



Bulimia Anorexia Nervosa Association

Board Meeting Minutes

November 24, 2025 5:30pm

Meeting Date	Attendees	Location
Start 5:35 pm	<p>In Person: Luciana Rosu-Sieza, Don Cyr</p> <p>Virtual: Kelly Gosselin, Maria Charles, Dana Lavin, Stephanie Johnston, Leon Pilgrim</p> <p>Regrets: Marzena Gosselin, Delaney MacDougall</p> <p>BANA GUEST MEET THE STAFF- Alicia Regier- Intake Social Worker Specialist (5:30-6:00)</p>	In person and Zoom- Hybrid

Chairperson	Minutes Version
Kelly Gosselin	

Agenda	Discussion	Next Step / Action Item
1. Accept Agenda		Motion Accept: Don 2nd:Leon
2 Accept Previous Minutes from Sept	-	Motion Accept: Stephanie 2nd:Dana
3.Matters Arising	None	Motion Accept: 2nd:

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4 President's Report: Kelly Gosslin	Signed application HOOPP with Lucy	Motion Accept: Leon 2nd:Dana
5.0 Exec Dir Report: Luciana Rosu-Sieza	<p>-All reports for Q2 submitted. Waiting for information from Ontario Health about the potential 4% increase. Latest information is that funding would come in Q3 or Q4. `</p> <p>Lucy reached out to Dan MacDonald re Board opportunity. Unfortunately, his schedule is too busy but will pass along to Meg Roberts from Morning show.</p> <p>Lucy sits on on Mental Health Symposium- Connecting our community which will be held on January 19th- Blue Monday. It is geared towards frontline staff working in mental health and addictions. The planning is progressing very well. Patrick has been assisting with the Save the Date and Poster for the event.</p> <p>Lucy applied to the Ontario Hospital Association by the Oct 31st deadline, - Application will be reviewed in December.</p> <p>IHOOPP application to be reviewed along with all requested documents- waiting for feedback</p> <p>PDS- Provincial Data Set is mandatory and will be used for Ontario Health to gather information from all organizations. Only 4 EMR (Electronic Medical Record) Vendors have been approved as deemed compliant. BANA's EMR Accuro is not on the list. EMHware is the previous one we used- it is on the list but does not serve our medical needs. BANA is in touch with Accuro and has shared the spreadsheet of the data that we are going to be collecting for OH.</p> <p>Motion to approve the Proposed 5 Year Strategic Plan for BANA 2026-2030-motion required</p>	Motion Accept: Leon 2nd: Don

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	<p>***MOTION TO APPROVE STRATEGIC PLAN 2026-2030*** Motion Accept: Maria 2nd:Stephanie</p> <p>Meeting scheduled with CMHA in early Dec to discuss a plan to revise our HR Policies. CMHA has a HR Specialist and a DEI specialist that has and will continue to work with BANA. CMHA receives policies and forms from national which they will share with BANA and have agreed to assist us. BANA has set funds aside for their HR services</p> <p>Dr. Madigoe and Dr. Warwaruk were on AM800 Experts on Call- the last of the 3 paid spots. https://bana.ca/wp-content/uploads/Experts-on-Call-Nov-2025.mp3</p> <p>Meet the board- if you did not participate, please consider doing so.</p> <p>Barb (NP), Dr. Madigoe- ED Psychiatrist, Dr. Velehorshki –Chief of Psychiatry WRH and Lucy met with discuss pathways and discharge to and from the hospital. Excellent ideas and recommendations shared amongst the group:</p> <p>Dr. V will reach out to a couple internal specialists to see if they are interested in taking ED clients that require higher specialization. This will support Barb as we are seeing more and more complex clients</p> <p>Lucy to reach out to CMHA to see if the new system navigators will take referrals to work with our clients when referrals need to be made outside of BANA</p> <p>Dr. Madigoe and team have put together an Order Set at WRH for Adult Inpatient Eating Disorder patients- this is not in the final stage of approval.</p> <p>Dr. Madigoe has a presentation to the Internists next week</p>	

