

Bulimia Anorexia Nervosa Association Board Meeting September 22, 2025

AGENDA

| Item | Person Responsible | Time Allotted |
|--------------------------------------|--------------------|------------------|
| 1. Accept Agenda | Kelly | 1 minute |
| 2. Accept Previous Minutes | Kelly | 2 minutes |
| 3. Matters Arising from last meeting | Kelly | 2 minutes |
| 4. President's Report | Kelly | 20 minutes |
| 5. Executive Dir Report: | Luciana Rosu-Sieza | 20 minutes |
| 5.1 Organization & Staff Updates | | |
| 5.2 Ontario Health Updates | | |
| 6. Treasurer's Report | Marzena | 10 minutes |
| 7. New Business | Board | 10 minutes |
| 8. Q&A/Adjourn | Board | 10 minutes |
| 9. Next Meeting | Board | October 27, 2025 |

Meet the Staff & Meet the Board

*Heather LeBlanc & Kayla Cheeseman –
Registered Social Workers*

4.0 President's Report

President's Report



Executive Director Report

Luciana Rosu-Sieza

Executive Director, BANA

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5.1 Organization & Staff Updates

- We received the funds from UHN for the EDO-Prevention program in August. Grateful to Warren from UHN for advocating for BANA (only non-hospital Host organization in the province)
- BANA received the extra EDO-Prevention position for Chatham Kent/ Sarnia Lambton. This brings us to 7 staff total (largest staff compliment in the 6 regions)
- Strategic Planning in final stages- ready for board approval next meeting
- Report submissions begin for Quarter 1 and 2 are due after September 30th
- In partnership with weCHC and WRH and BANA we have a fantastic mass marketing campaign now- billboards, bus ads, radio spots and experts on call. LOOK OUT FOR THE ADS around the community- images on next page
- 5 year anniversary for the BE YOURSELF Magazine!
- Motor City Community Credit Union- submitted the Canada wide grant for 50K,25K and 10K. BANA would partner with United Way- On track to Success and Ignite Academy 355 students in Windsor-Essex County. We were unsuccessful however, MCCCUCU will be giving BANA a 10K donation in October (open to use funds)-**CONFIDENTIAL**
- BANA continues to work with Windsor Regional Hospital to develop pathway for admissions and discharges. We are exploring options for Dr. Desai to work in the community. Dr. Madigoe (psychiatrist) will be getting a residents at the hospital which will be doing rotations with the eating disorder clinics at BANA and weCHC. THIS IS AMAZING exposure for new doctors.
- Through careful consideration BANA and Rotary WIDE decided to not continue with YQG Togetherfest- report on BANA portal
- We have some staff turnover- Sara Dalrymple, RSW submitted her resignation to move into an in person position in Brantford- last day Sept 26th. Jamie Murray – Prevention Specialist received an offer to manage a new family health team in Grey Bruce- last fulltime day was Aug 21st. She is helping with the transition for a couple of months. Amanda Armstrong- extended her maternity leave to 18 months- Danya Walkingshaw has taken the maternity leave because Angela Rozema has moved into the permanent Prevention Specialist role in Grey Bruce. Alexis Bergeron ended her contract at BANA- she was taking a maternity leave for Shaina who has returned to work.
- Board Recruitment is going to continue- if you know anyone that would be a great addition to our board. Please send them my way! Areas of interest/gaps- Media (radio/news), Lawyer, Healthcare (NP or MD), Realtor (Sales)
- HOOPP pension/pay scale increases and potential 4% base funding increase

About Healthcare of Ontario Pension Plan- HOOPP

- Serving the healthcare community for over 60 years. Established in 1960 with 71 hospitals.
- The pension plan provider of choice for Ontario's healthcare community.
- One of the top ten largest pension funds in Canada. \$123 billion in net assets as of December 31, 2024.
- Operates as a private independent trust on a not-for-profit basis with a fiduciary duty to our Plan members. Governed by a Board of Trustees focused on delivering on the pension promise.
- Head office is in Toronto. New office opened in London, England in 2024.

HOOPP

- A good workplace pension plan can provide exceptional value to your organization.
- **Enhance talent attraction and retention and reduce recruitment and training costs.**
- Most Canadian employers (including those that don't offer retirement benefits) agree that offering retirement benefits helps with retaining (77%) and recruiting (67%) talent.
- Research shows that pension benefits are a major staying factor for North American workers; 77% of public sector employees say they stayed with an employer due to pension benefits.
- **Increase employee productivity through reduced financial stress.**
- Financial stress cost Canadian employers an estimated \$53.9 billion due to lost productivity in 2024, up from \$46 billion in 2023.
- 70% of employers who offer DB pension plans agree offering these benefits improves employee productivity and 89% see them as a cost-effective way to reduce employees' financial stress.

