Bulimia Anorexia Nervosa Association
Board Meeting September 28, 2026

AGENDA

Item	Person Responsible	Time Allotted
1. Accept Agenda	Leon	1 minute
2. Accept Previous Minutes	Leon	2 minutes
3. Matters Arising from last meeting	Leon	2 minutes
4. President's Report	Leon	20 minutes
5. Executive Dir Report:	Luciana Rosu-Sieza	20 minutes
5.1 Organization & Staff Updates		
5.2 Ontario Health Updates		
6. Treasurer's Report	Marzena	10 minutes
7. New Business	Board	10 minutes
8. Q&A/Adjourn	Board	10 minutes
9. Next Meeting	Board	October 26, 2026

4.0 President's Report

President's Report- Deferred

Executive Director Report

Luciana Rosu-Sieza

Executive Director, BANA

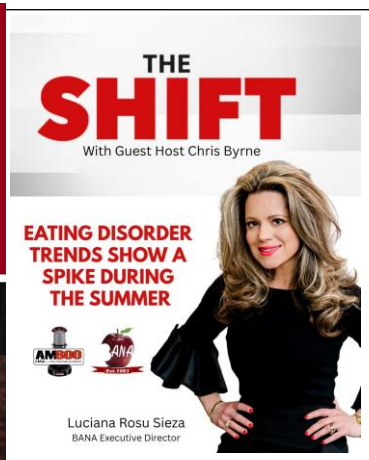
5.1 Organization & Staff Updates

- WELCOME BACK! HAPPY FALL! September is the start to BUSY and CATCH UP and RESET!
- Welcome Jeevan, Yesmina and Allie to the board- they attended an orientation session with me in preparation for this meeting
- Don Cyr has resigned from the board of directors- Kelly will be drafting a letter from the board/BANA thanking him for all his work and dedication
- Welcome to our new Registered Social Worker Deborah Cady- starting Oct 5 and Amanda Armstrong returned from maternity leave
- Farewell to Kayla (RSW- moved to Hamilton) and Danya (was taking Amanda's Maternity leave)- they will be missed!
- New Board of Directors orientation
- Reports- Q2 will be due Oct/November (Q2 ends September 30)
- Capital Campaign committee with board, staff and community under way!
  - Building the foundation
  - Katie Moriarty- met with Kelly and I
  - Going to meet with Maggie D
  - Committee Development
- PDS- Provincial Data Set is mandatory and will be used for Ontario Health to gather information from all organizations. We continue to work to minimize the intensive work to complete this by exploring one of the four compliant Electronic Medical Records software. Our first manual test submission will be late Oct.
- I submitted an Expression of Interest to join the Eating Disorders Provincial Advisory Table- I was selected. This group is led by the Centre of Excellence OH. Meetings start Sept 29th.
- Leta and I have been attending a 4 part series the Centre of Excellence (June- September)-
- Eating Disorders Outpatient Provincial Program Engagement Session 1: Provincial Program Expectations
- Eating Disorders Outpatient Provincial Program Engagement Session 2: Data Collection, Quality, and Completeness
- Eating Disorders Provincial Program Engagement Session 3: Central Intake Ontario MHA
- Eating Disorders Outpatient Provincial Program Engagement Session 4: Clinical and Operational Assessment
- I continue to be on AM800 Roundtable- great experience to get out of my comfort zone
- EDO-P, Prevention Specialist position for Chatham Kent, Sarnia Lambton as a Prevention Specialist position. We are waiting for next steps to re-post- Eating Disorders Ontario has dropped the mandatory fully bilingual part of the role.
- Accessibility – BANA applied for 2 accessibility grants for our front door, washrooms and we are trying to evaluate anyway that we make our office more accessible- WAITING for updates
- Faces of Windsor (partnership with The Drive Magazine and CMHA)- Katie Moriarty and I participated and submitted a 150 word joint write up (photo at the U of W Dr. Moriarty Way)- launch event on November 12 at the Art Gallery of Windsor-Essex.
- BANA partnered with CMHA and sponsored an IDEA grant through WE SPARK Health Institute. Co-Creation of Wellness Support for Nursing Staff: A Cross-Sectional Study- Vanessa Trocchi, Erie Shores HealthCare
  - 3 Areas of Focus: Cancer. Behavioural & Brain Health and Community Health & Well-being
- BANA WE IOP team will be participating in a Brainstorming session Oct 2 at AMICA (AM) to discuss program retention and format
- Body Brave has added Caregiver Modules to the Recovery Support Program- supported by a grant. It has been added to the BANA site
- Alicia, Leta and I will be attending the MHAST meeting Oct 8th focusing on Central Intake with guest speakers from there to through the expectations moving forward. Central Intake located in Waterloo-Wellington
- Dr. Warwaruk will be presenting at the Essex County Medical Society Clinical Education Day Oct 7th- I spoke to her about her presentation topics/she is including BANA programs.
- Stay Tuned for the BANA Be Yourself Magazine – Fall Issue
- BANA nominated for the Daphne V. Clarke Trailblazer Award as part of WEST's International Women's Day


