



# Bulimia Anorexia Nervosa Association

## Board Meeting Minutes

Monday January 26 5:30-6:30 pm

Meeting Date	Attendees	Location
Start 5:33 pm	Luciana Rosu-Sieza, Maria Charles, Virtual: Kelly Gosselin- chair, Dana Levin, Marzena Gosselin, Leon Pilgrim, Stephanie Johnston Regrets: Delaney MacDougall, Don Cyr	In person and Zoom- Hybrid

Chairperson		Minutes Version
Kelly Gosselin	Meet the Staff- Adriana Grande- Health Promotions 5:33-5:54 pm	

Agenda	Discussion	Next Step / Action Item
1. Accept Agenda	- Accepted	Motion accept: Stephanie 2 <sup>nd</sup> : Maria Carried
2. Accept Previous Minutes from January	- Approved	Motion accept: Maria 2 <sup>nd</sup> : Dana Carried
3. Matters Arising	-None	Motion accept: 2 <sup>nd</sup> : N/A

Agenda	Discussion	Next Step / Action Item
4. President's Report	<p>-Update on employee case re: settlement Settlement conference in Feb.</p> <p>-Lucy to continue to work with Legal team and update Kelly - Board President.</p>	<p>Motion accept: Maria 2<sup>nd</sup>:Dana Carried</p>
5.0 Exec Dir Report: Luciana Rosu-Sieza	<p>BANA has successfully enrolled in HOOPP as of January 18th 2026- 18 out of 20 employees have enrolled. 2 will be remaining with the RRSP match *% of matching contributions have been changed to reflect the larger investment in HOOPP for staff*</p> <p>BANA will be receiving a 4% base-funding increase- ONTARIO HEALTH sent the confirmation in a letter- retro to April 1st 2025-March 31st 2026. Increase will also include the Intensive Outpatient Program funding.</p> <p>BANA would like to proceed with the pay scale adjustment from the presentation and discussions at the September 2025 meeting- with the goal to close the gap in our pay scales in comparison to our partner organizations (Mental Health &amp; Addiction Ontario Health funded)- closing the gap and getting closer to the 4% (or under10% gap in all positions) gap on each side of the scale. Lucy and Chandi completed a 5-year projection</p> <p>BANA would like to pay retro pay for staff using surplus from EDO-P, BANA and the 4% based funding increase which is reflected for 2025-26 year and must be spent by March 31st 2026.</p> <p>BANA will use the 4% base-funding in 2026-27 for salary adjustments as well as increase in operational costs</p> <p><b>**MOTION TO ACCEPT ED REPORT &amp; TO UPDATE PAYSACLE FOR ALL BANA EMPLOYEES TO BRIDGE GAP BASED ON GOVERNMENT FUNDING**</b></p>	<p>Motion accept: Dana 2<sup>nd</sup>: Leon Carried</p> <p><b>MOTION UPDATE: DANA 2nd Leon</b></p>

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<p>5.1 Organization &amp; Staff Updates</p>	<p>Lucy to participate in "Leadership &amp; Community Engagement Panel – Discover Your Potential through MCC</p> <p>Connecting our Community, A Mental Health &amp; Wellness Symposium</p> <p>Provincial Data Set- mandatory and will be used for Ontario Health.</p> <p>-Eating disorder Service Mapping Day- to be held Feb 27.</p> <p>-CMHA has been assisting BANA with policies</p> <p>Ashley- MSW student from Jan-April. Working with clinical team and Leta.</p> <p>-Job posting for EDOP- prevention specialist in Chatham, Sarnia area will be soon.</p> <p>-EDAW Feb 1-7- Many Activities planned for the week</p> <p>-BANA applied for RBC grant of \$1500 to support EDAW</p> <p>EDAW magazine to be distributed.</p> <p>Yoga at Lululemon Feb 1<sup>st</sup>- Free event</p> <p>Stephanie will be at Indigo Feb 7- for a book signing.</p> <p>Health Promotions Update:</p> <p>Total of Presentations, Workshops &amp; Sessions: 53</p> <p>Total of Participants: 1447</p> <p>Health Fairs: 2</p>	

