

Bulimia Anorexia Nervosa Association

Board Meeting May 26, 2025

AGENDA

5:30 –6:30 pm- Julia Lee (Audited Financial Statements)

Item	Person Responsible	Time Allotted
1. Accept Agenda	Kelly	1 minute
2. Accept Previous Minutes	Kelly	2 minutes
3. Matters Arising from last meeting	Kelly	2 minutes
4. President's Report	Kelly	20 minutes
5. Executive Dir Report:	Luciana Rosu-Sieza	20 minutes
5.1 Organization & Staff Updates		
5.2 Ontario Health Updates		
6. Treasurer's Report	Marzena	10 minutes
7. New Business	Board	10 minutes
8. Q&A/Adjourn	Board	10 minutes
9. Next Meeting	Board	June 18, 2025 (AGM and Retreat)

Meet the Staff & Meet the Board

Nicole Bourlanger and Trisha Wilson (Registered Dietitians)

Julia. A Lee- Audit

4.0 President's Report

President's Report



Executive Director Report

Luciana Rosu-Sieza

Executive Director, BANA

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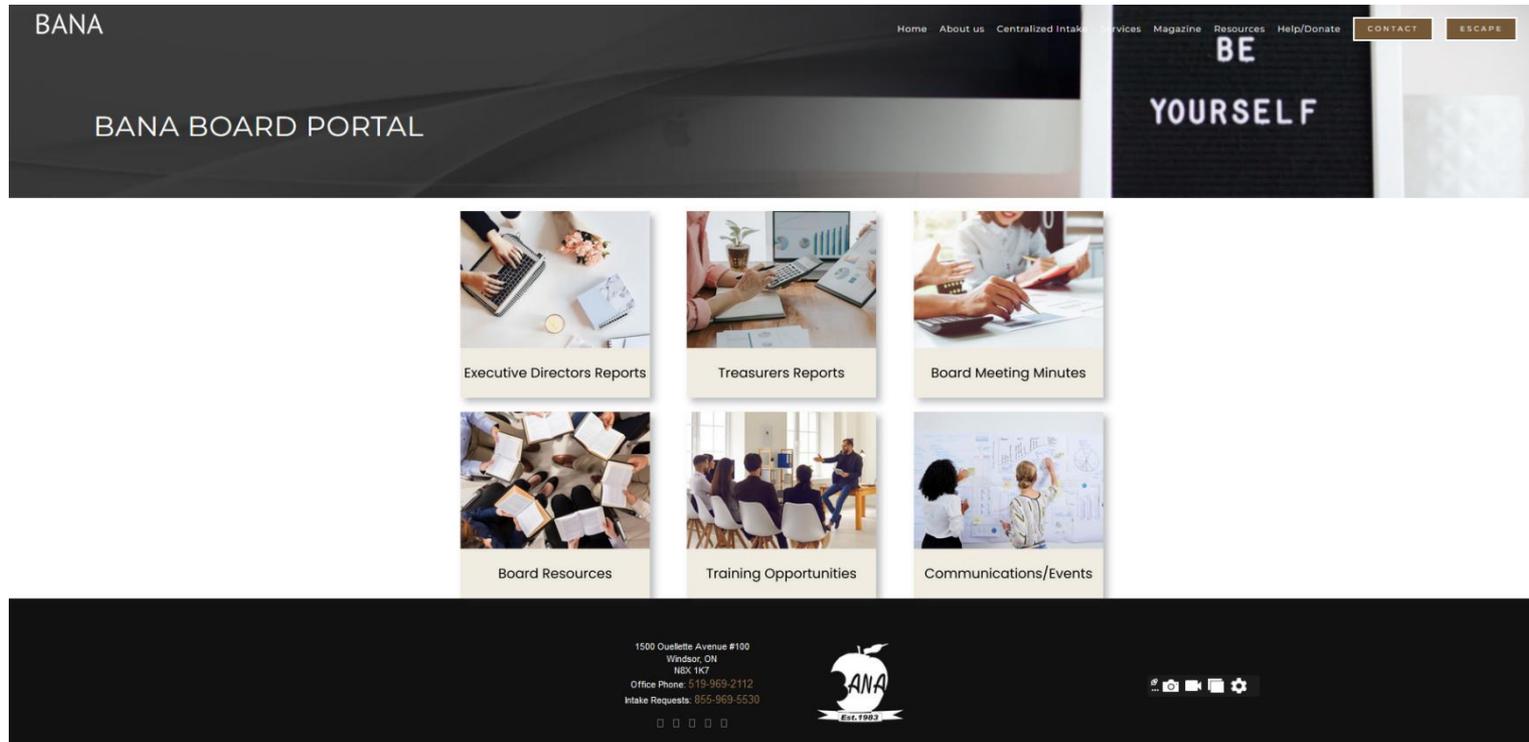
5.1 Organization & Staff Updates