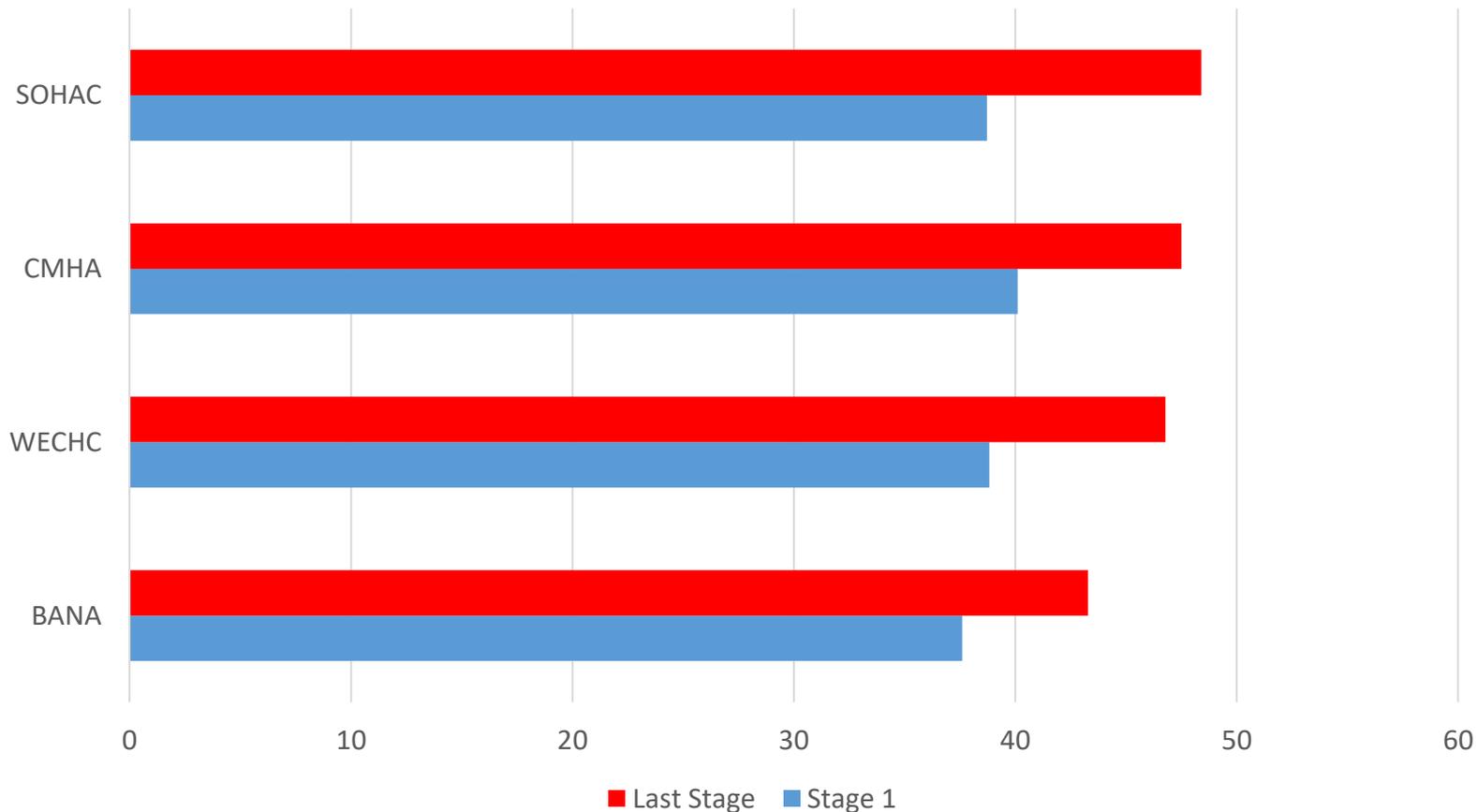
Pay Scale Comparison 2025

* Community Partners (Registered Social Worker-MSW and Registered Dietitian)

*All organizations have HOOPP Benefits and Provide Similar Specialized Work with the Same Education

* 1 Hour paid lunch is another benefit used to stay competitive

Community Organization Pay Scale Comparison



Percentage Gap- Stage 1- 2.9%, 3.2% and 6.5% **Average Gap- 4.2% in comparison with BANA**
Percentage Gap- Last Stage- 7.8 %, 9.3% and 11.2% **Average Gap- 9.4 % in comparison with BANA**

Comparison of Eating Disorders Prevention Specialist (Provincial- All Hospital Programs)

- Percentage gaps between BANA and 3 other regions-

Stage 1:

- 2.5%
- 5.5%
- 14.2%
- Average- 7.4% difference from BANA's first stage on pay scale

Last Stage:

- 21.4%
- 24.3%
- 28.2%
- Average -24.6% difference from BANA's last stage on pay scale

Summary

Budget planning for 2026-2027 year

EDO-P funding approved starting from 2025-2026 July

EDO-P new funding changes

Staff salary to increase and bring to a proper standard

add a pension plan to staff benefits

Funding Sources

| Funding Source | Description | Amount | Total |
|---------------------------|-------------|---------|-----------|
| OH and Ministry | | 785,621 | |
| IOP | | 650,677 | |
| EDO-P | | 970,000 | 2,406,298 |
| Bingo +Other fund-raising | | 30,000 | |
| Tax rebates and other | | 10,000 | 40,000 |

2,446,298

Planned Expenses Category

| | Description | | | Total |
|--|----------------|-----------------|----------------|------------------|
| | 8 | 6 | 7 | |
| | BANA | IOP | EDO_P | |
| Salary and benefits with increase(Including RRSP) | 742,613 | 601,952 | 712,360 | 2,056,926 |
| current program costs(Defined) | 90,000 | 117,375 | | 207,375 |
| Planned future program costs(Travel+Training) | | | 35,000 | 35,000 |
| Hoop-new plan | 38,095 | 28,571 | 33,333 | 100,000 |
| Hospital membership-new plan | | | 3,500 | 3,500 |
| HR help-new plan | 5,250 | 5,250 | 5,250 | 15,750 |
| Moving between funds **staff positions | -78,086 | -102,471 | 180,557 | |
| | 797,873 | 650,677 | 970,000 | |

2,418,551

Notes:

