

# Bulimia Anorexia Nervosa Association Board Meeting September 23 , 2024

## AGENDA

5:00 –6:00 pm

Item	Person Responsible	Time Allotted
1. Accept Agenda	Kelly	1 minute
2. Accept Previous Minutes	Kelly	2 minutes
3. Matters Arising from last meeting	Kelly	2 minutes
4. President's Report	Kelly	20 minutes
5. Executive Dir Report:	Luciana Rosu-Sieza	20 minutes
5.1 Organization & Staff Updates		
5.2 Ontario Health Updates		
6. Treasurer's Report	Marzena	10 minutes
7. New Business	Board	10 minutes
8. Q&A/Adjourn	Board	10 minutes
9. Next Meeting	Board	October 28, 2024

# 4.0 President's Report

## President's Report



# **Executive Director Report**

Luciana Rosu-Sieza

Executive Director, BANA

1500 Ouellette Ave Suite 100 Windsor, ON Canada N8X 1K7 P # 519-969-2112 F # 519-969-0227 [www.bana.ca](http://www.bana.ca)

# 5.1 Organization & Staff Updates

- BANA hired the last EDO-P position for London to fill Nazia's position Mishal starts started in July
- #YQG Togetherfest- dates confirmed for April 25-27 2025 (this will be our next fiscal year) We are moving away from March break.
- I plan to attend a WEST REGION French Language Active Hire workshop in London end of October. I attended a meeting in Windsor on May 23<sup>rd</sup> on active offer for Health Providers please see the video created <https://www.youtube.com/watch?v=QH1QVx-8JAc>
- I have been on AM 800 regularly- monthly on the Roundtable and other interviews. Today I was on speaking about childhood obesity. Next Roundtable Oct 4th
- 2 Staff Maternity Leave positions have been filled- Welcome Alicia RSW and Maryum Health Educator for the year contract. They are both doing amazing
- Exciting news! Amanda our Prevention Specialist is expecting her first baby in January 2025.
- Statistics and reports are due Oct and Nov- Q1 and Q2 (April 1-Sept 30)
- Body Brave Partnership/grant- Ontario Health update- EXCELLENT WORK!
- Dr. Madigoe -\*new psychiatry pathway\* Dr. Madigoe comes from BC with a wealth of Eating Disorder experience. We are THRILLED to have him see our Outpatient and IOP clients. He will be at BANA biweekly starting in October. He works for WRH, the hospital has facilitated this partnership. We will be using IOP Psychiatry dollars and OHIP to pay for these services. Assessment, Follow-ups and Clinical Rounds/Consultation
- Training/Education opportunities –the goal is to continue DEI work (U of W course) and some education on personality, communication and other specific training for respective professions
- HR support-in talks with CMHA to share their Human Resource staff- policy updates, HR Downloads and other form updates
- CMHA clinic- pathway developed for BANA clients that are unattached or having issues getting lab/ EKG at their respective primary care provider
- IOP will film cooking and grocery store videos in November 2024 with Media Street
- BANA AWARD WINNER of the CMHA Community Partnership Award- CONGRATS to the entire BANA team (board and staff). Thank you Stephanie for the nomination
- Nominated for the Biz X- Social Enterprise \*voting\* end Sept 24<sup>th</sup> and Business Chamber of Commerce- Pillar in the Community
- Tecumseh Soccer- Be Yourself and Stronger together bracelets and Windsor Essex Sports Hall of Fame Advertising (fall)
- Planning a 3–5-year strategic plan (FALL 2024- meeting with potential consultant Wednesday to discuss details- fall 2024
- HART application for Windsor-Essex (one application will be submitted for our region- BANA attended meetings)
- EDO-P working with Gail and host organizations to create guidance documents, process/procedures for framework and work
- Suicide Awareness Walk Sept 29- BANA will be at St. Clair College with a booth and to walk
- Website updates and support for overhaul
- Magazine Issue will be coming out this Fall
- Pat is working on Moriarty Tribute Cabinet by Marge Holman and helping Mental Health Connections with AGM preparations
- I plan to meet with the landlord about the office cleaning- carpet cleaning will be booked soon

# BANA BOARD PORTAL

# BE YOURSELF



Executive Directors Reports



Treasurers Reports



Board Meeting Minutes



Board Resources



Training Opportunities



Communications/Events

1500 Ouellette Avenue #100  
Windsor, ON  
N9K 1K7  
Office Phone: 519-969-2112  
Intake Requests: 855-969-5530



# EXECUTIVE DIRECTORS REPORTS

# BE YOURSELF



## Executive Directors Reports

— 2024-2025

- April 2024
- May 2024
- June 2024 (AGM)
- September 2024

+ 2023-24

1500 Ouellette Avenue #100  
Windsor, ON  
N9K 1K7  
Office Phone: 519-969-2112  
Intake Requests: 855-969-5530



Join BANA Executive Director  
Luciana Rosu-Sieza

**LIVE**

On The  
Dan MacDonald  
Show

Monday  
September 23  
10:10 am



The Pressing Health Issue of  
**CHILDHOOD  
OBESITY**



**I'M A PRESENTER!**

Come Say Hello!