- CONGRATULATIONS TO BANA for winning the 'Pillars of Our Community' Award on Thursday May 15th
- BANA also the recipient of the Gord Smith Workplace Wellness Award- Platinum on May 7th
- EDO-P team coming to Windsor for AGM and Dr. Vokes training
- June 18th- AGM followed by Strategic Planning Retreat.
 - *Doors Open- 4:30 pm- Start 5:00pm
 - *Followed by Julie and Jessica leading the board and staff through retreat (Strategic Plan)
- Strategic Planning retreat for board- discussion
- Strategic Planning is underway – to date- 2 staff drop ins, 2 client drop in scheduled, ED and managers/leads, Board Chair and Vice-Chair, key community partners. Survey sent to clients, partners, staff and stakeholders.
- Report submissions begin April 30- till June 30 for end of the year- we are on track to meeting our benchmarks
- EDO-Prevention funds. Warren from UHN and I met yesterday. He met with Centre of Excellence- Ontario Health and explained that we do not have the cash flow to make payroll. They will be giving UHN the funds for one more years (this fiscal) but do not anticipate the funds coming to them till Sept (which is ridiculous).

Plan moving ahead:

- UHN- Warren asked OH for a letter confirming that they will receive and keep the funds for this fiscal (supposed to be received by the end of this week)
- Warren at UHN will be meeting with his boss to ask if they can create our contracts and start paying us the funds (prior to receiving from OH in September)
- I asked Warren for a letter from UHN to confirm that BANA will be receiving x amount of dollars this fiscal
- Once I receive the letter- I will connect back with the bank to apply for a line of credit to ensure that we have funds and no disruption in payroll happens
- Once the funds start being received from UHN, I will pay off the line of credit
- I did an interview on AM800 speaking about #SkinnyTok
- Exploring a grant through Motor City Community Credit Union- MCCCCU recommended it to us 50K,25K and 10K
- BANA continues to work with Windsor Regional Hospital to develop pathway for admissions and discharges. I will be meeting with Internal Medicine physician Dr. Desai on June 16th to speak about her potentially working in the community to monitor more complex patients. This will create a wonderful link to admissions and enhance expertise and communication
- Board Recruitment is going to continue- if you know anyone that would be a great addition to our board. Please send them my way!

BOARD PORTAL

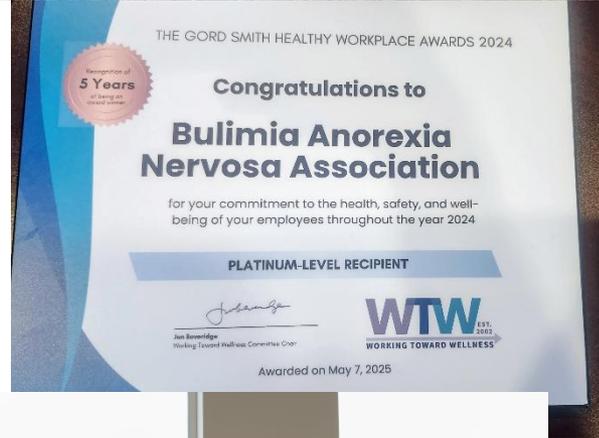


Instructions:

1. Go to www.bana.ca/boardportal
2. Enter password- BANABoard@ (case sensitive)
3. Click and open any of the folders

You will be able to find all reports, minutes, communication and resources in the portal





Intake and Clinical Report- 2025

Intake Board Report April 28th, 2025- May 25th 2025	
General Inquiries:	20
Centralized Psychosocial Assessment (Adult):	8
Complete Physical Examination (Adult):	9
Level of Care Self-Assessment (LoCSA):	8
Teen Intake:	7
Teen Health Referral:	7

Outpatient:

- In person appointments: 85
- Virtual appointments: 46
- 2 hours of consultation per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe for NP
- Wait list is currently 17 - average time waited for treatment is 6 months
- Review of Data with the team from Body Brave shows that clients are waiting on average 36days less for treatment. Data also showed that 75% of people who accessed the RSP felt more prepared for treatment and 79% of users reported feeling more supported in their recovery.

