



Eating Disorders Ontario Prevention

Hello ! We are excited to share with you our 2021-2022 year-end newsletter style report outlining the progress we have made to date with the build and implementation of our provincial prevention strategy in eating disorders.

[Click here for the report](#)

Highlights stemming from the report include:

- Hiring of our first Eating Disorder Prevention Specialist
- Completion of our intervention and implementation support resources
- Recruitment and selection of the Host Organizations that will house the ED prevention specialists in three of the six Ontario Health Regions
- Engagement with the following sectors: The school sector via School Mental Health Ontario; Public health units across 4 regions, youth wellness hubs via Youth Wellness Hub Ontario, CYMH agencies, Community-based dietitians, Family Health Teams.
- We are in full implementation of the Foundational Training for Adult Influencers, with training workshops underway across 4 regions.
- We have worked with champion school leaders / principals and teachers to tailor the school arm of EDO-P to optimize uptake/sustainability of evidence-based strategies.

Next steps:

We will continue to recruit host organizations across the three remaining Ontario Health Regions, and expand partnership development with sectors servicing carers / families, as well as post secondary education institutions to complement the work underway in public health units and schools.

We will trial the full school tiered approach to EDO-P this school year across 1-2 regions. For an overview of how schools can help, please visit: <http://www.ocoped.ca/EDO-P-For-Schools>

For more information about EDO, visit www.eatingdisordersontario.ca