50+ LIVE ENTERTAINMENT  
FREE SHUTTLE  
FREE REFRESHMENTS & LIGHT LUNCHE  
FREE ADMISSION

**BeWellExpo**  
HEALTHY LIVING EXPO FOR  
ADULTS 16+ WINDSOR/ESSEX  
2024



SATURDAY SEPT. 28 9AM - 2PM 1525 HWY ON-#3

(519)254-1108 www.LifeAfterFifty.ca/Be

SPONSORED BY: Arbor Systems, Capital Financial, HEART OF THE MATRY, KINETIC FITNESS, OACAO, 50



WE HAVE BEEN NOMINATED FOR THE 2024 BIZX EXCEPTIONAL SOCIAL ENTERPRISE AWARD!

... BUT WE NEED YOUR HELP ...

- 1) VISIT [WWW.BIZXMAGAZINE.CA](http://WWW.BIZXMAGAZINE.CA)
- 2) CLICK ON THE AWARDS VOTING ICON
- 3) VOTE FOR BANA - CATEGORY #10

VOTING OPEN SEPT. 17-24

**EATING DISORDERS 101**  
VIRTUAL WORKSHOP

Increase your understanding of Eating Disorders, learn how to access support and promote positive body image

September 25, 2024  
12:00pm-1:00pm

REGISTER NOW! [www.website.here.ca](http://www.website.here.ca)

BANA Windsor  
Healed U Windsor

**BRENTWOOD**  
People helping people find recovery

OPEN HOUSE

[www.brentwoodrecovery.com](http://www.brentwoodrecovery.com)

**SUICIDE AWARENESS**

YOU ARE NOT ALONE

Canadian Mental Health Association Windsor-Essex

September is Suicide Awareness Month

Nicole Sbrocca, Chief Executive Officer, CMHA Windsor Essex

Luciana Rosu-Sieza, Executive Director BANA



CANADIAN MENTAL  
HEALTH ASSOCIATION  
Windsor-Essex

## ANNUAL GENERAL MEETING

THANK YOU CMHA-WECB FOR SELECTING  
**BANA AS THE RECIPIENT OF YOUR 2024**



# COMMUNITY PARTNER OF DISTINCTION AWARD



CANADIAN MENTAL  
HEALTH ASSOCIATION  
Windsor-Essex

## ANNUAL GENERAL MEETING

THANK YOU CMHA-WECB FOR SELECTING  
**BANA AS THE RECIPIENT OF YOUR 2024**



# COMMUNITY PARTNER OF DISTINCTION AWARD



# SHARE YOUR FEEDBACK FOR A CHANCE TO WIN!

WIN A \$100 AMAZON EGIFT  
CARD AND BANA SWAG!



Questions? Contact us at:  
intake@bana.ca

If you have participated in the Windsor-Essex Recovery Support Program, we want to hear from YOU!

Take a moment to share your experiences through our feedback survey and enter the draw for a chance to \$100 Amazon eGift card and BANA swag!

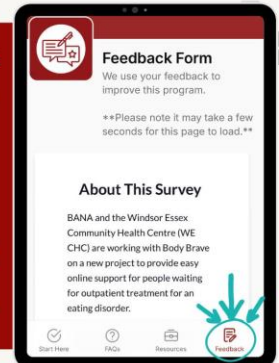
The draw winner will be selected the first week of October 2024 and contacted by [intake@bana.ca](mailto:intake@bana.ca)

\*Registration for the Windsor-Essex Recovery Support Program is required.



## HOW DO I ENTER THE DRAW?

- Create your Recovery Support Program account and explored the resources included in the program.
- Click on the 'Feedback' tab in your Recovery Support Program account.
- Submit your feedback by completing all included questions before September 30th, 2024, at midnight.



Meet  
THE TEAM  
Monday



Jaime

EATING DISORDER  
PREVENTION  
SPECIALIST

**ABOUT me**

**Name:** Jaime (she/her)

**Job Title:** Eating Disorder Prevention Specialist (BSCN, RN)

**Favourite part of my job:** Working within my community to challenge weight bias and diet culture. Being an advocate for creating body inclusive spaces for our children and youth.

**Favourite Mental Health resource/tool:**  
Podcast: Maintenance Phase and The Full Bloom Podcast

**Fun fact:** I love all things outdoors! My family and I spend most of our free time in our backyard, walking/biking, camping, or at a ball diamond (or arena in the winter).

Meet  
THE TEAM  
Monday



Trisha

REGISTERED  
DIETITIAN

**ABOUT me**

**Name:** Trisha (she/her)

**Job Title:** Registered Dietitian, RD, CEDS

**Favourite part of my job:** I love supporting my clients on their journeys to healthy relationships with food and their bodies. Along the way, we break down diet culture and learn what balanced, adequate, nourishment looks and feels like. Empowering clients to live their best lives, including peace and joy in eating, is my passion!

**Favourite Mental Health resource/tool:**  
The Plate-by-Plate-Approach (by Casey Crosbie and Wendy Sterling)  
Platebyplateapproach.com  
@platebyplateapproach

**Fun fact:** I love to travel! I've been very fortunate to have visited 13 European countries, Mexico, a few Caribbean destinations, and many cities across the US and Canada. These days with young children, travel mostly consists of short camping trips (let's be honest, "glamping") with our travel trailer.