Sara's position freed up the money- restructuring position

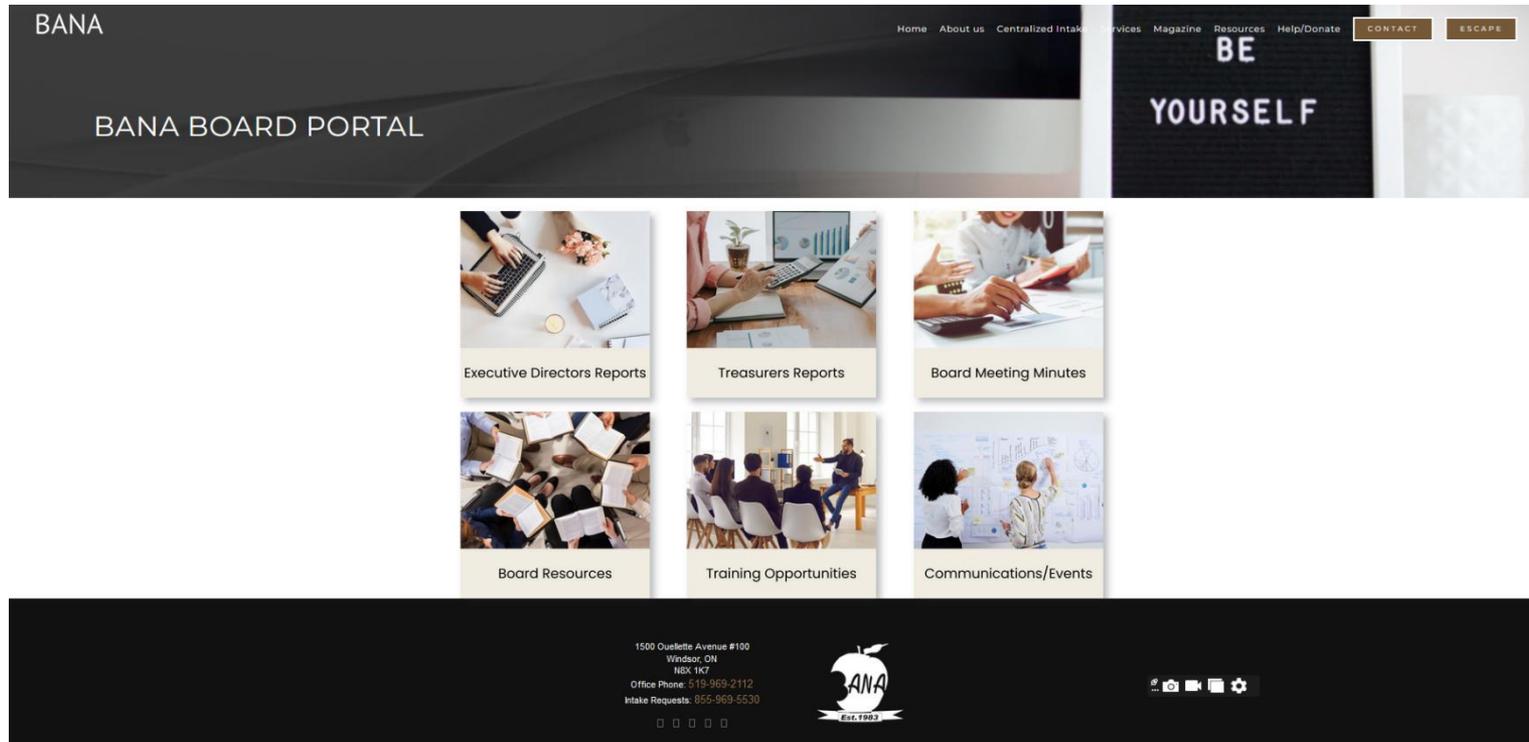
PT Dietician moved from 3 days to 4 days+ health benefits

5 year plan

the expenses increasing every year are the increments for the staff

For each 2 dollar increase on the payscale will cost ~4000

BOARD PORTAL



Instructions:

1. Go to www.bana.ca/boardportal
2. Enter password- BANABoard@ (case sensitive)
3. Click and open any of the folders

You will be able to find all reports, minutes, communication and resources in the portal

21"



x1



x1



x1

Marketing Campaign AM 800

3 Expert on Call Segments

Bus Ads

Billboards

All inclusive of targeting

- Adults
- Youth
- DEI

SEVENTY POSTER



x2



x2



x2

← Trim 47.25" w x 68.25" h
 ← Visual Opening 45" w x 66.25" h
 ← Safety 42.5" w x 64.6875" h

Health Promotions Team Report

Dates: May 25, 2025 - September 22, 2025

Statistics

- Total # of Presentations, Workshops & Sessions: 82
- Total # of Participants: 3384
- Health Fairs: 7
- Other locations: House of Sophrosyne, WFCU, Windsor Housing Corporation, Youth Hub, NCCE, Youth Hub, CICMH, United Way, WEST, New Beginnings, SAM Walk, Brentwood, Open Streets

Updates

- HP participated in **82 sessions, 3384 participants**, majority of them taking place at camps and in the community.
- Despite not attending Pride Fest this year (~500 participants), we were able to maintain our stats from the past 2 years by attending three new community health fairs in August. They included United Way's Community Celebrations (x2) and Windsor Housing Corporation's end-of-summer community BBQ. These partnerships allow us to support priority neighbourhoods and youth in our community.
- HP hosted the incoming president, Vanessa, for Healed, a University of Windsor student-run club that educates on eating disorders and promotes BANA's services. We will continue to collaborate with them for the upcoming school year.
- New posts on our social media channels, including the OSDUHS statistics (scheduled on Thursdays) and a five-part ADHD & Eating Disorders series (scheduled for the week of October 6). The ADHD series was a collaborative project between Sara and the HP team to share client-facing resources on social media.
- Our masters student, Kennedy, finished her placement with us at the end of July. We saw tremendous improvement in public speaking skills and resource development.
- Resource updates: Patrick has updated the graphic for our 1-855 card and the HP team has developed new volunteer recruitment resources.
- School packages have been sent to the public board. Waiting to hear back from WECDSB. French boards are very interested in our presentations, despite not offering them in french.
- GECDSB has invited us to participate in a SHSM food neutrality event in November, in partnership with WECHU and the Ontario Student Nutrition Program.
- Patrick attended and manned a booth at Brentwood Recovery Home's First Annual Recovery Month Community Day on Thursday, September 18, 2025, from 10:00 a.m. – 3:00 p.m. This special day was about coming together as community partners to showcase resources, build connections, and celebrate the many pathways to recovery.
- BANA attended Open Streets 2025. This event provides a space for people to walk, cycle, roller blade, etc. — It is about engaging the community and providing a chance to explore the streets and neighborhoods of our city in a brand new way! Our booth had many giveaways, including our Be Yourself Magazine, button making, colouring pages and various swag items.

Clinical Report May to September

| Intake Board Report May 01, 2025 – September 22, 2025 | |
|---|------------------------|
| | Total Amount Completed |
| General Inquiries | 54 |
| Centralized Psychosocial Assessment (Adult) | 31 |
| Complete Physical Examination (Adult) | 34 |
| Level of Care Self-Assessment (LoCSA) | 50 |
| Teen Intake | 20 |
| Teen Health Referral | 17 |

Outpatient:

- In person appointments: 429
- Virtual appointments: 147
- Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall.
- All staff can connect with Psychiatry during monthly rounds.
- Wait list is currently 25
- RSW Alexis Bergeron's contracted ended September 3rd.
- Outpatient RSW Sara Dalrymple has resigned
- RSW Heather Leblanc is transitioning back into her full-time outpatient role as of August 2025 (Mat leave contract completed in IOP)
- A new round of Body Image Group started as of September 18th -this will run for 13 weeks with another group being offered this winter.

