essex Community Health Centre**

Community Health Centres (CHCs) are community governed centres providing high quality primary care services with health promotion programs, illness prevention programs and community development initiatives.

As part of this integrated, comprehensive primary health care approach, CHCs support communities and residents to achieve health by addressing “social determinants of health” which includes factors such as income levels, access to shelter/housing, education, language/geographical barriers and other factors that are known to have a direct impact on health outcomes for individuals, families and communities.

<https://wehc.org/medical-nutrition/primary-health-care-physicals/>

Numerous locations/sites available for medical support:

- Teen Health = 1361 Ouellette Ave. #101, Windsor, ON, N8X 1J6
  - o Phone: (519) 253-8481
- Sandwich Community Health Centre = 3325 College Ave., Windsor, ON, N9C 4E6
  - o Phone: (519) 258-6002
- Leamington = 33 Princess Ave. Unit 450, Leamington, ON, N8H 5C5
  - o Phone: (519) 997-2828
- Pickwick Plaza = 7621 Tecumseh Road E, Windsor, ON, N8T 3H1
  - o Phone: (519) 997-2827
- Street Health = 711 Pelissier St., Windsor, ON, N9A 4L4
  - o Phone: (519) 997-2824

## **Essex County Nurse Practitioner-Led Clinics**

Nurse Practitioner-Led Clinics (NPLCs) are a new, innovative model for delivery of comprehensive primary health care in Ontario and Canada. Our interprofessional team provides care to clients. Primary health care services are provided by a Nurse Practitioner. In addition to Nurse Practitioners, other professionals on our team include collaborating physicians, registered nurse, registered practical nurses, social worker, dietitian, and Physiotherapist. Depending on individual needs, clients have access to care from any member of the team. Referrals to medical specialists are sought as needed.

<https://www.ecnplc.com/>

Numerous locations/sites available for medical support:

- Drouillard Road Site = 1168 Drouillard Rd., Windsor, ON, N8Y 2R1
  - o Phone: (519) 946-0740
- Essex Site = 2<sup>nd</sup> floor: 186 Talbot St. E Unit 200, Essex, ON, N8M 1B6
  - o Phone: (519) 776-6856
- Amherstburg Site = 320 Richmond St., Amherstburg, ON, N9V 1H4
  - o Phone: (519) 730-0446

## **CMHA Health Centre**

CMHA Health Centre offers high quality care to residents living in Windsor and Essex County. An interprofessional group of health care practitioners, including Family Physicians and Nurse Practitioners provide health care in an integrated, respectful and holistic environment. The focus of the health team is on disease management and prevention, rehabilitation, and health promotion.

We serve adults, children, babies, and families who need health care. We specialize in those with a serious mental illness and are committed to providing the best health care possible.

<https://cmhahealthcentre.ca/>

1400 Windsor Avenue

Windsor, Ontario

N8X 3L9

Phone: (519) 971-0116

Email: [infocchc@cmha-wecb.on.ca](mailto:infocchc@cmha-wecb.on.ca)

Monday, Wednesday, Thursday: 8:30 am – 8:00 pm

Tuesday and Friday: 8:30 am – 4:30 pm