Meet  
THE TEAM  
Monday



Laura

MEDICAL  
SECRETARY

**ABOUT me**

**Name:** Laura (she/her)

**Job Title:** Medical Secretary

**Favourite part of my job:** My favourite part of my role is interacting with the clients and being able to help everyone on the staff.

**Favourite Mental Health resource/tool:** The Birds Papaya - Instagram page: "thebirdspapaya". I have been following her for years, she has taught me so much about body positivity.

**Fun fact:** I have a deep love for music of all kinds and have a big vinyl record collection. I also love to read and watch documentaries.



# Meet THE TEAM Monday



**Alicia**

**REGISTERED  
SOCIAL WORKER**

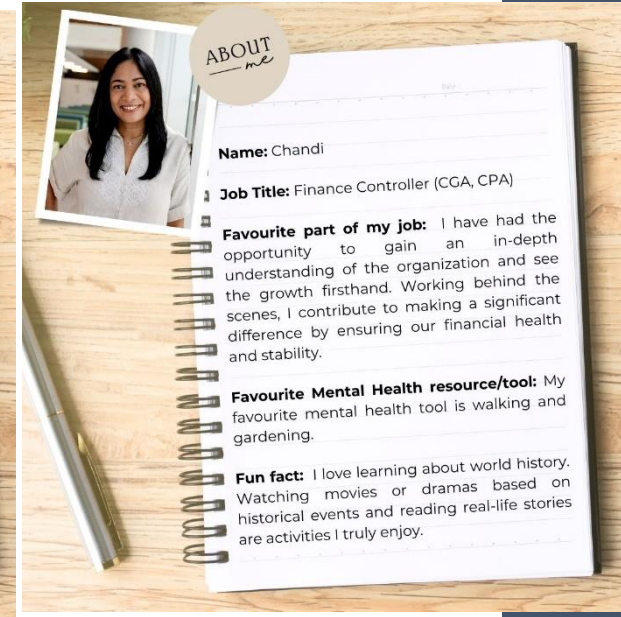


# Meet THE TEAM Monday



**Chandi**

**FINANCE  
CONTROLLER**



# Meet THE TEAM Monday



**Maryum**

**HEALTH EDUCATOR**



# CLINICAL board report June-Present

## Intake

- 125 total intake requests
- 31 intake requests for individuals under 25
- 52 intake requests for adults
- 42 intake calls from people calling on behalf of another person and unknown ages.
- Intake has completed 31 psychosocial assessments.

## Outpatient:

- In person appointments: 225
- Virtual appointments: 42
- 2 hours of consultation per month with Dr. Masson for RSW's and monthly consultation with Dr. Debbie Wilkes-Whitehall for NP
- Wait list is currently 16 clients long
- One of the outpatient teams RSW's (Heather) moved into IOP to cover a maternity leave.
- Heather's spot on the outpatient team has been filled by RSW Alicia Regier - she has been onboarding, completing CBT-E training participating in rounds and helping out in IOP where she can.
- Body Image Group has been completely reconstructed (Big thanks to Heather, Sara, Kayla and Rose) and is currently in it's first run with clients. It will run for 13 weeks.
- The outpatient team also welcomed a new part time RD in August - Trisha Wilson. Trisha has a great deal of Eating Disorder experience having worked at Teen Health for a number of years and continued Eating Disorder work in her private practice.

## IOP board report

- RSW's receive 2 hours of consultation per month from Dr. Masson
- NP has monthly consultation with Dr. Debbie Wilkes-Whitehall
- IOP Social Workers have updated some of the orientation and the group slides.
- RSW Heather stepped in to fulfill RSW Shaina Thompsons maternity leave
- The Teen Health RD for the IOP, Sarah, has had to take an unexpected leave of absence. Teen Health has filled this position with an internal RD, Sara P. Who started September 16th.
- Teen Health has also hired a full time RSW for the TAY in the IOP. RSW Deb C. Started her position today.
- The team has also made the decision, together with leadership, to offer treatment for ARFID in the IOP. The team will be reaching out to EDO and colleagues for consultation and support.

# Health Promotions Team Report

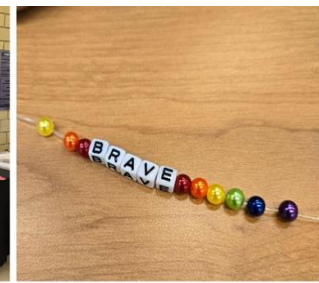
Dates: May 27 2024 - September 20 2024

## Statistics

- **Total Presentations, Workshops & Sessions:** 58
- **Total Participants:** 2302
  - **Presentations:** 1302 participants
  - **Health Fairs:** 1000 participants
- **Health Fairs:** 3
- **Locations:** UWindsor, House of Sophrosyne, Problem Gambling, Amherstburg Libro Centre, Youth Diversion, Youth Camps in Windsor Essex, City of Windsor, Mental Health Connections, Wellness and Recovery College, WEST