THE BANA BE YOURSELF
PODCAST
HAPPY. HEALTHY. HOPEFUL.
NEW EPISODE
HOST
ADRIANA GRANDE
BANA HEALTH EDUCATOR
Windsor Essex weCHC Community Health Centre
SPECIAL GUEST
GISELLE VINSKY, MS
NEW EPISODE
#34
BEYOND MAINSTREAM NARRATIVES: CULTURAL SENSITIVITY & EATING DISORDERS


FAIRCLOUGH
FIGHTING FOR A BETTER ONTARIO

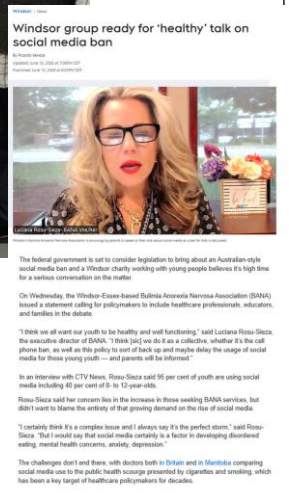

Lee
Be Yourself


THE
SHIFT
With Guest Host Chris Byrne
EATING DISORDER TRENDS SHOW A SPIKE DURING THE SUMMER
Luciana Rosu Sieza
BANA Executive Director


A LOOK BACK AT
WORLD EATING DISORDER ACTION DAY 2026
STOP STIGMA
START CARE
TOGETHER.
#STOPSTIGMASTARTCARE
#WEDAD2026
NOW AVAILABLE AT
WWW.BANA.CA/MAGAZINE


SUICIDE AWARENESS
YOU ARE NOT ALONE
SUICIDE AWARENESS
YOU ARE NOT ALONE
September is Suicide Awareness Month

A look back


Windsor group ready for 'healthy' talk on social media ban
The federal government is set to consider legislation to bring about an Australian-style social media ban and a Windsor charity working with young people believes it's high time for a serious conversation on the matter.
On Wednesday, the Windsor-Essex-based Bulimia Anorexia Nervosa Association (BANA) issued a statement calling for policymakers to include healthcare professionals, educators, and families in the debate.
"I think we all want our youth to be healthy and well functioning," said Luciana Rosu-Sieza, the executive director of BANA. "I think [sic] we do it as a collective, whether it's the cell phone ban, as well as this policy to sort of back up and maybe delay the usage of social media for those young youth — and parents will be informed."
In an interview with CTV News, Rosu-Sieza said 95 per cent of youth are using social media including 40 per cent of 8- to 12-year-olds.
Rosu-Sieza said her concern lies in the increase in those seeking BANA services, but didn't want to blame the entirety of that growing demand on the rise of social media.
"I certainly think it's a complex issue and I always say it's the perfect storm," said Rosu-Sieza. "But I would say that social media certainly is a factor in developing disordered eating, mental health concerns, anxiety, depression."
The challenges don't end there, with doctors both in Britain and in Manitoba comparing social media use to the public health scourge presented by cigarettes and smoking, which has been a key target of healthcare policymakers for decades.


WECHC EAST END
Summer Rec BBQ
Be Yourself


we spark


THE BANA BE YOURSELF
PODCAST
HAPPY. HEALTHY. HOPEFUL.
NEW EPISODE !
HOST
ADRIANA GRANDE
BANA HEALTH EDUCATOR
SPECIAL GUEST
KAREN BELLEMORE, RI
PUBLIC HEALTH
NUTRITIONIST, WECHU
NEW EPISODE
#31
FOOD SECURITY, FOOD NEUTRALITY, AND HEALTH EQUITY
www.bana.ca/podcast


BANA
BE YOURSELF
A publication of the Bulimia Anorexia Nervosa Association
Spring/Summer
SPECIAL FEATURE
THE MORIARTY WAY
A Legacy that continues to Lead
ALSO IN THIS ISSUE:
Food Is Not Moral
A Double-Edged Sword
NEUROSCIENCE, BEHAVIOUR
The Complex Reality of Cannabis
WHERE MOVEMENT BEGINS
When Weight becomes
World Eating Disorders
Roots of Hope
NOW AVAILABLE AT
WWW.BANA.CA/MAGAZINE


WEST Inc.

2026 BANA STAFF DEVELOPMENT DAY











BANA TEAM DAY


BANA STAFF
42ND ANNUAL GENERAL MEETING


BANA BOARD MEMBERS
42ND ANNUAL GENERAL MEETING


TEAM BANA
42ND ANNUAL GENERAL MEETING

CLINICAL May 25- September 25

Intake Board Report May 26, 2026 – September 28, 2026	
	Total Amount Completed
General Inquiries	89
Centralized Psychosocial Assessment (Adult)	23
Complete Physical Examination (Adult)	27
Level of Care Self-Assessment (LoCSA)	66
Teen Intake	30
Teen Health Referral	29

Outpatient:

•In person appointments: 338
•Virtual appointments: 174
•Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall for NP
•All staff can connect with Psychiatry during monthly rounds.
•Wait list is currently 13 - average time waited for treatment is 3.5 months (Reduced from 5-6 month at last board report)
•RSW Kayla Cheeseman has relocated and left her position at BANA. The position has been filled (starting October 5, 2026) by RSW Deb Cady. RSW Alicia (Intake Coordinator) and RSW Shaina (IOP RSW) have helped out and have taken on a couple of outpatient clients to continue to work towards reducing our wait list.