IOP :

- RSW's receive 2 hours of consultation per month from Dr. Masson
- NP has consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry)
- All staff can connect with Psychiatry during monthly rounds.
- RSW Shaina Thompson returned from her maternity leave (3 days/wk in August - full time resumed September 8th) Transition back is going well.

General:

- BANA staff on both teams completed the Fundamentals of Race and Anti Black Racism course through the university of Windsor.
- All staff attended a Ted Vokes training
- RSW's Heather, Alicia and Kayla completed some training in Interpersonal Therapy - Training in this type of therapy is recommended if we are going to provide the extended version of CBT -E that focuses on interpersonal relationships.
- BANA staff on both teams regularly attend monthly mentoring, special interest groups and professional rounds offered by EDO.
- IOP team and Outpatient team have both agreed - after trials of treating ARFID in the IOP- it seems outpatient may be a better fit. Some clients with ARFID have sensory sensitivity with foods or fear of aversive consequences - which can lead to gagging and/or vomiting as a result of eating or watching others eat. Both teams felt that such presentations would not be suitable for meal support and may trigger other clients. We have therefore decided that most ARFID presentations will be offered outpatient treatment. Currently RSW Heather is trained and comfortable offering CBT-AR and we will continue to consider each new referral as it is received.
- Teams are also working on an easier way to gather client feedback that can be used to: share with the organization, improve services, post anonymously on social media and so on

EDO-P West Team

April-August 2025

Team Composition September 2025

| Team member & Role | Sub-region |
|---|--|
| Alexis Sauls Ramos Team Lead, Prevention Specialist | Windsor-Essex, Chatham-Kent, Sarnia-Lambton |
| Mishal Javed Prevention Specialist | Middlesex-London, Oxford, Elgin |
| Angela Rozema Prevention Specialist | Grey-Bruce, Huron-Perth/ covering Waterloo-Wellington |
| Amanda Armstrong Prevention Specialist - <i>maternity leave until July 2026</i> | Waterloo-Wellington |
| Danya Walkingshaw Prevention Specialist - <i>contract until September 2026</i> | Covering Grey-Bruce, Huron-Perth |
| Lucy Irvine Prevention Specialist | Niagara, Brant, Halidimand, Norfolk |
| TBD Prevention specialists (2) | Hamilton, Chatham-Kent/Sarnia-Lambton Bilingual |

Trainings delivered¹

- 1. Foundational Training** - Full-day weight bias and weight stigma awareness
Trained 134 West region partners May-September 2025 (excludes participants outside of OH West)
 - Thames Valley District School Board - 3 closed trainings (109 mental health professionals)
 - April 1, May 26, and August 27 – 27 regional participants from 9 regional partners (school board, public health, CYMH), in addition to partners across the province.
- 2. Foundational Training Enhanced Learning** - Continued learning for public health
 - Haldimand Norfolk Public Health – April 4th
 - Brant Public Health – April 28th
- 3. Multisession small group facilitator training** – small group intervention for middle-school students. Training is led provincially by Alexis to professionals working in schools, public health, and community mental health settings.
 - 3 trainings delivered – 43 provincial partners trained, 19 from OH West
- 4. EveryBODY project** – Body image intervention for post-secondary aged youth
 - July 16-17 – in-person training delivered to 12 staff and students on campus at Western University

Ongoing implementation support and partnerships:

School boards – ongoing relationships with 12 school board

Public health units – ongoing relationships with 12 public health units

¹ Trainings coordinated and delivered by members of the EDO-P West team typically include participants from across the province

5.2 Ontario Health/Partnership Updates

ONTARIO HEALTH

- Windsor Essex Ontario Health Team Partnership Meetings quarterly
- BANA continues to work with Body Brave on the Self-Assessment and Recovery tool. Body Brave has the funding till Dec 31st Solcz Family grant has been spent on extension of contract for RSW
- Intake and Assessment committee and Coordinated Access (a sub-committee of the Mental Health and Addiction table)
- BANA received contract from UHN for the 2025-26 Eating Disorder Prevention and funds from April 1- September 30.
- Reports for Q1 and Q2 (April 1-September 30) will be due Oct/Nov



**OPEN
STREETS
2025**
SEPTEMBER 21ST



HEALTH PROMOTION





Congratulations
Dr. Madigoe

Be Yourself



BANA
BE YOURSELF
MAGAZINE
SPRING/SUMMER 2025 ISSUE



In recognition of World Eating Disorders Action Day, a special breakfast event was held on Monday, June 2, 2025, in the In Camera Dining Room at Queen's Park.

A coalition of seven provincially based organizations including BANA, Body Brave, NEDIC, NIED, The Recovery Project Foundation, Sheena's Place, and WaterStone Foundation brought together healthcare professionals, mental health advocates, policymakers, and families . . .



FIND OUT MORE AT
WWW.BANA.CA/MAGAZINE

6.0 Internal Financial Statement May 2025

Bulimia Anorexia Nervosa Association
Statement of Financial Position
As of 05/31/2025