## Updates

- **Personnel Changes**
  - **New Hire:** Maryum joined the Health Promotion team as a full-time staff member to cover Adriana's maternity leave
- **Events and Outreach**
  - **Riverside High School**
    - Mental health fair organized by jack.org student group
  - **Pride Fest:**
    - Marisa, Maryum, and Pat staffed the booth with Steven, a BANA volunteer.
    - Pat, Alexis, and family participated in the parade.
  - **Mind Body Soul**
    - Marisa staffed a booth at the Amherstburg Libro Centre
  - **YQG Fest:**
    - Started planning with rotary
- **Training**
  - Full-time Health Educator attended a full-day Anti-Weight Stigma/ Foundational Training training on August 14, 2024.
- **Materials & Communication:**
  - **Flyer Updates:**
    - Reworked BANA flyers that are at health fairs with clinical team input.
      - Updated flyers include "Do's and Don'ts" and "Intuitive Eating."
  - **Social Media:**
    - Resumed "Meet the Team Monday" posts
    - Plan for future "Meet The Board Monday" posts
- **Additional Notes:**
  - Majority of presentations were held at youth camps over summer months
  - Hosted a keys to recovery presentation at the House of Sophrosyne in Chatham (a new connection) and received positive feedback about the impact of the presentation on attendees
  - Continued efforts in updating and enhancing BANA's educational materials
  - Onboarded two new volunteers



# 5.2 Ontario Health/Partnership Updates

## ONTARIO HEALTH

- BANA will be submitting Q1 and Q2 Stats in Oct and Nov
- Windsor Essex Ontario Health Team Partnership Meetings quarterly
- New Partnership with CMHA
- BANA continues to work with Body Brave on the Self-Assessment and Recovery tool. Body Brave working directly with Ontario Health- Centre of Excellence for Mental Health and Addiction towards receiving funding for phase 2. Rose will be presenting this work to the Mental Health and Addiction table (OHT)
- Rose and I continue to sit on the Intake and Assessment committee (a sub-committee of the Mental Health and Addiction table)
- HART Hubs

# 6.0 Internal Financial Statement May 2024

## Bulimia Anorexia Nervosa Association Statement of Financial Position

As of 05/31/2024

Account Type	Description	Balance
<b>Asset</b>		
	Petty Cash	100.00
	Bank - Operating Motor City-Sub 1	74,009.13
	Bank - Term D-GIC	65,640.51
	Bank - Term D-Sub 19	39,596.23
	Share Account	100.00
	Term Deposit-Sub 18	43,888.62
	Bank - Bingo	28,169.15
	Grants Receivable – EDO-P	94,398.20
	AR Miscellaneous	1,025.03
	AR Current - Rebates GST Federal	859.47
	AR Current - Rebates PST Provincial	2361.76
	AR Current - Employee	-10.94
	Prepaid Expenses	52,081.28
	Office Furniture & Equipment	124,154.47
	Leasehold Improvements	<u>20,984.48</u>
	<b>Total Asset:</b>	<b><u>\$547,357.39</u></b>
<b>Liability</b>		
	Accounts Payable –Current	15,310.29
	Accrued Current Liab - Audit fees	4,851.00
	Accrued Current Liability _RRSP Benefit	8,982.10
	Due to Receiver General	48,827.13
	Accrued Cur Liab - Salaries and Wages General	21,398.05
	Def. Current Operations_Staffing Resources	9,000.00
	Def. Current Operations-YQG	8,933.54
	Def. Current Operation_MED	4,250.00
	Def. Current Operations-CF	26,490.91
	Def. Current Operations_Bingo	26,804.92
	Def. Current Operation-Magazine	4,774.31
	Def. Current Operation-Staff Development	14,300.00
	Def Capital(BUILDING)	57,659.36
	Def. Grants - UWSA	1,000.00
	Def Grants - EDO	101,429.02
	Restricted Reserve Fund	<u>14,229.23</u>
	<b>Total Liability:</b>	<b>368,239.86</b>
<b>Net Assets</b>		
	Invested in Capital	145,138.95
	Current Year Earnings for Period	1,039.59
	Unrestricted Reserve Fund	<u>32,938.99</u>
	<b>Total Net Assets:</b>	<b>179,117.53</b>
	<b>Total Liabilities and Net Assets:</b>	<b><u>\$547,357.39</u></b>

