

Bulimia Anorexia Nervosa Association Board Meeting January 26, 2026

AGENDA

Item	Person Responsible	Time Allotted
1. Accept Agenda	Kelly	1 minute
2. Accept Previous Minutes	Kelly	2 minutes
3. Matters Arising from last meeting	Kelly	2 minutes
4. President's Report	Kelly	20 minutes
5. Executive Dir Report:	Luciana Rosu-Sieza	20 minutes
5.1 Organization & Staff Updates		
5.2 Ontario Health Updates		
6. Treasurer's Report	Marzena	10 minutes
7. New Business	Board	10 minutes
8. Q&A/Adjourn	Board	10 minutes
9. Next Meeting	Board	February 23, 2026

Meet the Staff & Meet the Board

Adriana Grande, Health Educator

4.0 President's Report

President's Report



Executive Director Report

Luciana Rosu-Sieza

Executive Director, BANA

5.1 Organization & Staff Updates

- Congratulations to Marzena and her entire family on the new addition!
- All reports for Q3 in progress to be submitted
- I was asked to participate in the “Leadership & Community Engagement Panel – Discover Your Potential through MCC (Multicultural Council tomorrow Jan 27)
- BANA has successfully enrolled in HOOPP as of January 18th 2026- 18 out of 20 employees have enrolled. 2 will be remaining with the RRSP match *% of matching contributions have been changed to reflect the larger investment in HOOPP for staff*
- BANA will be receiving a 4% base-funding increase- ONTARIO HEALTH sent the confirmation in a letter- retro to April 1st 2025-March 31st 2026. Increase will also include the Intensive Outpatient Program funding.
 - BANA would like to proceed with the pay scale adjustment from the presentation and discussions at the September 2025 meeting- with the goal to close the gap in our pay scales in comparison to our partner organizations (Mental Health & Addiction Ontario Health funded)- closing the gap and getting closer to the 4% (or under 10% gap in all positions) gap on each side of the scale
 - BANA would like to pay retro pay for staff using surplus from EDO-P, BANA and the 4% based funding increase which is reflected for 2025-26 year and must be spent by March 31st 2026.
 - BANA will use the 4% base-funding in 2026-27 for salary adjustments as well as increase in operational costs
- Connecting our Community, A Mental Health & Wellness Symposium was a BIG success. Community partners came together and delivered a fantastic day of learning and engagement to frontline staff. BANA’s clinical and health promotion/prevention teams attended. It was held on January 19th- Blue Monday. This event will be an annual one
- PDS- Provincial Data Set is mandatory and will be used for Ontario Health to gather information from all organizations. Only 4 EMR (Electronic Medical Record) Vendors have been approved as deemed compliant. BANA’s EMR Accuro is not on the list. EMHware is the previous one we used- it is on the list but does not serve our medical needs. BANA is in touch with Accuro and has shared the spreadsheet of the data that we are going to be collecting for OH. BANA met with the PDS team and have a plan to submit the data via the manual portal
- Settlement Matter with past employee- status and steps moving forward
- CMHA has been assisting BANA with policy revisions- great partner. I am working with Melissa at CMHA to enhance our HR Manual.
- The annual Eating Disorder Service Mapping Day will be held Feb 27- full day event featuring a year in review- how did we move the dial forward, local HP presentation, EDO-P updates, Dr. Madigoe presenting on the WRH pathway and Order Set at WRH for Adult Inpatient Eating Disorder (APPROVED in DEC 2025), Dr. Omer presenting on Cannabis and the effect on Mental Health and Eating Disorders and future goals opportunities- BANA, weCHC and WRH host the event with Mia Tannous as our external facilitator. Many community partners including WECHU, school boards, child and youth sector and many other community partner attend.
- Meet the board- if you did not participate, please consider doing so. We receive excellent feedback
- BANA staff are registered for Indigenous Cultural Safety Training Series of lunch n learns as part of our continuing education
- We have Ashley, MSW student at BANA from Jan-April. She is working closely with Leta and our clinical team
- We are planning to post for the EDO-P, Prevention Specialist position for Chatham Kent, Sarnia Lambton in the near future
- Eating Disorder Awareness Week- Feb 1-7 has many exciting booths and initiatives around the community. BANA applied for the RBC community grant \$1500 to support the week- waiting for reply.
 - EDAW magazine will soon be distributed
 - Yoga at Lululemon on Feb 1st along with booth at Devonshire Mall
 - Stephanie J will be at Indigo on Feb 7th