| Account Type | Description | Balance |
|-------------------------|---|----------------------------|
| Asset | Petty Cash | 100.00 |
| | Bank - Operating Motor City-Sub 1 | 121,690.27 |
| | Bank - Term D-GIC | 40,382.24 |
| | Bank - Term D-Sub 19 | 44,754.67 |
| | Term Deposit-Sub 18 | 68,594.33 |
| | Share Account | 100.00 |
| | Bank - Bingo | 21,486.04 |
| | Grant Receivable | 108,031.03 |
| | AR Miscellaneous | 4,641.50 |
| | AR Current - Employee | -14.01 |
| | AR Current - Rebates GST Federal | 1,015.97 |
| | AR Current - Rebates PST Provincial | 2,666.90 |
| | Prepaid Expenses | 10,637.68 |
| | Office Furniture & Equipment | 124,154.47 |
| | Leasehold Improvements | <u>20,984.48</u> |
| | Total Asset: | <u>\$569,225.57</u> |
| Liability | Accounts Payable –Current | 6,836.47 |
| | Accrued Current Liab - Audit fees | 5,335.36 |
| | Accrued Current Liability _RRSP Benefit | 8,780.04 |
| | Accrued Other | 150.00 |
| | Due to Receiver General | 29,467.64 |
| | Accrued Cur Liab - Salaries and Wages General | 21,002.76 |
| | Deferred_YQG | 8,933.54 |
| | Deferred_Staffing Resources | 19,000.00 |
| | Deferred_MED | 4,250.00 |
| | Deferred_Children's Fest | 26,490.91 |
| | Deferred_Bingo | 25,942.87 |
| | Deferred_Magazine | 4,774.31 |
| | Deferred_Staff Development | 14,300.00 |
| | Deferred_UWSA | 1,000.00 |
| | Deferred Grant - EDO-G | 130,129.02 |
| Deferred Capital | 57,659.36 | |
| Restricted Reserve Fund | <u>14,229.23</u> | |
| | Total Liability: | <u>378,281.51</u> |
| Net Assets | Invested in Capital | 145,138.95 |
| | Current Year Earnings for Period | 12,749.18 |
| | Unrestricted Reserve Fund | <u>33,055.93</u> |
| | Total Net Assets: | <u>190,944.06</u> |
| | Total Liabilities and Net Assets: | <u>\$569,225.57</u> |

6.0 Internal Financial Statement May 2025

Bulimia Anorexia Nervosa Association

Statement of Activities

For the period ended May 31, 2025

| Description | <u>Current Month</u> | | | <u>Year to Date</u> | | |
|---|----------------------|-----------------|------------------|---------------------|------------------|------------------|
| | Actual | Budget | Variance | Actual | Budget | Variance |
| <u>Operating Income</u> | | | | | | |
| Investment Revenue - Interest In | \$2,992 | \$2,953 | \$39 | \$3,041 | \$2,988 | \$53 |
| Funding - LHIN | 42,052 | 42,052 | \$0 | 84,109 | 84,109 | \$0 |
| Pay Master Ministry Of Health | 23,416 | 23,416 | \$0 | 46,832 | 46,832 | \$0 |
| Total Operating Income | \$68,460 | \$68,421 | \$39 | 133,982 | 133,929 | \$53 |
| <u>Operating Expense</u> | | | | | | |
| ED_BANA S Salaries and rela | 59,447 | 58,720 | -727 | 118,286 | 118,029 | -257 |
| Total Other Expenses | 8,969 | 8,578 | -391 | 16,101 | 17,170 | 1,069 |
| Total Operating Expenses | 68,416 | 67,298 | -1,118 | 134,387 | 135,199 | 812 |
| Operating Surplus / (Deficit) | \$44 | \$1,123 | (\$1,079) | (\$406) | (\$1,270) | (\$864) |
| <u>Fund Raising, Grants, & Miscellaneous Net</u> | | | | | | |
| Donations - Individual/Corporate | 1,226 | 697 | 529 | 1,482 | 1,394 | 88 |
| Other Revenue | 0 | 167 | -167 | 45 | 330 | -285 |
| YQG Event | 695 | 0 | 695 | 4,522 | 0 | 4,522 |
| Income from FR/Donations/C | 1,921 | 864 | 1,057 | 6,049 | 1,724 | 4,325 |
| BANA Net -Surplus/ (Def | \$1,965 | \$1,987 | (\$22) | \$5,644 | \$454 | \$5,190 |
| <u>Special Fundraising Programs</u> | | | | | | |
| Bingo Income | 2,784 | 0 | 2,784 | 5,331 | 0 | 5,331 |
| Bingo Expense | 0 | 0 | 0 | 2,844 | 0 | -2,844 |
| Bingo Net Income | \$2,784 | \$0 | \$2,784 | \$2,486 | \$0 | \$2,486 |
| BANA Net S/D after Bingo | \$4,749 | \$1,987 | \$2,762 | \$8,130 | \$454 | \$7,676 |
| <u>Grants / IOP Funding</u> | | | | | | |
| IOP Income | 54,223 | 54,223 | 0 | 108,446 | 108,446 | 0 |
| IOP Salaries & Related OH | 41,512 | 41,155 | -357 | 82,717 | 81,992 | -725 |
| Total IOP other expenses | 13,802 | 9,781 | -4,021 | 21,110 | 19,565 | -1,545 |
| IOP Net -Surplus/ (Defici | (\$1,091) | \$3,287 | (\$4,378) | \$4,619 | \$6,889 | (\$2,270) |
| EDO-P Prevention | 56,587 | 0 | 56,587 | 108,031 | 0 | 108,031 |
| EDO-P prevention Salaries & Re | 52,009 | 0 | -52,009 | 102,939 | 0 | -102,939 |
| EDO-P- Expense | 4,577 | 0 | -4,577 | 5,093 | 0 | -5,093 |
| EDO-P Net -Surplus/ (Def | \$0 | \$0 | \$0 | 0.00 | \$0 | \$0 |
| Checking | \$3,658 | \$5,274 | \$1,616 | 12,749.18 | \$7,343 | (\$5,406) |