# 6.0 Internal Financial Statement May 2024

## **Bulimia Anorexia Nervosa Association**

### **Statement of Activities**

For the period ended May 31, 2024

Description	<u>Current Month</u>			<u>Year to Date</u>		
	Actual	Budget	Variance	Actual	Budget	Variance
<b><u>Operating Income</u></b>						
Investment Revenue - Interest Income	\$2,706	\$2,700	\$6	\$2,739	\$2,730	\$9
Pay Master Ministry Of Health	23,416	23,416	\$0	46,832	46,832	\$0
Funding - LHIN	42,052	42,052	(\$0)	84,109	84,105	\$4
<b>Total Operating Income</b>	<b>\$68,174</b>	<b>\$68,168</b>	<b>\$6</b>	<b>133,680</b>	<b>133,667</b>	<b>\$13</b>
<b><u>Operating Expense</u></b>						
ED_BANA S Salaries and related	61,812	61,474	-338	122,239	120,477	-1,762
<b>Total Other Expenses</b>	<b>7,170</b>	<b>8,337</b>	<b>1,168</b>	<b>16,340</b>	<b>16,675</b>	<b>335</b>
Total Operating Expenses	68,982	69,811	830	138,579	137,151	-1,427
<b>Operating Surplus / (Deficit)</b>	<b>(\$807)</b>	<b>(\$1,643)</b>	<b>\$836</b>	<b>(\$4,899)</b>	<b>(\$3,485)</b>	<b>\$1,414</b>
<b><u>Fund Raising, Grants, &amp; Miscellaneous Net</u></b>						
Donations - Individual/Corporate Dr	692	833	-141	984	1,667	-683
Other Revenue	0	83	-83	300	167	133
Income from FR/Donations/Grants	692	917	-225	1,284	1,833	-550
<b>BANA Net -Surplus/ (Deficit)</b>	<b>(\$115)</b>	<b>(\$726)</b>	<b>\$611</b>	<b>(\$3,615)</b>	<b>(\$1,651)</b>	<b>(\$1,964)</b>
<b><u>Special Fundraising Programs</u></b>						
Bingo Income	4,804	0	4,804	6,705	0	6,705
Bingo Expense	4,804	0	-4,804	5,008	0	-5,008
<b>Bingo Net Income</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$1,697</b>	<b>\$0</b>	<b>\$1,697</b>
<b>BANA Net S/D after Bingo</b>	<b>(\$115)</b>	<b>(\$726)</b>	<b>\$611</b>	<b>(\$1,918)</b>	<b>(\$1,651)</b>	<b>(\$267)</b>
<b><u>Grants / IOP Funding</u></b>						
IOP Income	54,223	54,223	0	108,446	108,446	-0
IOP- Salary	39,930	39,930	-0	78,124	78,124	-0
IOP Salaries & Related OH	47,211	46,503	-708	92,257	91,158	-1,100
Total IOP other expenses	6,158	9,781	3,623	13,231	19,563	6,331
<b>IOP Net -Surplus/ (Deficit)</b>	<b>854</b>	<b>-2,061</b>	<b>2,915</b>	<b>2,958</b>	<b>-2,274</b>	<b>5,232</b>
EDO-P Prevention	48690.45	0.00	48690.45	94398.20	0	94,398
EDO-P prevention Salaries & Related	45854.09	0.00	-45854.09	88704.28	0	-88,704
EDO-P- Expense	4817.09	0.00	-4817.09	5693.92	0	-5,694
<b>EDO-P Net -Surplus/ (Deficit)</b>	<b>-1980.73</b>	<b>0.00</b>	<b>-1980.73</b>	<b>0.00</b>	<b>\$0</b>	<b>\$0</b>
<b>Checking-Overall BANA</b>	<b>(\$1,242)</b>	<b>(\$2,788)</b>	<b>(\$1,546)</b>	<b>1,039.59</b>	<b>(\$3,925)</b>	<b>(\$4,965)</b>

# 6.0 Internal Financial Statement June 2024

**Bulimia Anorexia Nervosa Association**  
**Statement of Financial Position**  
**As of 06/30/2024**

Account Type	Description	Balance
<b>Asset</b>	Petty Cash	100.00
	Bank - Operating Motor City-Sub 1	37,612.39
	Bank - Term D-GIC	39,596.23
	Bank - Term D-Sub 19	43,888.62
	Term Deposit-Sub 18	65,640.51
	Share Account	100.00
	Bank - Bingo	23,448.57
	Grants Receivable – EDO-P	138,061.81
	AR Miscellaneous	1,025.03
	AR Current - Employee	-8.98
	AR Current - Rebates GST Federal	1,399.51
	AR Current - Rebates PST Provincial	3,779.27
	Prepaid Expenses	53,156.52
	Office Furniture & Equipment	124,154.47
	Leasehold Improvements	<u>20,984.48</u>
	<b>Total Asset:</b>	<b><u>\$552,938.43</u></b>
<b>Liability</b>	Accounts Payable –Current	14,455.19
	Accrued Current Liab - Audit fees	1,039.90
	Accrued Current Liability _RRSP Benefit	8,754.10
	Due to Receiver General	48,278.00
	Accrued Cur Liab - Salaries and Wages General	20,448.74
	Deferred_YQG	8,933.54
	Deferred_Staffing Resources	9,000.00
	Deferred_MED	4,250.00
	Deferred_Children's Fest	26,490.91
	Deferred_Bingo	25,804.92
	Deferred_Magazine	4,774.31
	Deferred_Staff Development	14,300.00
	Deferred_UWSA	1,000.00
	Deferred Grant - EDO-G	101,429.02
	Deferred Capital	57,659.36
	Restricted Reserve Fund	<u>14,229.23</u>
	<b>Total Liability:</b>	<b><u>360,847.22</u></b>
<b>Net Assets</b>	Invested in Capital	145,138.95
	Current Year Earnings for Period	14,013.27
	Unrestricted Reserve Fund	<u>32,938.99</u>
	<b>Total Net Assets:</b>	<b><u>192,091.21</u></b>
	<b>Total Liabilities and Net Assets:</b>	<b><u>\$552,938.43</u></b>

