



Bulimia Anorexia Nervosa Association

Board Meeting Minutes

October 26, 2026 5:30 pm

Meeting Date	Attendees	Location
Start 5:34 pm	In Person: Luciana Rosu-Sieza, Maria Charles, Allie Telfer, Jeevan Mathaw, Yesmina Captan Virtual: Kelly Gosselin, Leon Pilgrim, Stephanie Johnston (late 5:45) Regrets: Marzena Gosselin	In person and Zoom- Hybrid

Chairperson		Minutes Version
Kelly Gosselin		

Agenda	Discussion	Next Step / Action Item
1. Accept Agenda	- Accepted	Motion accept: Yesmina 2 nd : Leon Carried
2. Accept Previous Minutes from January	- Approved	Motion accept: Allie 2 nd : Yesmina Carried
3. Matters Arising	None	Motion accept: 2 nd : N/A

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4. President's Report	<p>-Condolences from the president for passing of Jonathan.</p> <p>-Executive nominations discussion: Leon-nominates Maria. Maria nominates Leon</p>	<p>Motion accept: Leon 2nd: Maria Carried</p>
<p>5.0 Exec Dir Report: Luciana Rosu-Sieza</p> <p>5.1 Organization & Staff Updates</p>	<p>-new Social Worker Deborah Cady- working in the Outpatient Program</p> <p>Reports- Q2 will be due Oct/November (Q2 ends September 30) Reports Due Oct 30 and November 7th.</p> <p>-Statistics committee- Chandi, Lucy, Leta, Alicia and Adriana</p> <p>Capital Campaign committee with board, staff and community under way!</p> <p>First ask will be Holiday Giving Campaign-</p> <p>Building the foundation-Katie Moriarty- met with Kelly and Lucy</p> <p>Met with Maggie Durocher- works at Hiatus House, close to finishing a 25 million ask (building)</p> <p>Committee Development</p> <p>PDS- Provincial Data Set is mandatory and will be used for Ontario Health to gather information from all organizations. We continue to work to minimize the intensive work to complete this by exploring one of the four compliant Electronic Medical Records software. Our first manual test submission will be late Oct. We met with TREAT (one of the identified EMR's) and it looks extremely interactive, integrated and has excellent features. In addition, we met with a provider that is using the software to gauge their experience with it over the past year. Lastly, Ontario Health has released a one-time funding opportunity for organizations to apply for to transition from one EMR to the new one. BANA will be applying.</p> <p>Lucy attended the Eating Disorders Provincial Advisory Table. This group is led by the Centre of Excellence OH.</p>	<p>Motion accept: Stephanie 2nd: Jeevan Carried</p>

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	<p>BANA WE IOP team attended a Brainstorming Session Oct 2nd and we have a follow-up scheduled for Nov 4th- excellent discussion with the team</p> <p>BANA has been busy attending many health fairs, events, AGM's etc. Fall is generally a very busy time for BANA all around.</p> <p>Body Brave developing anchrED Eating Disorder Primary Care Project, which they are currently developing in partnership with McMaster Family Practice. Working on a scale up for our community with a community partner locally.</p> <p>Alicia, Leta and Lucy attended the MHASt meeting Oct 8th focusing on Central Intake with guest speakers from there to through the expectations moving forward.</p> <p>Eating Disorders Outpatient Provincial Program: Clinical and Operational Site Assessment (COA) Interview scheduled in Dec. Leta and Lucy submitted updated Assessment to COE</p> <p>EDO- Dr. Michele Laliberte asked Nadine and Lucy to complete a list of Equity and Accessibility Initiatives that we continue to work on at BANA/WECHC ED programs.</p> <p>EDO-P, Prevention Specialist position for Chatham Kent, Sarnia Lambton as a Prevention Specialist position. We are waiting for next steps to re-post- Eating Disorders Ontario has dropped the mandatory fully bilingual part of the role.</p> <p>Lucy to meet with Gail McVey and Matthew Kelsey to discuss EDO-P budget and program expectations- date to be determined.</p> <p>Faces of Windsor (partnership with The Drive Magazine and CMHA)- Katie Moriarty and I participated and submitted a 150 word joint write up (photo at the U of W Dr. Moriarty Way)- launch event postponed to end of November at the Art Gallery of Windsor-Essex.</p>	

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Clinical Updates:	<p>Lucy to attend the Eating Disorder Surveillance Delphi Event Oct 29 and 30 a structured, iterative consensus-building technique among panels of experts—to establish guidelines, indicators, or frameworks for surveillance I attended the WE SPARK Think Tank on October 23rd to explore research opportunities for BANA/WEIOP.</p> <p>Dr. Warwaruk presented at the Essex County Medical Society Clinical Education day Oct 7th.</p> <p>Bana Be Yourself Magazine- new issue out now!</p> <p>Intake Board Report September 29, 2026 – October 26, 2026</p> <p>General Inquiries-23</p> <p>Centralized Psychosocial Assessment (Adult)5</p> <p>Complete Physical Examination (Adult)7</p> <p>Level of Care Self-Assessment (LoCSA)12</p> <p>Teen Intake 5</p> <p>Teen Health Referral-5</p> <p>Outpatient:</p> <ul style="list-style-type: none"> •In person appointments: 35 •Virtual appointments: 49 •Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall for NP •All staff can connect with Psychiatry during monthly rounds. •Wait list is currently 12 	