IOP :

- RSW's receive 2 hours of consultation per month from Dr. Masson
- NP has consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe
- With the addition of Dr. Madigoe to the team our IOP is also starting to see some more medically complex clients. Partnership with WRH and Dr. Madigoe has been very helpful in developing pathways for ER and possible hospital admission. This has been helpful when working with clients who are more medically complex.
- NP Barbara has completed a course on diagnosis and managing ARFID through the university of winchester
- Team is taking their 2nd client diagnosed with ARFID starting program in June.

General:

- BANA staff on both teams are attending the Fundamentals of Race and Anti Black Racism course through the university of Windsor. The course will be completed by the end of the month.
- Leta and Lucy attending a leadership conference in June

Health Promotions Team Report

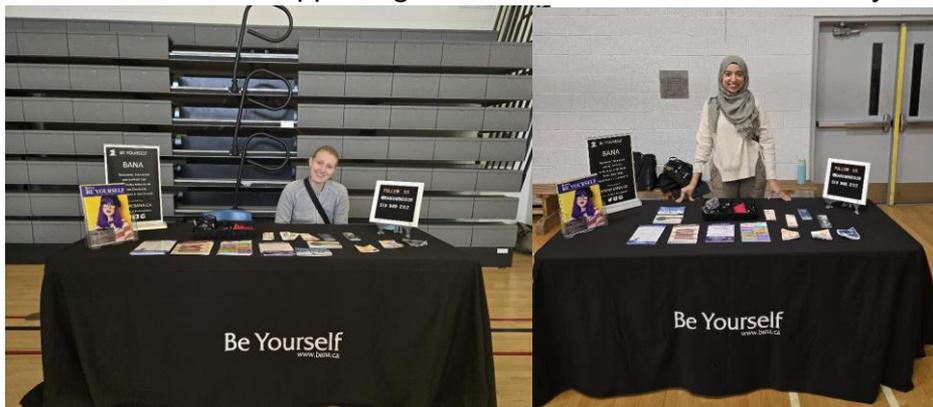
Dates: April 29, 2025 to May 25, 2025

Statistics

- **Total Presentations, Workshops & Sessions:** 32
- **Total Participants:** 1556
 - **Presentations:** 541
 - **Health Fairs:** 1015
 - **Health Fairs:** 6
- **Locations:** Catholic Central CMHA, The Bridge, Essex PS, Problem Gambling, Lamothe-Cadillac, Assumption PS, Central PS, Brennan HS, Erie Migration, WEST, L'Essor

Updates

- **Workplace Wellness Awards**
 - BANA granted the Gord Smith Workplace Wellness Award Platinum tier; HP Team and Lucy attended ceremony
- **Information Booths**
 - Due to Mental Health Awareness Month, many schools invited us to host information booths (Assumption, Lamothe Cadillac, L'Essor, Catholic Central, Brennan HS)
 - Hosted an information booth during the Workplace Wellness Awards
- **Roots of Hope**
 - HP attended roots of hope meeting at CMHA centering around suicide prevention; each HP member joined a sub-committee to support the cause
- **WEAVA updates**
 - BANA's volunteer, Grace Querbich (President of Healed Windsor) was invited to the WEAVA volunteer appreciation event and awarded a gift for her hard work in supporting BANA's mission on the University of Windsor campus.
- **AGM report**
 - HP Stats and report submitted to Pat
- **Podcast**
 - Published podcast with Sara Dalrymple



5.2 Ontario Health/Partnership Updates

ONTARIO HEALTH

- Windsor Essex Ontario Health Team Partnership Meetings quarterly
- BANA continues to work with Body Brave on the Self-Assessment and Recovery tool. Body Brave has the funding till Dec 31st Solcz Family grant
- Intake and Assessment committee and Coordinated Access (a sub-committee of the Mental Health and Addiction table)
- MSAA extension signed
- BANA is waiting for the EDO-Prevention funding letter from CoE/Ontario Health
- Reports for all programs due from June 7th-June 30th. On track to meet all targets