# 6.0 Internal Financial Statement June 2024

<b>Bulimia Anorexia Nervosa Association</b>						
<b>Statement of Activities</b>						
<b>For the period ended June 30, 2024</b>						
	<u>Current Month</u>			<u>Year to Date</u>		
Description	Actual	Budget	Variance	Actual	Budget	Variance
<b>Operating Income</b>						
Investment Revenue - Interest Income	\$11	\$25	(\$14)	\$2,750	\$2,755	(\$5)
Funding - LHIN	42,052	42,052	(\$0)	126,161	126,157	\$4
Pay Master Ministry Of Health	23,416	23,416	\$0	70,248	70,248	\$0
<b>Total Operating Income</b>	<b>\$65,479</b>	<b>\$65,493</b>	<b>(\$14)</b>	<b>199,159</b>	<b>199,160</b>	<b>(\$1)</b>
<b>Operating Expense</b>						
ED_BANA S Salaries and related	53,446	56,691	3,245	175,685	177,168	1,483
<b>Total Other Expenses</b>	<b>9,495</b>	<b>8,337</b>	<b>-1,158</b>	<b>25,835</b>	<b>25,012</b>	<b>-823</b>
Total Operating Expenses	62,941	65,028	2,088	201,519	202,180	661
<b>Operating Surplus / (Deficit)</b>	<b>\$2,539</b>	<b>\$465</b>	<b>\$2,073</b>	<b>(\$2,360)</b>	<b>(\$3,020)</b>	<b>(\$659)</b>
<b>Fund Raising, Grants, &amp; Miscellaneous Net</b>						
Donations - Individual/Corporate Donations	1,750	833	917	2,734	2,500	234
Other Revenue	1,000	83	917	1,300	250	1,050
<b>Income from FR/Donations/Grants</b>	<b>2,750</b>	<b>917</b>	<b>1,833</b>	<b>4,034</b>	<b>2,750</b>	<b>1,284</b>
<b>BANA Net -Surplus/ (Deficit)</b>	<b>\$5,289</b>	<b>\$1,382</b>	<b>\$3,907</b>	<b>\$1,673</b>	<b>(\$270)</b>	<b>\$1,943</b>
<b>Special Fundraising Programs</b>						
Bingo Income	3,266	0	3,266	9,971	0	9,971
Bingo Expense	5,002	0	-5,002	10,010	0	-10,010
<b>Bingo Net Income</b>	<b>(\$1,736)</b>	<b>\$0</b>	<b>(\$1,736)</b>	<b>(\$39)</b>	<b>\$0</b>	<b>(\$39)</b>
<b>BANA Net S/D after Bingo</b>	<b>\$3,552</b>	<b>\$1,382</b>	<b>\$2,170</b>	<b>\$1,634</b>	<b>(\$270)</b>	<b>\$1,904</b>
<b>Grants / IOP Funding</b>						
IOP Income	54,223	54,223	0	162,669	162,669	0
IOP Salaries & Related OH	41,601	40,957	-644	133,858	132,115	-1,743
Total IOP other expenses	3,201	9,781	6,580	16,432	29,344	12,912
<b>IOP Net -Surplus/ (Deficit)</b>	<b>\$9,421</b>	<b>\$3,485</b>	<b>\$5,937</b>	<b>\$12,379</b>	<b>\$1,211</b>	<b>\$11,169</b>
EDO-P Prevention	43,664	0	43,664	138,062	0	138,062
EDO-P prevention Salaries & Related	40,448	0	-40,448	129,152	0	-129,152
EDO-P- Expense	3,216	0	-3,216	8,910	0	-8,910
<b>UHN Net -Surplus/ (Deficit)</b>	<b>(\$0)</b>	<b>\$0</b>	<b>(\$0)</b>	<b>(\$0)</b>	<b>\$0</b>	<b>(\$0)</b>
Checking	\$12,974	\$4,866	(\$8,107)	14,013.27	\$941	(\$13,072)



# 6.0 Internal Financial Statement July 2024

## **Bulimia Anorexia Nervosa Association** **Statement of Financial Position** As of 07/31/2024

<b>Account Type</b>	<b>Description</b>	<b>Balance</b>
<b>Asset</b>	Petty Cash	100.00
	Bank - Operating Motor City-Sub 1	16,256.27
	Bank - Term D-GIC	39,596.23
	Bank - Term D-Sub 19	43,888.62
	Term Deposit-Sub 18	65,640.51
	Share Account	100.00
	Bank - Bingo	23,182.56
	Grants Receivable – EDO-P	186,760.76
	AR Miscellaneous	25.03
	AR Current - Employee	-13.12
	AR Current - Rebates GST Federal	1,704.88
	AR Current - Rebates PST Provincial	4,581.03
	Prepaid Expenses	11,374.14
	Office Furniture & Equipment	124,154.47
	Leasehold Improvements	<u>20,984.48</u>
	<b>Total Asset:</b>	<b><u>\$538,335.86</u></b>
<b>Liability</b>	Accounts Payable –Current	8,315.85
	Accrued Current Liab - Audit fees	1,386.40
	Accrued Current Liability _RRSP Benefit	14,413.38
	Due to Receiver General	10,073.89
	Accrued Cur Liab - Salaries and Wages General	32,177.55
	Deferred_YQG	8,933.54
	Deferred_Staffing Resources	9,000.00
	Deferred_MED	4,250.00
	Deffered_Children's Fest	26,490.91
	Deferred_Bingo	25,149.92
	Deferred_Magazine	4,774.31
	Deferred_Staff Development	14,300.00
	Deferred_UWSA	1,000.00
	Deferred Grant - EDO-G	101,429.02
	Deferred Capital	57,659.36
	Restricted Reserve Fund	<u>14,229.23</u>
	<b>Total Liability:</b>	<b><u>333,583.36</u></b>
<b>Net Assets</b>	Invested in Capital	145,138.95
	Current Year Earnings for Period	26,674.56
	Unrestricted Reserve Fund	<u>32,938.99</u>
	<b>Total Net Assets:</b>	<b><u>204,752.50</u></b>
	<b>Total Liabilities and Net Assets:</b>	<b><u>\$538,335.86</u></b>