IOP :

•RSW's receive 2 hours of consultation per month from Dr. Masson.
•NP has monthly consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry)
•All staff can connect with Psychiatry during monthly rounds.
•No wait list for treatment
•Currently experiencing a decrease in TAY clients registering for treatment. We will be engaging in a brainstorming session with the IOP team to discuss possible ways to increase retention.
•The weCHC social worker for the IOP has left their position to take a full time position at BANA effective October 5, 2026. weCHC will need to fill the social work position for IOP.
•weCHC RD for the IOP, Allison Vanier has left her position. The position has been filled with RD Michelle Watkins.
•Feedback from clients:
•Clients continue to express how much they enjoy making their distress tolerance kits in group.
•A client has shared that they appreciate that staff eats with clients during meal support.

General:

•We have been contacted by the University of Windsor, School of Social Work to take an MSW student January through April 2027. Stay Tuned.
•BANA had planned to take a masters of counselling psychology student from Yorkville University. This placement, unfortunately did not work out, and we were unable to proceed.

Health Promotions Team Report
Dates: May 25, 2026 - September 27, 2026

Statistics

- Total # of Presentations, Workshops & Sessions: 95
- Total # of Participants: 4,619
- Health Fairs: Lasalle Seniors Expo, Lancers Recover, Windsor Essex Community Housing Corporation, United Way summer outreach, Youth Hub Back-to-School event, Open Streets, Life After 50 Be Well Expo, SAM Walk
- Other locations: HWoW, YMCA YWorks program, Youth Hub's Self Love Club, WEST LEAD program, City of Windsor camps, weCHC Conversation Circles, House of Sophrosyne, Girls in Motion camp, Boys RISE Camp, weCHC Life Skills group, weCHC Women Empowerment group, SOAHAC camp,

Updates

- HP participated in 95 sessions with 4,619 participants, majority of them taking place in schools and in the community.
- 8 new volunteers were onboarded and had orientation with Marisa.
- BANA's dietetic intern, Katelyn, helped the HP develop material for an updated nutrition workshop (JK-Gr 4). We used the material to co-create a trial presentation for camps (photo below) and we received great feedback.
- Planning to host a workshop with Lancers Recreation and Lancers Recover in the winter semester focused on body image, men's experience with body image, and gym culture.
- Adriana has co-founded and co-chairs the Outreach Community of Practice. It mobilizes 25+ cross-sectoral healthcare and social service organizations to standardize outreach best practices, address outreach gaps, and conduct ongoing regional needs assessments.
- Planning for EDAW 2027 is underway, with more details to be provided at the next board meeting.

Podcast

- The podcast episode with Karen Bellemore from WECHU on Food Security and Food Neutrality in Windsor-Essex was released on June 29th.
- The podcast episode with Amy Macdonald was released on July 22nd.
- The podcast episodes with Giselle Vinsky from weCHC AMANI program were released on August 20th (AMANI) and September 11 (Cultural Sensitivity and Eating Disorders).
- Upcoming episodes: WEST, Joanna Roselli, Dr. Aman Cameron, WE-SPARK Health Institute, and an episode with BANA's dietitians, Nicole and Trisha.
- 14 episodes are planned to be released in 2026.

- Volunteer Program Updates
  - A volunteer posting now has a permanent spot on the Workforce Windsor Essex volunteer page under 'Ongoing'.
  - The BANA Volunteer Program has gone through an extensive update to reflect the full volunteer cycle:

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Planning

●With the help of Patrick, the volunteer landing page on the website was updated, including an overview of the role with key responsibilities, an updated volunteer form, as well as an FAQ section for prospective volunteers.

■Recruitment and Awareness

●In addition to flyers, a recruitment post has been scheduled for the remainder of the year on social media.

●We will speak with Patrick about including a quarter page ad in the magazine as well (pending there's extra room in the issue).

■Screening and Selection

●The drop-down tabs on the website have been updated to include 'Volunteer' to make the form easier to find.

●We've included the key responsibilities and criteria to become a volunteer.

●The screening call survey questions were reviewed and updated.

■Onboarding and Training

●A post-orientation feedback survey was drafted to share with volunteers about the process of becoming a volunteer.

●We are working with Patrick to make a password-protected volunteer portal on the website to house forms, links to track volunteer hours, and related trainings to support volunteers.

■Engagement, Management, and Support

●We've begun sending out quarterly communications emails that include highlights from the previous quarter, upcoming tasks and events, and helpful resources.

●We've drafted a bank of tasks with their descriptions to keep on hand.

■Recognition and Retention

●We have scheduled monthly volunteer thank you posts for the remainder of the year.

●We would like to plan a volunteer appreciation event or gift for 2027.

●We've scheduled biannual emails to go out to ask volunteers if they'd still like to be active or not. In addition, we've drafted a volunteer exit survey to get general feedback on their experience.