6.0 Internal Financial Statement June 2025

Bulimia Anorexia Nervosa Association

Statement of Financial Position

As of 06/30/2025

| Account Type | Description | Balance |
|---------------------|---|----------------------------|
| Asset | Petty Cash | 100.00 |
| | Bank - Operating Motor City-Sub 1 | 74,383.84 |
| | Bank - Term D-GIC | 40,382.24 |
| | Bank - Term D-Sub 19 | 44,754.67 |
| | Term Deposit-Sub 18 | 68,594.33 |
| | Share Account | 100.00 |
| | Bank - Bingo | 14,946.71 |
| | Grant Receivable | 163,241.72 |
| | AR Miscellaneous | 1,920.20 |
| | AR Current - Employee | -11.92 |
| | AR Current - Rebates GST Federal | 1,835.56 |
| | AR Current - Rebates PST Provincial | 4,818.06 |
| | Prepaid Expenses | 9,702.02 |
| | Office Furniture & Equipment | 124,154.47 |
| | Leasehold Improvements | <u>20,984.48</u> |
| | Total Asset: | <u>\$569,906.38</u> |
| Liability | Accounts Payable –Current | 6,019.49 |
| | Accrued Current Liab - Audit fees | 1,143.00 |
| | Accrued Current Liability _RRSP Benefit | 9,386.47 |
| | Due to Receiver General | 30,599.07 |
| | Accrued Cur Liab - Salaries and Wages General | 25,324.82 |
| | Deferred_YQG | 8,933.54 |
| | Deferred_Staffing Resources | 19,000.00 |
| | Deferred_MED | 4,250.00 |
| | Deferred_Children's Fest | 26,490.91 |
| | Deferred_Bingo | 25,942.87 |
| | Deferred_Magazine | 4,774.31 |
| | Deferred_Staff Development | 14,300.00 |
| | Deferred_UWSA | 1,000.00 |
| | Deferred Grant - EDO-G | 130,129.02 |
| | Deferred Capital | 57,659.36 |
| | Restricted Reserve Fund | <u>14,229.23</u> |
| | Total Liability: | 379,182.09 |
| Net Assets | Invested in Capital | 145,138.95 |
| | Current Year Earnings for Period | 12,529.41 |
| | Unrestricted Reserve Fund | <u>33,055.93</u> |
| | Total Net Assets: | 190,724.29 |
| | Total Liabilities and Net Assets: | <u>\$569,906.38</u> |

6.0 Internal Financial Statement June 2025

| Bulimia Anorexia Nervosa Association | | | | | | |
|---|----------------------|-----------------|------------------|---------------------|-----------------|------------------|
| Statement of Activities | | | | | | |
| For the period ended June 30, 2025 | | | | | | |
| | <u>Current Month</u> | | | <u>Year to Date</u> | | |
| Description | Actual | Budget | Variance | Actual | Budget | Variance |
| <u>Operating Income</u> | | | | | | |
| Investment Revenue - Interest In | \$25 | \$35 | (\$10) | \$3,066 | \$3,023 | \$43 |
| Funding - LHIN | 42,052 | 42,052 | \$0 | 126,161 | 126,161 | \$0 |
| Pay Master Ministry Of Health | 23,416 | 23,416 | \$0 | 70,248 | 70,248 | \$0 |
| Total Operating Income | \$65,493 | \$65,503 | (\$10) | 199,475 | 199,432 | \$43 |
| <u>Operating Expense</u> | | | | | | |
| ED_BANA S Salaries and rela | 56,384 | 55,906 | -478 | 174,670 | 173,935 | -735 |
| Total Other Expenses | 10,973 | 8,578 | -2,395 | 27,074 | 25,748 | -1,326 |
| Total Operating Expenses | 67,357 | 64,484 | -2,873 | 201,744 | 199,683 | -2,061 |
| Operating Surplus / (Deficit) | (\$1,864) | \$1,019 | (\$2,883) | (\$2,270) | (\$251) | \$2,019 |
| <u>Fund Raising, Grants, & Miscellaneous Net</u> | | | | | | |
| Donations - Individual/Corporate | 184 | 697 | -513 | 1,666 | 2,091 | -425 |
| Other Revenue | 0 | 167 | -167 | 45 | 497 | -452 |
| Magazine Revenue | -140 | 0 | -140 | -140 | 0 | -140 |
| YQG Event | 300 | 0 | 300 | 4,822 | 0 | 4,822 |
| Income from FR/Donations/C | 344 | 864 | -520 | 6,393 | 2,588 | 3,805 |
| BANA Net -Surplus/ (Def | (\$1,520) | \$1,883 | (\$3,403) | \$4,123 | \$2,337 | \$1,786 |
| <u>Special Fundraising Programs</u> | | | | | | |
| Bingo Income | 1,867 | 0 | 1,867 | 7,198 | 0 | 7,198 |
| Bingo Expense | 7,979 | 0 | -7,979 | 10,823 | 0 | -10,823 |
| Bingo Net Income | (\$6,111) | \$0 | (\$6,111) | (\$3,625) | \$0 | (\$3,625) |
| BANA Net S/D after Bingo | (\$7,631) | \$1,883 | (\$9,514) | \$499 | \$2,337 | (\$1,838) |
| <u>Grants / IOP Funding</u> | | | | | | |
| IOP Income | 54,223 | 54,223 | 0 | 162,669 | 162,669 | 0 |
| IOP Salaries & Related OH | 39,944 | 39,594 | -350 | 122,661 | 121,586 | -1,075 |
| Total IOP other expenses | 6,868 | 9,781 | 2,913 | 27,978 | 29,346 | 1,368 |
| IOP Net -Surplus/ (Deficit) | \$7,412 | \$4,848 | \$2,564 | \$12,031 | \$11,737 | \$294 |
| EDO-P Prevention | 55,211 | 0 | 55,211 | 163,242 | 0 | 163,242 |
| EDO-P prevention Salaries & Re | 48,129 | 0 | -48,129 | 151,068 | 0 | -151,068 |
| EDO-P- Expense | 7,081 | 0 | -7,081 | 12,174 | 0 | -12,174 |
| EDO-P Net -Surplus/ (Def | \$0 | \$0 | \$0 | 0.00 | \$0 | (\$0) |
| Checking | (\$220) | \$6,731 | \$6,951 | 12,529.41 | \$14,074 | \$1,545 |