# 6.0 Internal Financial Statement July 2024

## ***Bulimia Anorexia Nervosa Association***

### ***Statement of Activities***

**For the period ended July 31, 2024**

Description	<u>Current Month</u>			<u>Year to Date</u>		
	Actual	Budget	Variance	Actual	Budget	Variance
<b><i>Operating Income</i></b>						
Investment Revenue - Interest Income	\$2	\$25	(\$23)	\$2,752	\$2,780	(\$28)
Funding - LHIN	42,052	42,052	(\$0)	168,213	168,210	\$3
Pay Master Ministry Of Health	23,416	23,416	\$0	93,664	93,664	\$0
<b>Total Operating Income</b>	<b>\$65,470</b>	<b>\$65,493</b>	<b>(\$23)</b>	<b>264,629</b>	<b>264,654</b>	<b>(\$24)</b>
<b><i>Operating Expense</i></b>						
ED_BANA S Salaries and related	48,829	61,474	12,645	224,514	238,642	14,128
<b>Total Other Expenses</b>	<b>7,202</b>	<b>8,337</b>	<b>1,135</b>	<b>33,037</b>	<b>33,349</b>	<b>313</b>
Total Operating Expenses	56,031	69,811	13,780	257,550	271,991	14,441
<b>Operating Surplus / (Deficit)</b>	<b>\$9,439</b>	<b>(\$4,318)</b>	<b>\$13,757</b>	<b>\$7,079</b>	<b>(\$7,337)</b>	<b>(\$14,416)</b>
<b><i>Fund Raising, Grants, &amp; Miscellaneous Net</i></b>						
Donations - Individual/Corporate Donations	908	833	74	3,641	3,333	308
Other Revenue	0	83	-83	1,300	333	967
Magazine Revenue	-107	0	-107	-107	0	-107
Income from FR/Donations/Grants	801	917	-116	4,835	3,667	1,168
<b>BANA Net -Surplus/ (Deficit)</b>	<b>\$10,240</b>	<b>(\$3,401)</b>	<b>\$13,641</b>	<b>\$11,913</b>	<b>(\$3,671)</b>	<b>\$15,584</b>
<b><i>Special Fundraising Programs</i></b>						
Bingo Income	3,135	0	3,135	13,106	0	13,106
Bingo Expense	3,095	0	-3,095	13,106	0	-13,106
<b>Bingo Net Income</b>	<b>\$40</b>	<b>\$0</b>	<b>\$40</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>
<b>BANA Net S/D after Bingo</b>	<b>\$10,280</b>	<b>(\$3,401)</b>	<b>\$13,681</b>	<b>\$11,914</b>	<b>(\$3,671)</b>	<b>\$15,584</b>
<b><i>Grants / IOP Funding</i></b>						
IOP Income	54,223	54,223	0	216,892	216,892	0
IOP Salaries & Related OH	47,122	46,503	-619	180,980	178,618	-2,362
Total IOP other expenses	4,719	9,781	5,062	21,151	39,125	17,974
<b>IOP Net -Surplus/ (Deficit)</b>	<b>\$2,382</b>	<b>(\$2,061)</b>	<b>\$4,443</b>	<b>\$14,761</b>	<b>(\$851)</b>	<b>\$15,612</b>
EDO-P Prevention	48,699	0	48,699	186,761	0	186,761
EDO-P prevention Salaries & Related	48,072	0	-48,072	177,224	0	-177,224
EDO-P- Expense	627	0	-627	9,537	0	-9,537
<b>UHN Net -Surplus/ (Deficit)</b>	<b>(\$0)</b>	<b>\$0</b>	<b>(\$0)</b>	<b>(\$0)</b>	<b>\$0</b>	<b>(\$0)</b>
Checking	\$12,661	(\$5,463)	(\$18,124)	26,674.56	(\$4,521)	(\$31,196)