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<p>5.1 Organization & Staff Updates</p> <p>Clinical Updates:</p>	<p>Outpatient: In person appointments: 63 Virtual appointments: 77 Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall.</p> <p>All staff can connect with Psychiatry during monthly rounds.</p> <p>Wait list is currently 20 - average time waited for treatment is 6 months</p> <p>RSW Heather Leblanc was interviewed by CBC radio to discuss ARFID</p> <p>RSW Heather is also creating a committee of BANA staff to create a BANA cookbook. Details are still being worked out - stay tuned!</p> <p>IOP :</p> <ul style="list-style-type: none"> • RSW's receive 2 hours of consultation per month from Dr. Masson • NP has monthly consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry) • All staff can connect with Psychiatry during monthly rounds. <p>• Registered Dietitian - employed by weCHC is on maternity leave and we do not have an RD to fulfill the roll as of yet. At this time the IOP is currently providing services to those 20 and older as BANA RD's do not have capacity to take on Transition age youth under 20 at this time. For those who are 16-19 they will be provided with eating disorder treatment through weCHC Teen Health's eating disorder program. We are continuing to explore options and problem solve with weCHC Teen Health to be able to provide IOP level of care to all 16 and above who need it. WeCHC was able to provide the support of their ED dietitian one day a week from noon to 1pm to help facilitate Meal Support.</p> <p>Health Promotions Total # of Presentations, Workshops & Sessions: 28 Total # of Participants: 1844</p>	

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	<p>Health Fairs: 1</p> <p>HP participated in 28 sessions with 1,844 participants,</p> <p>BANA was invited back to the GECDSD's SHSM event at the WFCU. BANA was invited to pose a question to students regarding body image, and the students provided guidance and feedback on how to improve body acceptance and inclusivity in their schools.</p> <p>Preparation for EDAW 2026 has begun and the HP team has put together an EDAW committee with volunteers to plan the week. A few initiatives already planned:</p> <p>EDAW kick-off with yoga at Lululemon at Devonshire mall.</p> <p>Partnering with local libraries to create a public display of our resources and curated reading lists.</p> <p>Partner with Indigo coordinate for Stephanie to read/sign her book, Editable. The manager of Indigo has agreed to order copies of the book, and we will be able to provide BANA bookmarks to the store to hand out with purchases during that week.</p> <p>Patrick is sitting on the national EDAW planning committee.</p> <p>Requests for illumination locations will be sent out later this year.</p> <p>Health educators will be hosting a virtual Eating Disorders 101 virtual Workshop that will be open to the public.</p> <p>There are a few more ideas in the works, but if there are other suggestions, we are open to feedback.</p> <p>Adriana recorded a podcast with Kim Mann discussing Youth Wellness Hub Windsor-Essex and youth mental health. We</p>	

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<p>6.2 Ontario Health Updates</p>	<p>are awaiting approval from Youth Wellness Hub before publishing.</p> <p>Adriana will be recording another podcast at the beginning of December with Heather to discuss ARFID. The plan is to release this in January. If anyone has ideas for who to invite to be on our podcast or for topics, please reach out to Adriana.</p> <p>Adriana and Marisa have begun attending WEAVA meetings to be able to grow our volunteer base more sustainably.</p> <p>Adriana and Patrick attended the local AFP chapter's National Philanthropy Day event on Friday November 14th. It was a great opportunity to see what other organizations are doing in our community.</p> <p>ONTARIO HEALTH Windsor Essex Ontario Health Team Partnership Meetings quarterly – next one scheduled for Dec 11th</p> <p>BANA continues to work with Body Brave on the Self-Assessment and Recovery tool. Body Brave has the funding till Dec 31st Solcz. Met with Body Brave to see which other funders we can approach to continue the RSP. Lucy asked Body Brave to send me the cost for the program for Jan-March (end of fiscal). This may be able to buy us some more time to apply for funding</p> <p>Intake and Assessment committee and Coordinated Access (a sub-committee of the Mental Health and Addiction table) and Data committee</p> <p>Reports for Q1 and Q2 (April 1-September 30) submitted</p>	

Agenda	Discussion	Next Step / Action Item
Treasurer's Report (Marzena)	**DEFERRED**	MOTION ACCEPT: 2ND
7. New Business		
8. Q&A/Adjourn	Meeting adjourned 6:48pm	MOTION ACCEPT: Leon 2nd DOn
9. Next Meeting	Monday January 26, 2026- 5:30 pm Hybrid.	