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	<p>HP participated in 53 sessions with 1,447 participants</p> <p>HP is fully booked until April.</p> <p>NEW: Instagram Live on Social Media Tips and Tricks for staying mentally healthy online.</p> <p>-Podcast with Adriana from HP</p> <p>-The first episode of the podcast relaunch as shared on January 16th, with our guest being Kim Mann from Youth Hub.</p> <p>-The second podcast will be launched on Friday February 6th, which is with Heather Leblanc, one of BANA's social workers, and will focus on ARFID.</p> <p>The HP team met with representatives from the University of Windsor focused on the Food Security Action Plan. BANA will be their first community partner, bringing educational resources and input into their planning and outreach.</p> <p>-Adriana was the keynote speaker at the WEST LEAD Program graduation in December.</p> <p>-Adriana and Patrick have continued attending fundraising webinars organized by the AFP South chapter. Patrick attended an AFP South chapter networking event this past week.</p> <p>-BANA has purchased two new banners (one general and one for IOP) and a BANA tent.</p>	

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<p>Clinical Updates:</p>	<p>General Inquiries-23</p> <p>Centralized Psychosocial Assessment (Adult)-5</p> <p>Complete Physical Examination (Adult)-4</p> <p>Level of Care Self-Assessment (LoCSA)-18</p> <p>Teen Intake-8</p> <p>Teen Health Referral-7</p> <p>Outpatient: In person appointments: 113 Virtual appointments: 57</p> <ul style="list-style-type: none"> <li>· Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall for NP.</li> <li>· All staff can connect with Psychiatry during monthly rounds.</li> <li>· Wait list is currently 20 - average time waited for treatment is 6 months</li> </ul> <p>RSW Heather is also creating a committee of BANA staff to create a BANA cookbook. We are currently gathering recipes from BANA staff, working on layout/format, and determining a budget. Once we have a firmer idea of how many recipes/pages and the general lay out we would like along with estimated printing costs Adriana and Pat will be seeking sponsors.</p> <p>IOP:</p> <p>RSW's receive 2 hours of consultation per month from Dr. Masson</p> <p>NP has monthly consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry)</p> <p>All staff can connect with Psychiatry during monthly rounds.</p>	

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	<p>Registered Dietitian - employed by weCHC is on maternity leave. A part time RD did apply for the job and was hired knowing that the full time posting would remain open for potential candidates. The part time RD is currently in orientation/training and is observing meal support, nutrition group, RD Orientation and RD individual appointments (nutrition assessments, menu marking ect.). This has had an impact on our ability to provide treatment for clients under the age of 20. The IOP team is hoping to begin working with this population again very soon as the RD progresses through training. * Despite this staffing set back we will still be meeting our budget requirements for reporting*</p> <p>Psychiatry support continues to be a significant and impactful addition to our program. Dr. Madigoe's passion, expertise and commitment to working with our clients has given the team and especially our nurse practitioner the extra support needed for out most complex clients.</p> <p>IOP had a planned shut down the week of December 22nd-26th allowing clients to take a break from intensive treatment for the holidays.</p> <p>RSW Shaina Thompson (BANA) and RSW Deb Cady (weCHC) have volunteered to write an article for the spring/summer edition of the BANA magazine. The topic will be around demonizing food - something that was briefly discussed in an upcoming</p>	

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6.2 Ontario Health Updates	<p>ONTARIO HEALTH</p> <p>Windsor Essex Ontario Health Team Partnership Meetings quarterly – next one scheduled for April 2026</p> <p>Intake and Assessment committee and Coordinated Access (a sub-committee of the Mental Health and Addiction table) and Data committee</p> <p>Reports for Q3 will be submitted by early Feb 2026</p> <p>4% base funding confirmed by Ontario Health- EMBARGO for staff retention and inflation/cost of living</p> <p>Provincial Data Set (PDS) will be BANA’s next undertaking</p> <p>Eating Disorder Service Mapping Day- Feb 27th 2026 in partnership with weCHC and WRH</p>	
5. Treasurer’s Report	- See Treasurer’s report for further details	Motion accept: Stephanie 2 <sup>nd</sup> : Dana Carried
7. New Business	None	
8. Q&A/Adjourn	Meeting adjourned at 6:25 pm	Motion accept: Stephanie 2 <sup>nd</sup> : Dana Carried
9. Next Meeting	Feb 23 2026(In person and virtual) HYBRID	