■Advocacy and Evolution

●We want to ensure that highly engaged volunteers transition into advocates in the community. We are exploring the idea of an 'Ambassador Program', where volunteers can apply to take on more of a leadership role and have a greater public presence in the community

Katelyn (Dietetics Intern) at a Camp →



EDO-P West Team

May – September 2026

Team member & Role	Sub-region
Alexis Sauls Ramos Team Lead, Prevention Specialist	Windsor-Essex, Chatham-Kent, Sarnia-Lambtor
Mishal Javed Prevention Specialist	Middlesex-London, Oxford, Elgin
Angela Rozema Prevention Specialist	Grey-Bruce, Huron-Perth Waterloo-Wellington (*Post-Secondary schools)*
Amanda Armstrong Prevention Specialist - *maternity leave until July 2026*	Waterloo-Wellington
Lucy Irvine Prevention Specialist	Niagara, Brant, Haldimand, Norfolk
Lisa Doan Prevention Specialist	Hamilton, Brant (*school boards*)
TBD – recruitment paused for provincial direction Prevention specialist	Chatham-Kent/Sarnia-Lambton

The EDO-P West team continues to take a team oriented, supportive approach while each working to support their unique sub-regions. They also remain highly motivated to support provincial needs when called upon.

Highlights of implementation support and partnerships

- **Hamilton**
  - Continued partnership with Hamilton Public Health, including ongoing training for staff. This includes support to obtain buy-in from school boards in the area.
  - Continued reach out underway to post-secondary and community partners.
- **Niagara, Brant, Haldimand, Norfolk**
  - Planning continues with Niagara Catholic DSB for implementation of school climate and classroom resources in fall 2026.
  - EVERYbody Project training carried out with staff at Niagara College in August with plans to implement intervention with students during 26/27 school year.
  - Brant Catholic DSB newly engaged, working through early planning.
- **Wellington/Waterloo**
  - Spring – wrap-up of first full year of implementation with UGDSB. A totally of 9 schools participated with plans for expansion in 2026/2027.
  - Summer – Transition of region back to permanent team member returning from parental leave and introduction of shared partnership with Dufferin Country PS.
  - Fall – Priority is UGDSB (expansion of pilot and training mental health staff).
- **Grey/Bruce**
  - Summer – Transition of region to permanent team member who was previously covering Waterloo/Wellington parental leave.
  - Fall – establishing relationships with all existing and new partners.
  - Update: Blue Water DSB delivered classroom lessons in full to 75 elementary classes (grade 4-6) in the 25/26 school year.
- **London-Middlesex**
  - Multisession small group intervention carried out with students at Thames Valley DSB with work underway to pilot classroom lessons.
  - Two more deliveries of the EVERYbody project (EBP) carried out with students on Western campus.
  - Continued work underway to increase implementation in schools. Individual staff expressing considerable need and interest.
- **Windsor-Essex**
  - 8 local providers from 3 CYMH agencies trained in EDO-P small group program. Planning underway for implementation within the region .
  - Engagement ongoing with GECDSB with planning for CYW training and expansion of in-school training in 26/27 year.
  - Outreach underway to several Indigenous service providers to explore opportunities to partner.

5.2 Ontario Health/Partnership Updates

ONTARIO HEALTH

- Windsor Essex Ontario Health Team Partnership Meetings taking place quarterly- last meeting Sept 24, 2026
- Coordinated Access (now called Central Intake) and Provincial Data Set is the priority for Ontario Health in addition to Primary Care attachment
- Reports for Q2 reports will be submitted Oct/Nov
- Provincial Data Set (PDS), BANA working on looking at one of the 4 compliant EMR's and one time funding from Ontario Health

6.0 Internal Financial Statement May 2026

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 05/31/2026			
Account Type	**Description**		**Balance**
Asset	Petty Cash		100.00
	Bank - Operating Motor City-Sub 1		73,124.56
	Bank - Term D-GIC		41,755.24
	Bank - Term D-Sub 19		46,365.84
	Term Deposit-Sub 18		71,681.07
	Share Account		100.00
	Bank - Bingo		20,319.79
	Grant Receivable		142,972.00
	AR Miscellaneous		-0.80
	AR Current - Employee		-34.69
	AR Current - Rebates GST Federal		647.33
	AR Current - Rebates PST Provincial		1,699.65
	Prepaid Expenses		12,837.10
	Office Furniture & Equipment		124,154.47
	Leasehold Improvements		20,984.48
		Total Asset:	**$556,706.04**
Liability			
	Accounts Payable –Current		2,808.98
	Accrued Current Liab - Audit fees		779.54
	Accrued Other		220.00
	Due to Receiver General		29,849.68
	Due to RRSP		1,053.36
	Accrued Cur Liab - Salaries and Wages General		22,198.67
	Due to HOOPP		4,612.56
	Deferred_MED		4,250.00
	Deferred_Bingo		23,633.61
	Deferred_Magazine		4,774.31
	Deferred_Staff Development		56,668.75
	Deferred_UWSA		1,000.00
	Deferred Grant - EDO-G		130,129.02
	Deferred Capital		57,659.36
	Restricted Reserve Fund		14,229.23
		Total Liability:	**353,867.07**
Net Assets			
	Invested in Capital		145,138.95
	Current Year Earnings for Period		24,179.48
	Unrestricted Reserve Fund		33,520.54
	Total Net Assets:	**Total Net Assets:**	**202,838.97**
		Total Liabilities and Net Asse	**$556,706.04**