6.0 Internal Financial Statement July 2025

Bulimia Anorexia Nervosa Association

Statement of Financial Position

As of 07/31/2025

| Account Type | Description | Balance |
|-------------------------|---|--|
| Asset | Petty Cash | 100.00 |
| | Bank - Operating Motor City-Sub 1 | 17,941.56 |
| | Bank - Term D-GIC | 40,382.24 |
| | Bank - Term D-Sub 19 | 44,754.67 |
| | Term Deposit-Sub 18 | 68,594.33 |
| | Share Account | 100.00 |
| | Bank - Bingo | 15,306.57 |
| | Grant Receivable | 217,833.91 |
| | AR Miscellaneous | 1,920.20 |
| | AR Current - Employee | -16.05 |
| | AR Current - Rebates GST Federal | 2,110.08 |
| | AR Current - Rebates PST Provincial | 5,538.90 |
| | Prepaid Expenses | 8,428.64 |
| | Office Furniture & Equipment | 124,154.47 |
| | Leasehold Improvements | <u>20,984.48</u> |
| | Total Asset: | <u>\$568,134.00</u> |
| Liability | Accounts Payable –Current | 3,181.51 |
| | Accrued Current Liab - Audit fees | 1,524.00 |
| | Accrued Current Liability _RRSP Benefit | 16,172.20 |
| | Due to Receiver General | 16,542.62 |
| | Accrued Cur Liab - Salaries and Wages General | 38,439.38 |
| | Deferred_YQG | 6,877.84 |
| | Deferred_Staffing Resources | 19,000.00 |
| | Deferred_MED | 4,250.00 |
| | Deffered_Children's Fest | 26,490.91 |
| | Deferred_Bingo | 25,942.87 |
| | Deferred_Magazine | 4,774.31 |
| | Deferred_Staff Development | 14,300.00 |
| | Deferred_UWSA | 1,000.00 |
| | Deferred Grant - EDO-G | 130,129.02 |
| Deferred Capital | 57,659.36 | |
| Restricted Reserve Fund | <u>14,229.23</u> | |
| | Total Liability: | <u>380,513.25</u> |
| Net Assets | Invested in Capital | 145,138.95 |
| | Current Year Earnings for Period | 9,425.87 |
| | Unrestricted Reserve Fund | <u>33,055.93</u> |
| | Total Net Assets: | <u>187,620.75</u> |
| | | Total Liabilities and Net Assets: |

6.0 Internal Financial Statement July 2025

| Bulimia Anorexia Nervosa Association | | | | | | |
|---|----------------------|------------------|------------------|---------------------|------------------|------------------|
| Statement of Activities | | | | | | |
| For the period ended July 31, 2025 | | | | | | |
| | <u>Current Month</u> | | | <u>Year to Date</u> | | |
| Description | Actual | Budget | Variance | Actual | Budget | Variance |
| <u>Operating Income</u> | | | | | | |
| Investment Revenue - Interest In | \$10 | \$35 | (\$25) | \$3,076 | \$3,058 | \$18 |
| Funding - LHIN | 42,052 | 42,052 | \$0 | 168,213 | 168,213 | \$0 |
| Pay Master Ministry Of Health | 23,416 | 23,416 | \$0 | 93,664 | 93,664 | \$0 |
| Total Operating Income | \$65,478 | \$65,503 | (\$25) | 264,953 | 264,935 | \$18 |
| <u>Operating Expense</u> | | | | | | |
| ED_BANA S Salaries and rela | 61,274 | 62,398 | 1,124 | 235,944 | 236,333 | 389 |
| Total Other Expenses | 6,688 | 8,356 | 1,668 | 33,762 | 34,104 | 342 |
| Total Operating Expenses | 67,962 | 70,754 | 2,792 | 269,706 | 270,437 | 731 |
| Operating Surplus / (Deficit) | (\$2,484) | (\$5,251) | \$2,767 | (\$4,753) | (\$5,502) | (\$749) |
| <u>Fund Raising, Grants, & Miscellaneous Net</u> | | | | | | |
| Donations - Individual/Corporate | 449 | 710 | -261 | 2,115 | 2,801 | -686 |
| Other Revenue | 250 | 167 | 83 | 295 | 664 | -369 |
| Magazine Revenue | 0 | 0 | 0 | -140 | 0 | -140 |
| YQG Event | -4,822 | 0 | -4,822 | 0 | 0 | 0 |
| Income from FR/Donations/C | -4,123 | 877 | -5,000 | 2,270 | 3,465 | -1,195 |
| BANA Net -Surplus/ (Def | (\$6,606) | (\$4,374) | (\$2,232) | (\$2,483) | (\$2,037) | (\$446) |
| <u>Special Fundraising Programs</u> | | | | | | |
| Bingo Income | 1,010 | 0 | 1,010 | 8,208 | 0 | 8,208 |
| Bingo Expense | 650 | 0 | -650 | 11,473 | 0 | -11,473 |
| Bingo Net Income | \$360 | \$0 | \$360 | (\$3,265) | \$0 | (\$3,265) |
| BANA Net S/D after Bingo | (\$6,247) | (\$4,374) | (\$1,873) | (\$5,748) | (\$2,037) | (\$3,711) |
| <u>Grants / IOP Funding</u> | | | | | | |
| IOP Income | 54,223 | 54,223 | 0 | 216,892 | 216,892 | 0 |
| IOP Salaries & Related OH | 43,129 | 42,957 | -172 | 165,790 | 164,543 | -1,247 |
| Total IOP other expenses | 7,951 | 9,781 | 1,830 | 35,928 | 39,127 | 3,199 |
| IOP Net -Surplus/ (Defici | \$3,143 | \$1,485 | \$1,658 | \$15,174 | \$13,222 | \$1,952 |
| EDO-P Prevention | 54,592 | 0 | 54,592 | 217,834 | 0 | 217,834 |
| EDO-P prevention Salaries & Re | 53,086 | 0 | -53,086 | 204,154 | 0 | -204,154 |
| EDO-P- Expense | 1,506 | 0 | -1,506 | 13,680 | 0 | -13,680 |
| EDO-P Net -Surplus/ (Def | \$0 | \$0 | \$0 | 0.00 | \$0 | (\$0) |
| Checking | (\$3,104) | (\$2,889) | \$215 | 9,425.87 | \$11,185 | \$1,759 |