Meet the BANA BOARD OF DIRECTORS



Kelly Gosselin
Board President



about me

Name: Kelly Gosselin

What do you enjoy most about being on BANA's Board of Directors?
Supporting the important work that BANA does and knowing that our community has an organization such as BANA.

Favourite Mental Health resource/Self-Care activity: I enjoy being in my kitchen and cooking for my family. I find it calming knowing that they are taken care of.

Interesting fact: I have 3 children (William 15, Pierce 13, and Simonne 10) who are my world. At this time in my life they provide me all my adventures.



THE BANA BE YOURSELF PODCAST

HAPPY. HEALTHY. HOPEFUL.

NEW EPISODE!

HOST
ADRIANA GRANDE
BANA HEALTH EDUCATOR

youth wellness hubs
ONTARIO

carrefours bien-être pour les jeunes
DE L'ONTARIO

SPECIAL GUEST
KIM MANN
YOUTH WELLNESS HUB
WINDSOR-ESSEX



NEW EPISODE
26
YOUTH MENTAL HEALTH

www.bana.ca/podcast

MERRY CHRISTMAS



This year the team at BANA came together to donate new and gently used items in support of Matthew House Refugee Centre.

"Happiness doesn't result from what we get, but from what we give."



A Very Merry BANA Breakfast

CONNECTING OUR COMMUNITY

A Mental Health & Addictions Symposium

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CONNECTING OUR COMMUNITY

A Mental Health & Addictions Symposium
JANUARY 19TH, 2026



Health Promotions Team Report

Dates: November 24, 2025 - January 26, 2026

Statistics

Total # of Presentations, Workshops & Sessions: 53

Total # of Participants: 1447

Health Fairs: 2

- Other locations: Problem Gambling, WEST (presentation, keynote, and mock interviewer), House of Sophrosyne, Community Connections Mental Health Symposium

Updates

- HP participated in 53 sessions with 1,447 participants, majority of them taking place in schools and in the community.
- We are currently fully booked until the end of April.
- HP has been working with a volunteer to do an environmental scan of food insecurity in Windsor-Essex. She has developed the first draft of a print resource for us to add to our collection. This information will help us identify how to best adjust our presentations when speaking to people who are experiencing food insecurity.
- EDAW 2026 is next week, running from February 1-7. The HP team has put together an EDAW committee with volunteers to plan the week.

Please join us at any of the events throughout the week!

- NEW: We are partnering with 6 local libraries (2 Windsor Public Library - Chisholm & Bridgeview, 3 Essex County Library - Kingsville, Essex & Lasalle, and Leddy Library) to create a public display of our resources and curated reading lists developed by the BANA clinical team.

- NEW: Partnered with Indigo for Stephanie to read/sign her book, Editable. The manager of Indigo has agreed to order copies of the book, and we will be able to provide BANA bookmarks to the store to hand out with purchases during that week.

- A big thank you to Patrick for sitting on the national EDAW planning committee.

- NEW: Instagram Live on Social Media Tips and Tricks for staying mentally healthy online.

● Podcast

- The first episode of the podcast relaunch was shared on January 16th, with our guest being Kim Mann from Youth Hub. It's been well-received so far and we'll monitor the engagement statistics on the various platforms.

- The second podcast will be launched on Friday February 6th, which is with Heather Leblanc, one of BANA's social workers, and will focus on ARFID. Adriana has already recorded the episode to be launched in March with Erica Bassakos from WEOHT. We are awaiting approval from both guests.

- The HP team met with representatives from the University of Windsor focused on the Food Security Action Plan. BANA will be their first community partner, bringing educational resources and input into their planning and outreach.