6.0 Internal Financial Statement May 2026

Bulimia Anorexia Nervosa Association

Statement of Activities

For the period ended May 31, 2026

	Current Month			Year to Date		
Description	Actual	Budget	Variance	Actual	Budget	Variance
Operating Income						
Investment Revenue - Interest In	$3,115	$3,129	($14)	$3,160	$3,171	($11)
Funding - LHIN	43,734	43,736	($2)	87,489	87,472	$18
Pay Master Ministry Of Health	23,416	23,416	$0	46,832	46,832	$0
Total Operating Income	**$70,265**	**$70,281**	**($16)**	**137,481**	**137,475**	**$7**
Operating Expense						
ED_BANA S Salaries and rela	58,814	58,325	-489	119,610	119,246	-364
Total Other Expenses	6,612	8,457	1,845	14,292	17,016	2,724
Total Operating Expenses	65,426	66,782	1,356	133,902	136,262	2,360
Operating Surplus / (Deficit)	**$4,840**	**$3,499**	**$1,341**	**$3,579**	**$1,213**	**($2,367)**
Fund Raising, Grants, & Miscellaneous Net						
Donations - Individual/Corporate	326	724	-398	502	1,449	-947
Other Revenue	0	227	-227	0	454	-454
Income from FR/Donations/C	326	951	-625	502	1,903	-1,401
BANA Net -Surplus/ (Def	**$5,166**	**$4,450**	**$716**	**$4,081**	**$3,116**	**$966**
Special Fundraising Programs						
Bingo Income	2,599	2,500	99	5,576	5,000	576
Bingo Expense	0	2,500	2,500	300	5,000	4,700
Bingo Net Income	**$2,599**	**$0**	**$2,599**	**$5,276**	**$0**	**$5,276**
BANA Net S/D after Bingo	**$7,765**	**$4,450**	**$3,315**	**$9,357**	**$3,116**	**$6,242**
Grants / IOP Funding						
IOP Income	55,029	56,392	-1,363	110,058	112,784	-2,726
IOP Salaries & Related OH	45,049	44,431	-618	92,146	90,825	-1,321
Total IOP other expenses	7,009	10,172	3,163	13,697	20,344	6,647
IOP Net -Surplus/ (Deficit	**$2,971**	**$1,789**	**$1,182**	**4,215.63**	**$1,615**	**$2,601**
EDO-P Prevention	71,486	71,486	0	142,972	142,972	0
EDO-P prevention Salaries & Re	63,924	63,651	-273	130,982	130,120	-862
EDO-P- Expense	669	2,883	2,214	1,383	5,766	4,383
EDO-P Net -Surplus/ (Def	**$6,894**	**$4,952**	**$1,942**	**10,606.38**	**$7,086**	**$3,520**
Checking	$17,629	$11,191	$6,438	$24,179	$11,817	$12,363

6.0 Internal Financial Statement June 2026

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 06/30/2026			
Account Type	**Description**		**Balance**
Asset	Petty Cash		100.00
	Bank - Operating Motor City-Sub 1		46,383.49
	Bank - Term D-GIC		41,755.24
	Bank - Term D-Sub 19		46,365.84
	Term Deposit-Sub 18		71,681.07
	Share Account		100.00
	Bank - Bingo		20,530.94
	Grant Receivable		214,458.00
	AR Miscellaneous		-0.80
	AR Current - Employee		-37.37
	AR Current - Rebates GST Federal		1,212.21
	AR Current - Rebates PST Provincial		3,182.41
	Prepaid Expenses		11,441.75
	Office Furniture & Equipment		124,154.47
	Leasehold Improvements		20,984.48
		Total Asset:	**$602,311.73**
Liability			
	Accounts Payable –Current		16,588.83
	Accrued Current Liab - Audit fees		1,169.31
	Due to Receiver General		33,780.52
	Due to RRSP		1,193.80
	Accrued Cur Liab - Salaries and Wages General		31,187.36
	Due to HOOPP		24,907.49
	Deferred_MED		4,250.00
	Deferred_Bingo		23,633.61
	Deferred_Magazine		4,774.31
	Deferred_Staff Development		56,668.75
	Deferred_UWSA		1,000.00
	Deferred Grant - EDO-G		130,129.02
	Deferred Capital		57,659.36
	Restricted Reserve Fund		14,229.23
		Total Liability:	**401,171.59**
Net Assets			
	Invested in Capital		145,138.95
	Current Year Earnings for Period		22,480.65
	Unrestricted Reserve Fund		33,520.54
	Total Net Assets:	**Total Net Assets:**	**201,140.14**
		Total Liabilities and Net Asse	**$602,311.73**