6.0 Internal Financial Statement April 2025

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 04/30/2025			
Account Type	Description		Balance
Asset			100.00
		Petty Cash	100.00
		Bank - Operating Motor City-Sub 1	182,581.52
		Bank - Term D-GIC	40,382.24
		Bank - Term D-Sub 19	44,754.67
		Term Deposit-Sub 18	65,640.51
		Share Account	100.00
		Bank - Bingo	18,702.07
		Grant Receivable	51,478.58
		AR Miscellaneous	4,641.50
		AR Current - Employee	-12.99
		AR Current - Rebates GST Federal	3,967.71
		AR Current - Rebates PST Provincial	10,414.90
		Prepaid Expenses	18,301.15
		Office Furniture & Equipment	124,154.47
		Leasehold Improvements	<u>20,984.48</u>
	Total Asset:		<u>\$586,190.81</u>
Liability			2,134.12
		Accounts Payable –Current	2,134.12
		Accrued Current Liab - Audit fees	4,954.36
		Accrued Current Liability _RRSP Benefit	5,141.76
		Accrued Other	150.00
		Due to Receiver General	25,309.35
		Accrued Cur Liab - Salaries and Wages General	54,471.55
		Deferred_YQG	8,933.54
		Deferred_Staffing Resources	19,000.00
		Deferred_MED	4,250.00
		Deffered_Children's Fest	26,490.91
		Deferred_Bingo	25,942.87
		Deferred_Magazine	4,774.31
		Deferred_Staff Development	14,300.00
		Deferred_UWSA	1,000.00
		Deferred Grant - EDO-G	130,129.02
	Deferred Capital	57,659.36	
	Restricted Reserve Fund	<u>14,229.23</u>	
	Total Liability:		<u>398,870.38</u>
Net Assets			145,138.95
		Invested in Capital	145,138.95
		Current Year Earnings for Period	9,125.55
		Unrestricted Reserve Fund	<u>33,055.93</u>
		Total Net Assets:	
	Total Liabilities and Net Assets:		<u>\$586,190.81</u>

6.0 Internal Financial Statement April 2025

Bulimia Anorexia Nervosa Association						
Statement of Activities						
For the period ended April 30, 2025						
	<u>Current Month</u>			<u>Year to Date</u>		
Description	Actual	Budget	Variance	Actual	Budget	Variance
<u>Operating Income</u>						
Investment Revenue - Interest In	\$49	\$35	\$14	\$49	\$35	\$14
Funding - LHIN	42,057	42,057	\$0	42,057	42,057	\$0
Pay Master Ministry Of Health	23,416	23,416	\$0	23,416	23,416	\$0
Total Operating Income	\$65,522	\$65,508	\$14	65,522	65,508	\$14
<u>Operating Expense</u>						
ED_BANA S Salaries and rela	58,839	59,309	470	58,839	59,309	470
Total Other Expenses	7,064	8,590	1,526	7,064	8,590	1,526
Total Operating Expenses	65,903	67,899	1,996	65,903	67,899	1,996
Operating Surplus / (Deficit)	(\$381)	(\$2,391)	\$2,010	(\$381)	(\$2,391)	(\$2,010)
<u>Fund Raising, Grants, & Miscellaneous Net</u>						
Donations - Individual/Corporate	256	691	-435	256	691	-435
Other Revenue	45	163	-118	45	163	-118
YQG Event	3,827	0	3,827	3,827	0	3,827
Income from FR/Donations/G	4,128	854	3,274	4,128	854	3,274
BANA Net -Surplus/ (Def	\$3,747	(\$1,537)	\$5,284	\$3,747	(\$1,537)	\$5,284
<u>Special Fundraising Programs</u>						
Bingo Income	2,547	0	2,547	2,547	0	2,547
Bingo Expense	2,844	0	-2,844	2,844	0	-2,844
Bingo Net Income	(\$298)	\$0	(\$298)	(\$298)	\$0	(\$298)
BANA Net S/D after Bingo	\$3,449	(\$1,537)	\$4,986	\$3,449	(\$1,537)	\$4,986
<u>Grants / IOP Funding</u>						
IOP Income	54,223	54,223	0	54,223	54,223	0
IOP Salaries & Related OH	41,205	40,837	-368	41,205	40,837	-368
Total IOP other expenses	7,342	9,784	2,442	7,342	9,784	2,442
IOP Net -Surplus/ (Deficit)	\$5,676	\$3,602	\$2,074	\$5,676	\$3,602	\$2,074
EDO-P Prevention	51,479	0	51,479	51,479	0	51,479
EDO-P prevention Salaries & Re	50,929	0	-50,929	50,929	0	-50,929
EDO-P- Expense	550	0	-550	550	0	-550
UHN Net -Surplus/ (Deficit)	(\$0)	\$0	(\$0)	0.00	\$0	(\$0)
Checking	\$9,126	\$2,065	(\$7,061)	9,125.55	\$2,065	(\$7,061)

BANA Board Meeting May 26, 2025

Agenda Item 7
New/Old Business

Agenda Item 8
Q&A

Agenda Item 9

Meeting:
June 18th, 2025 (AGM & Retreat)
No meetings in July and August
September 22, 2025 Next Board Meeting after summer