6.0 Internal Financial Statement August 2025

| Bulimia Anorexia Nervosa Association | | |
|---|---|----------------------------|
| Statement of Financial Position | | |
| As of 08/31/2025 | | |
| Account Type | Description | Balance |
| Asset | Petty Cash | 100.00 |
| | Bank - Operating Motor City-Sub 1 | 313,949.19 |
| | Bank - Term D-GIC | 40,382.24 |
| | Bank - Term D-Sub 19 | 44,754.67 |
| | Term Deposit-Sub 18 | 68,594.33 |
| | Share Account | 100.00 |
| | Bank - Bingo | 17,027.30 |
| | AR Miscellaneous | 1,920.20 |
| | AR Current - Employee | -86.08 |
| | AR Current - Rebates GST Federal | 2,378.20 |
| | AR Current - Rebates PST Provincial | 6,243.02 |
| | Prepaid Expenses | 8,296.08 |
| | Office Furniture & Equipment | 124,154.47 |
| | Leasehold Improvements | <u>20,984.48</u> |
| | Total Asset: | <u>\$648,798.10</u> |
| Liability | Accounts Payable –Current | 3,801.56 |
| | Accrued Current Liab - Audit fees | 1,905.00 |
| | Accrued Current Liability _RRSP Benefit | 18,188.51 |
| | Due to Receiver General | 18,171.61 |
| | Accrued Cur Liab - Salaries and Wages General | 43,263.73 |
| | Accrued Health Tax | 2,029.36 |
| | Deferred_YQG | 6,877.84 |
| | Deferred_Staffing Resources | 9,000.00 |
| | Deferred_MED | 4,250.00 |
| | Deffered_Children's Fest | 26,490.91 |
| | Deferred_Bingo | 25,942.87 |
| | Deferred_Magazine | 4,774.31 |
| | Deferred_Staff Development | 14,300.00 |
| | Deferred_UWSA | 1,000.00 |
| | Deferred Grant - EDO-G | 130,129.02 |
| | Deferred Grant - EDO-P | 56,614.35 |
| | Deferred Capital | 57,659.36 |
| | Restricted Reserve Fund | <u>14,229.23</u> |
| | Total Liability: | 438,627.66 |
| Net Assets | Invested in Capital | 145,138.95 |
| | Current Year Earnings for Period | 31,975.56 |
| | Unrestricted Reserve Fund | <u>33,055.93</u> |
| | Total Net Assets: | 210,170.44 |
| | Total Liabilities and Net Assets: | <u>\$648,798.10</u> |

6.0 Internal Financial Statement August 2025

| Bulimia Anorexia Nervosa Association | | | | | | |
|---|----------------------|-----------------|------------------|---------------------|------------------|------------------|
| Statement of Activities | | | | | | |
| For the period ended August 31, 2025 | | | | | | |
| | <u>Current Month</u> | | | <u>Year to Date</u> | | |
| Description | Actual | Budget | Variance | Actual | Budget | Variance |
| <u>Operating Income</u> | | | | | | |
| Investment Revenue - Interest In | \$24 | \$35 | (\$11) | \$3,100 | \$3,093 | \$7 |
| Funding - LHIN | 42,052 | 42,052 | \$0 | 210,265 | 210,265 | \$0 |
| Pay Master Ministry Of Health | 23,416 | 23,416 | \$0 | 117,080 | 117,080 | \$0 |
| Total Operating Income | \$65,492 | \$65,503 | (\$11) | 330,445 | 330,438 | \$7 |
| <u>Operating Expense</u> | | | | | | |
| ED_BANA S Salaries and rela | 58,698 | 55,902 | -2,796 | 294,642 | 292,235 | -2,407 |
| Total Other Expenses | 8,992 | 8,356 | -636 | 42,754 | 42,460 | -294 |
| Total Operating Expenses | 67,690 | 64,258 | -3,432 | 337,396 | 334,695 | -2,701 |
| Operating Surplus / (Deficit) | (\$2,198) | \$1,245 | (\$3,443) | (\$6,952) | (\$4,257) | \$2,695 |
| <u>Fund Raising, Grants, & Miscellaneous Net</u> | | | | | | |
| Donations - Individual/Corporate | 176 | 710 | -534 | 2,291 | 3,511 | -1,220 |
| Other Revenue | 10,000 | 167 | 9,833 | 10,295 | 831 | 9,464 |
| Magazine Revenue | 0 | 0 | 0 | -140 | 0 | -140 |
| Income from FR/Donations/C | 10,176 | 877 | 9,299 | 12,446 | 4,342 | 8,104 |
| BANA Net -Surplus/ (Defi | \$7,978 | \$2,122 | \$5,856 | \$5,495 | \$85 | \$5,410 |
| <u>Special Fundraising Programs</u> | | | | | | |
| Bingo Income | 2,568 | 0 | 2,568 | 10,776 | 0 | 10,776 |
| Bingo Expense | 780 | 0 | -780 | 12,252 | 0 | -12,252 |
| Bingo Net Income | \$1,789 | \$0 | \$1,789 | (\$1,476) | \$0 | (\$1,476) |
| BANA Net S/D after Bingo | \$9,766 | \$2,122 | \$7,644 | \$4,018 | \$85 | \$3,933 |
| <u>Grants / IOP Funding</u> | | | | | | |
| IOP Income | 54,223 | 54,223 | 0 | 271,115 | 271,115 | 0 |
| IOP Salaries & Related OH | 43,675 | 39,594 | -4,081 | 209,464 | 204,137 | -5,327 |
| Total IOP other expenses | 6,234 | 9,781 | 3,547 | 42,162 | 48,908 | 6,746 |
| IOP Net -Surplus/ (Defici | \$4,315 | \$4,848 | (\$533) | \$19,489 | \$18,070 | \$1,419 |
| EDO-P Prevention | 56,614 | 0 | 56,614 | 274,448 | 0 | 274,448 |
| EDO-P prevention Salaries & Re | 47,053 | 0 | -47,053 | 251,207 | 0 | -251,207 |
| EDO-P Expense | 1,093 | 0 | -1,093 | 14,773 | 0 | -14,773 |
| EDO-P Net -Surplus/ (Def | \$8,468 | \$0 | \$8,468 | 8,468.48 | \$0 | \$8,468 |
| Checking | \$22,550 | \$6,970 | (\$15,580) | 31,975.56 | \$18,155 | (\$13,821) |

BANA Board Meeting September 22, 2025

Agenda Item 7
New/Old Business

Agenda Item 8
Q&A

Agenda Item 9

***Meeting:
October 27 2025***