6.0 Internal Financial Statement June 2026

Bulimia Anorexia Nervosa Association

Statement of Activities

For the period ended June 30, 2026

	Current Month			Year to Date		
Description	Actual	Budget	Variance	Actual	Budget	Variance
Operating Income						
Investment Revenue - Interest In	$11	$42	($31)	$3,171	$3,213	($42)
Funding - LHIN	43,734	43,736	($2)	131,223	131,207	$16
Pay Master Ministry Of Health	23,416	23,416	$0	70,248	70,248	$0
Total Operating Income	**$67,161**	**$67,194**	**($33)**	**204,642**	**204,668**	**($26)**
Operating Expense						
ED_BANA S Salaries and rela	61,173	60,921	-252	180,783	180,167	-616
Total Other Expenses	11,941	8,457	-3,484	26,233	25,473	-760
Total Operating Expenses	73,114	69,378	-3,736	207,016	205,640	-1,376
Operating Surplus / (Deficit)	**($5,953)**	**($2,184)**	**($3,769)**	**($2,374)**	**($972)**	**$1,402**
Fund Raising, Grants, & Miscellaneous Net						
Donations - Individual/Corporate	654	724	-70	1,156	2,173	-1,017
Other Revenue	1,421	227	1,194	1,421	681	740
Income from FR/Donations/C	2,075	951	1,124	2,577	2,854	-277
BANA Net -Surplus/ (Def	**($3,878)**	**($1,233)**	**($2,645)**	**$203**	**$1,882**	**($1,679)**
Special Fundraising Programs						
Bingo Income	2,131	2,500	-369	7,707	7,500	207
Bingo Expense	5,102	2,500	-2,602	5,402	7,500	2,098
Bingo Net Income	**($2,971)**	**$0**	**($2,971)**	**$2,305**	**$0**	**$2,305**
BANA Net S/D after Bingo	**($6,849)**	**($1,233)**	**($5,616)**	**$2,508**	**$1,882**	**$626**
Grants / IOP Funding						
IOP Income	59,118	56,392	2,726	169,176	169,176	-0
IOP Salaries & Related OH	47,013	46,394	-619	139,159	137,219	-1,940
Total IOP other expenses	7,130	10,172	3,042	20,826	30,516	9,690
IOP Net -Surplus/ (Defici	**$4,975**	**($174)**	**$5,149**	**9,190.19**	**$1,441**	**$7,749**
EDO-P Prevention	71,486	71,486	0	214,458	214,458	0
EDO-P prevention Salaries & Re	66,766	66,469	-297	197,748	196,589	-1,159
EDO-P- Expense	4,544	2,883	-1,661	5,927	8,649	2,722
EDO-P Net -Surplus/ (Def	**$176**	**$2,134**	**($1,958)**	**10,782.39**	**$9,220**	**$1,562**
Checking	($1,699)	$727	($2,426)	$22,481	$12,543	$9,937

6.0 Internal Financial Statement July 2026

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 07/31/2026			
Account Type	**Description**		**Balance**
Asset	Petty Cash		100.00
	Bank - Operating Motor City-Sub 1		-38,281.50
	Bank - Term D-GIC		41,755.24
	Bank - Term D-Sub 19		46,365.84
	Term Deposit-Sub 18		71,681.07
	Share Account		100.00
	Bank - Bingo		20,027.65
	Grant Receivable		301,842.00
	AR Miscellaneous		-0.80
	AR Current - Employee		-46.38
	AR Current - Rebates GST Federal		1,472.74
	AR Current - Rebates PST Provincial		3,866.56
	Prepaid Expenses		10,436.17
	Office Furniture & Equipment		124,154.47
	Leasehold Improvements		20,984.48
		Total Asset:	**$604,457.54**
Liability			
	Accounts Payable –Current		6,432.22
	Accrued Current Liab - Audit fees		1,559.08
	Due to Receiver General		19,964.29
	Due to RRSP		0.03
	Accrued Cur Liab - Salaries and Wages General		47,197.39
	Accrued Health Tax		2,652.93
	Due to HOOPP		28,537.45
	Deferred_MED		4,250.00
	Deferred_Bingo		23,633.61
	Deferred_Magazine		4,774.31
	Deferred_Staff Development		56,668.75
	Deferred_UWSA		1,000.00
	Deferred Grant - EDO-G		130,129.02
	Deferred Capital		57,659.36
	Restricted Reserve Fund		14,229.23
		Total Liability:	**398,687.67**
Net Assets			
	Invested in Capital		145,138.95
	Current Year Earnings for Period		27,110.38
	Unrestricted Reserve Fund		33,520.54
	Total Net Assets:	**Total Net Assets:**	**205,769.87**
		Total Liabilities and Net Asse	**$604,457.54**