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	<ul style="list-style-type: none"> •RSW Deb Cady began her permanent FT position at BANA on October 5th, 2026. She continues to support the IOP groups. <p>IOP :</p> <ul style="list-style-type: none"> •RSW's receive 2 hours of consultation per month from Dr. Masson. •NP has monthly consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry) •All staff can connect with Psychiatry during monthly rounds. •No wait list for treatment •Currently experiencing a decrease in TAY clients registering for treatment. The IOP team attended a brainstorming meeting on October 2, 2026 where we worked to generate thoughts and ideas about what we do well, and what we need to work on. A follow up meeting to discuss and create some action items is scheduled for November 4th, 2026. •The weCHC is still working to fill the RSW position in the IOP. <p>General:</p> <ul style="list-style-type: none"> •Leta will be meeting with potential MSW intern •RD Nicole has taken an unexpected leave for most of October. The team has stepped up in her absence. RD Trisha is now managing all of the IOP and Outpatient clients as well as assisting in training the new weCHC RD Michelle. <p>RSW Alicia has stepped in to many meal supports and groups to help provide coverage.</p> <ul style="list-style-type: none"> •RSW's Leta, Shaina, Heather and Deb are participating in a CBT-AN training led by Professor Glenn Waller. This is a 2 day training October 20th and 27th focusing on a version of CBT specifically for clients with Anorexia. <p>Health Promotions Team Report</p>	

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	<p>Dates: September 27 - October 26, 2026</p> <p>Statistics</p> <ul style="list-style-type: none"> •Total # of Presentations, Workshops & Sessions: 16 •Total # of Participants: 671 •Health Fairs: •Other locations: Retired Teacher Women of Ontario luncheon, Youth Hub's Self Love Club, WEST LEAD program, City of Windsor after-school programs, House of Sophrosyne, University of Windsor Faculty of Education, St. Clair College CYW program, WE-SPARK Think Tank, <p>Updates:</p> <ul style="list-style-type: none"> -HP participated in 16 sessions with 671 participants -4 new volunteers were onboarded and had orientation with Marisa. -Adriana and Patrick are launching the BANA Bytes free e-newsletter on November 1st. This will be a place where we can highlight BANA's programs, wins, and community involvement, as well as prepare for our capital campaign. The 'Food and Nutrition' presentation created by BANA's dietetic intern, Katelyn, was approved by both the GECD SB and WECDSB for use in grade 1-4 classrooms. We're also piloting our 'How to Grocery Shop' presentation in the Providence school board for high school students. -The GECD SB and WECDSB have been sent out to schools across the area and we're booking into December. 	

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6.2 Ontario Health Updates	<p>-On January 21, 2027, BANA will be partnering with Lancers Recreation and Lancers Recover to host a workshop focused on body image, men's experience with body image, and gym culture.</p> <p>-Planning for EDAW 2027 is underway, with the first two planning committee meetings scheduled for November 9th and 23rd at 11am.</p> <p>-The Health Promotion and EDO teams are working in collaboration with Children's First and the City of Windsor Early Years program to develop a 2-part educational series for the city's ECE's. This will be advertised to 1200 ECEs in the region, with the first presentation taking place on December 3rd.</p> <p>Podcast</p> <p>-The podcast episode with WEST was released on October 2nd.</p> <p>The podcast episode with Joanna Roselli was released on October 16th.</p> <p>Upcoming episodes: Dr. Aman Ahluwalia-Cameron (Borderline Personality Disorder) and WE-SPARK Health Institute (the importance of local health research).</p> <p>13 episodes are planned to be released in 2026.</p> <p>Windsor Essex Ontario Health Team Partnership Meetings taking place quarterly- last meeting Sept 24, 2026 next one is scheduled for December 15th, 2026</p> <p>Coordinated Access (now called Central Intake) and Provincial Data Set</p>	

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	<p>is the priority for Ontario Health in addition to Primary Care attachment</p> <p>Reports for Q2 reports will be submitted October 30 and November 7</p> <p>Provincial Data Set (PDS), BANA working on looking at one of the 4 compliant EMR's with the submission to the one time funding from Ontario Health to transition. Monthly costs will remain the same or very</p>	
5. Treasurer's Report	-Deferred due to Marzena's absence	Motion accept: 2 nd : Carried
7. New Business		
8. Q&A/Adjourn	Meeting adjourned at 6:16pm	Motion accept: Allie 2 nd : Leon Carried
9. Next Meeting	November 23, 2026 (In person and virtual) HYBRID 5:30 pm	