# 6.0 Internal Financial Statement August 2024

## ***Bulimia Anorexia Nervosa Association*** ***Statement of Financial Position*** **As of 08/31/2024**

Account Type	Description	Balance
<b>Asset</b>	Petty Cash	100.00
	Bank - Operating Motor City-Sub 1	340,368.97
	Bank - Term D-GIC	39,596.23
	Bank - Term D-Sub 19	43,888.62
	Term Deposit-Sub 18	65,640.51
	Share Account	100.00
	Bank - Bingo	20,154.09
	AR Miscellaneous	25.03
	AR Current - Employee	-14.14
	AR Current - Rebates GST Federal	2,015.09
	AR Current - Rebates PST Provincial	5,395.50
	Prepaid Expenses	11,279.00
	Office Furniture & Equipment	124,154.47
	Leasehold Improvements	<u>20,984.48</u>
		<b>Total Asset:</b>
<b>Liability</b>	Accounts Payable –Current	1,857.83
	Accrued Current Liab - Audit fees	1,732.90
	Accrued Current Liability _RRSP Benefit	15,014.33
	Due to Receiver General	51,467.35
	Accrued Cur Liab - Salaries and Wages General	44,969.02
	Deferred_YQG	8,933.54
	Deferred_Staffing Resources	9,000.00
	Deferred_MED	4,250.00
	Deferred_Children's Fest	26,490.91
	Deferred_Bingo	25,149.92
	Deferred_Magazine	4,774.31
	Deferred_Staff Development	14,300.00
	Deferred_UWSA	1,000.00
	Deferred Grant - EDO-G	101,429.02
	Deferred Grant - EDO-P	55,899.00
Deferred Capital	57,659.36	
Restricted Reserve Fund	<u>14,229.23</u>	
	<b>Total Liability:</b>	<b><u>438,156.72</u></b>
<b>Net Assets</b>	Invested in Capital	145,138.95
	Current Year Earnings for Period	57,453.19
	Unrestricted Reserve Fund	<u>32,938.99</u>
	<b>Total Net Assets:</b>	<b><u>235,531.13</u></b>
		<b>Total Liabilities and Net Assets:</b>

# 6.0 Internal Financial Statement August 2024

## ***Bulimia Anorexia Nervosa Association*** ***Statement of Activities***

**For the period ended August 31, 2024**

Description	<u>Current Month</u>			<u>Year to Date</u>		
	Actual	Budget	Variance	Actual	Budget	Variance
<b><i>Operating Income</i></b>						
Investment Revenue - Interest Income	\$73	\$30	\$43	\$2,826	\$2,810	\$16
Funding - LHIN	42,052	42,052	(\$0)	210,265	210,262	\$3
Pay Master Ministry Of Health	23,416	23,416	\$0	117,080	117,080	\$0
<b>Total Operating Income</b>	<b>\$65,541</b>	<b>\$65,498</b>	<b>\$43</b>	<b>330,171</b>	<b>330,152</b>	<b>\$18</b>
<b><i>Operating Expense</i></b>						
ED_BANA S Salaries and related	54,842	59,003	4,161	279,356	297,645	18,289
<b>Total Other Expenses</b>	<b>7,389</b>	<b>8,337</b>	<b>948</b>	<b>40,425</b>	<b>41,687</b>	<b>1,261</b>
Total Operating Expenses	62,231	67,340	5,109	319,781	339,331	19,550
<b>Operating Surplus / (Deficit)</b>	<b>\$3,310</b>	<b>(\$1,842)</b>	<b>\$5,152</b>	<b>\$10,389</b>	<b>(\$9,179)</b>	<b>(\$19,569)</b>
<b><i>Fund Raising, Grants, &amp; Miscellaneous Net</i></b>						
Donations - Individual/Corporate Donations	242	833	-592	3,883	4,167	-283
Other Revenue	188	83	104	1,488	417	1,071
Magazine Revenue	0	0	0	-107	0	-107
<b>Income from FR/Donations/Grants</b>	<b>430</b>	<b>917</b>	<b>-487</b>	<b>5,264</b>	<b>4,583</b>	<b>681</b>
<b>BANA Net -Surplus/ (Deficit)</b>	<b>\$3,740</b>	<b>(\$925)</b>	<b>\$4,665</b>	<b>\$15,653</b>	<b>(\$4,596)</b>	<b>\$20,249</b>
<b><i>Special Fundraising Programs</i></b>						
Bingo Income	2,480	0	2,480	15,586	0	15,586
Bingo Expense	1,986	0	-1,986	15,092	0	-15,092
<b>Bingo Net Income</b>	<b>\$494</b>	<b>\$0</b>	<b>\$494</b>	<b>\$494</b>	<b>\$0</b>	<b>\$494</b>
<b>BANA Net S/D after Bingo</b>	<b>\$4,234</b>	<b>(\$925)</b>	<b>\$5,159</b>	<b>\$16,147</b>	<b>(\$4,596)</b>	<b>\$20,743</b>
<b><i>Grants / IOP Funding</i></b>						
IOP Income	54,223	54,223	0	271,115	271,115	0
IOP Salaries & Related OH	44,835	44,654	-181	225,815	223,272	-2,543
Total IOP other expenses	3,506	9,781	6,275	24,657	48,906	24,249
<b>IOP Net -Surplus/ (Deficit)</b>	<b>\$5,882</b>	<b>(\$212)</b>	<b>\$6,094</b>	<b>\$20,643</b>	<b>(\$1,063)</b>	<b>\$21,706</b>
EDO-P Prevention	74,707	0	74,707	261,468	0	261,468
EDO-P prevention Salaries & Related	51,695	0	-51,695	228,919	0	-228,919
EDO-P- Expense	2,349	0	-2,349	11,885	0	-11,885
<b>UHN Net -Surplus/ (Deficit)</b>	<b>\$20,663</b>	<b>\$0</b>	<b>\$20,663</b>	<b>\$20,663</b>	<b>\$0</b>	<b>\$20,663</b>
Checking	\$30,779	(\$1,138)	(\$31,916)	57,453.19	(\$5,659)	(\$63,112)

# BANA Board Meeting September 23, 2024

Agenda Item 7  
New/Old Business

Agenda Item 8  
Q&A

Agenda Item 9

***Meeting:  
October 28, 2024  
November 25, 2024  
HOLIDAY BREAK in December***