6.0 Internal Financial Statement July 2026

Bulimia Anorexia Nervosa Association

Statement of Activities

For the period ended July 31, 2026

	Current Month			*Year to Date*		
Description	**Actual**	**Budget**	**Variance**	**Actual**	**Budget**	**Variance**
Operating Income						
Investment Revenue - Interest In	$1	$42	($41)	$3,173	$3,255	($82)
Funding - LHIN	43,734	43,736	($2)	174,957	174,943	$14
Pay Master Ministry Of Health	23,416	23,416	$0	93,664	93,664	$0
Total Operating Income	**$67,151**	**$67,194**	**($42)**	**271,794**	**271,862**	**($68)**
Operating Expense						
ED_BANA S Salaries and rela	64,617	63,516	-1,101	245,400	243,683	-1,717
Total Other Expenses	7,542	8,457	915	33,775	33,930	155
Total Operating Expenses	72,159	71,973	-186	279,175	277,613	-1,562
Operating Surplus / (Deficit)	**($5,007)**	**($4,779)**	**($228)**	**($7,381)**	**($5,751)**	**$1,630**
Fund Raising, Grants, & Miscellaneous Net						
Donations - Individual/Corporate	456	724	-268	1,612	2,897	-1,285
Other Revenue	0	227	-227	1,421	908	513
Income from FR/Donations/G	456	951	-495	3,033	3,805	-772
BANA Net -Surplus/ (Def	**($4,551)**	**($3,828)**	**($723)**	**($4,348)**	**($1,946)**	**($2,402)**
Special Fundraising Programs						
Bingo Income	3,513	2,500	1,013	11,221	10,000	1,221
Bingo Expense	396	2,500	2,104	5,798	10,000	4,202
Bingo Net Income	**$3,117**	**$0**	**$3,117**	**$5,422**	**$0**	**$5,422**
BANA Net S/D after Bingo	**($1,434)**	**($3,828)**	**$2,394**	**$1,074**	**($1,946)**	**$3,020**
Grants / IOP Funding						
IOP Income	56,392	56,392	0	225,568	225,568	-0
IOP Salaries & Related OH	49,317	48,355	-962	188,476	185,574	-2,902
Total IOP other expenses	11,110	10,172	-938	31,936	40,688	8,752
IOP Net -Surplus/ (Defici	**($4,035)**	**($2,135)**	**($1,900)**	**5,155.50**	**($694)**	**$5,849**
EDO-P Prevention	87,384	87,384	0	301,842	301,842	0
EDO-P prevention Salaries & Re	76,985	83,067	6,082	274,733	279,656	4,923
EDO-P- Expense	301	2,883	2,582	6,228	11,532	5,304
EDO-P Net -Surplus/ (Def	**$10,098**	**$1,434**	**$8,664**	**20,880.88**	**$10,654**	**$10,227**
Checking	$4,630	($4,529)	$9,159	$27,110	$8,014	$19,096

6.0 Internal Financial Statement August 2026

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 08/31/2026			
Account Type	**Description**		**Balance**
Asset	Petty Cash		100.00
	Bank - Operating Motor City-Sub 1		87,410.14
	Bank - Term D-GIC		41,755.24
	Bank - Term D-Sub 19		46,365.84
	Term Deposit-Sub 18		71,681.07
	Share Account		100.00
	Bank - Bingo		20,603.91
	Grant Receivable		144,625.00
	AR Miscellaneous		-0.80
	AR Current - Employee		-38.34
	AR Current - Rebates GST Federal		1,773.61
	AR Current - Rebates PST Provincial		4,656.58
	Prepaid Expenses		9,514.66
	Office Furniture & Equipment		124,154.47
	Leasehold Improvements		20,984.48
		Total Asset:	**$573,685.86**
Liability			
	Accounts Payable –Current		3,263.46
	Accrued Current Liab - Audit fees		1,948.85
	Due to Receiver General		20,084.73
	Due to RRSP		1,474.69
	Accrued Cur Liab - Salaries and Wages General		50,599.51
	Accrued Health Tax		2,594.35
	Due to HOOPP		20,061.05
	Deferred_MED		4,250.00
	Deferred_Bingo		23,633.61
	Deferred_Magazine		4,774.31
	Deferred_Staff Development		55,168.75
	Deferred Grant - EDO-G		130,129.02
	Deferred Capital		57,659.36
	Restricted Reserve Fund		14,229.23
		Total Liability:	**389,870.92**
Net Assets			
	Invested in Capital		145,138.95
	Current Year Earnings for Period		5,155.45
	Unrestricted Reserve Fund		33,520.54
	Total Net Assets:	**Total Net Assets:**	**183,814.94**
		Total Liabilities and Net Asse	**$573,685.86**

6.0 Internal Financial Statement August 2026

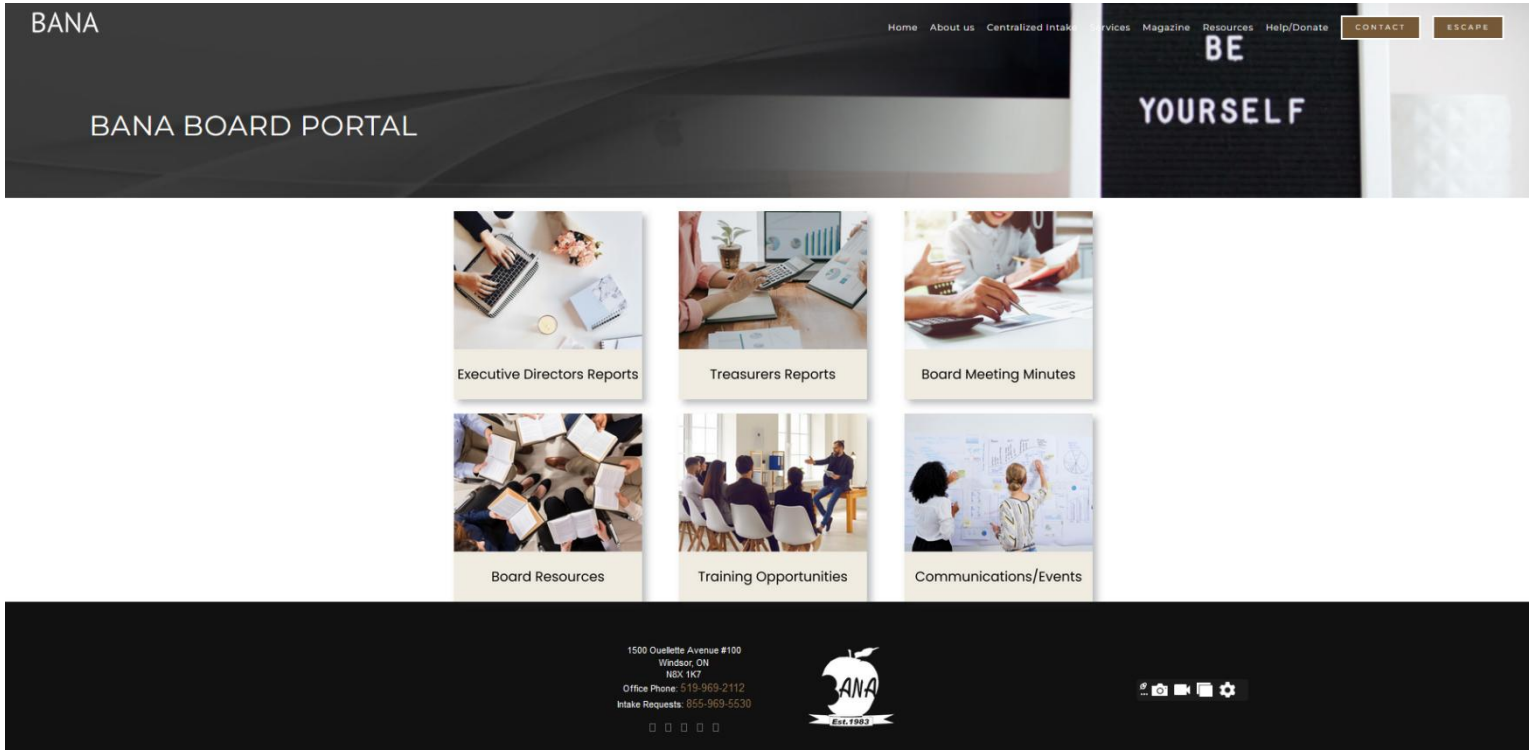
Bulimia Anorexia Nervosa Association

Statement of Activities

For the period ended August 31, 2026

	Current Month			Year to Date		
Description	Actual	Budget	Variance	Actual	Budget	Variance
Operating Income						
Investment Revenue - Interest Ir	$3	$42	($39)	$3,175	$3,297	($122)
Funding - LHIN	43,734	43,736	($2)	218,691	218,679	$12
Pay Master Ministry Of Health	23,416	23,416	$0	117,080	117,080	$0
Total Operating Income	**$67,153**	**$67,194**	**($41)**	**338,946**	**339,056**	**($109)**
Operating Expense						
ED_BANA S Salaries and rela	56,582	58,952	2,370	301,982	302,635	653
Total Other Expenses	9,750	8,457	-1,293	43,525	42,387	-1,138
Total Operating Expenses	66,332	67,409	1,077	345,507	345,022	-485
Operating Surplus / (Deficit)	**$821**	**($215)**	**$1,036**	**($6,561)**	**($5,966)**	**$594**
Fund Raising, Grants, & Miscellaneous Net						
Donations - Individual/Corporate	176	724	-548	1,788	3,621	-1,833
Other Revenue	2,500	227	2,273	3,921	1,135	2,786
Income from FR/Donations/G	2,676	951	1,725	5,709	4,756	953
BANA Net -Surplus/ (Def	**$3,497**	**$736**	**$2,761**	**($852)**	**($1,210)**	**$358**
Special Fundraising Programs						
Bingo Income	2,564	2,500	64	13,784	12,500	1,284
Bingo Expense	1,856	2,500	644	7,654	12,500	4,846
Bingo Net Income	**$708**	**$0**	**$708**	**$6,130**	**$0**	**$6,130**
BANA Net S/D after Bingo	**$4,204**	**$736**	**$3,468**	**$5,278**	**($1,210)**	**$6,488**
Grants / IOP Funding						
IOP Income	56,392	56,392	0	281,960	281,960	-0
IOP Salaries & Related OH	44,373	44,906	533	232,849	230,480	-2,369
Total IOP other expenses	7,486	10,172	2,686	39,422	50,860	11,438
IOP Net -Surplus/ (Defici	**$4,534**	**$1,314**	**$3,220**	**9,689.12**	**$620**	**$9,069**
EDO-P Prevention	42,597	87,384	-44,787	344,439	389,226	-44,787
EDO-P prevention Salaries & Re	72,889	77,018	4,129	347,622	356,674	9,052
EDO-P- Expense	401	2,883	2,482	6,629	14,415	7,786
EDO-P Net -Surplus/ (Def	**($30,693)**	**$7,483**	**($38,176)**	**9,811.79**	**$18,137**	**($27,949)**
Checking	($21,955)	$9,533	($31,488)	$5,155	$17,547	($12,391)

BOARD PORTAL



Instructions:

1. Go to www.bana.ca/boardportal
2. Enter password- BANAboard@ (case sensitive)
3. Click and open any of the folders

You will be able to find all reports, minutes, communication and resources in the portal

BANA Board Meeting September 28, 2026

Agenda Item 7
New/Old Business

Agenda Item 8
Q&A

Agenda Item 9

Meeting:
October 26,2026 @5:30 pm