- Adriana was the keynote speaker at the WEST LEAD Program graduation in December. This invitation highlights the partnership BANA has developed with the LEAD program.

- Adriana and Patrick have continued attending fundraising webinars organized by the AFP South chapter. Patrick attended an AFP South chapter networking event this past week.

- BANA has purchased two new banners (one general and one for IOP) and a BANA tent.

WEEK AT A GLANCE FEBRUARY

Eating Disorder Awareness Week (EDAW)

Sunday 1st

lululemon Ambassador k.lee will be leading **Sunday Morning Yoga 9am** in front of lululemon at Devonshire Mall

*don't forget your yoga mat
*enter through the doors near BMO
*all levels welcome!

Information Booth
Devonshire Mall 11am-5pm

Monday 2nd

Come visit us at the **CAW Student Center** 11am-2pm!

"See the Story, Not the Stigma" Curated books

- Windsor Public Library - Bridgeview and W.F. Chisholm branches
- Essex County Libraries - LaSalle, Lakeshore, and Kingsville branches
- University of Windsor Leddy Library

Tuesday 3rd

Come visit us at the **University of Windsor Leddy Library** 1-3:30pm!

Be Yourself Magazine

Our latest edition will be released the week of EDAW!
www.bana.ca/magazine

Visit one of the EDAW Landmark Lightings!
Hanna Water Tower



Wednesday 4th

Eating Disorders 101 FREE Virtual Webinar

Wednesday February 4th.
12noon-1pm
Visit WWW.BANA.CA/EDAW for details

Visit one of the EDAW Landmark Lightings!
City of Windsor



Thursday 5th

Instagram LIVE with BANA Health Educators Social Media Use Tips and Tricks - Have a more positive social media experience
February 5th 10am

Friday 6th

Visit us at **St. Clair College** 11am, free presentation for students!

Podcast drop at 12noon!
Adriana and Heather talk all things ARFID!
<https://bana.ca/podcast/>

Saturday 7th

It's the end of EDAW 2026!

Meet Author Stephanie Johnston

Saturday February 7th Indigo Devonshire 1-4pm
Exclusive Book Reading of "Editable"

Important Notes:

- **#SHOWUSYOURPURPLE** Challenge: Show your support by wearing purple during EDAW and post a photo to social media, tagging @banawindsor and hashtag #showusyourpurple
- BANA's services and programs are free of charge
- Intake Requests: 1-855-969-5530

Our very own Stephanie will be at INDIGO on Feb 7th from 1-4 to end EDAW

Intake Board Report October 28, 2025 – November 24, 2025

	Total Amount Completed
General Inquiries	23
Centralized Psychosocial Assessment (Adult)	5
Complete Physical Examination (Adult)	4
Level of Care Self-Assessment (LoCSA)	18
Teen Intake	8
Teen Health Referral	7

Outpatient:

In person appointments: 113

Virtual appointments: 57

- Consultation: 2 hours per month with Dr. Masson for RSW's and consultation with Dr. Debbie Wilkes-Whitehall for NP.
- All staff can connect with Psychiatry during monthly rounds.
- Wait list is currently 20 - average time waited for treatment is 6 months

RSW Heather is also creating a committee of BANA staff to create a BANA cookbook. We are currently gathering recipes from BANA staff, working on layout/format, and determining a budget. Once we have a firmer idea of how many recipes/pages and the general lay out we would like along with estimated printing costs Adriana and Pat will be seeking sponsors.

• IOP:

- RSW's receive 2 hours of consultation per month from Dr. Masson
- NP has monthly consultation with Dr. Debbie Wilkes-Whitehall and Dr. Madigoe (Psychiatry)
- All staff can connect with Psychiatry during monthly rounds.
- Registered Dietitian - employed by weCHC is on maternity leave. A part time RD did apply for the job and was hired knowing that the full time posting would remain open for potential candidates. The part time RD is currently in orientation/training and is observing meal support, nutrition group, RD Orientation and RD individual appointments (nutrition assessments, menu marking ect.). This has had an impact on our ability to provide treatment for clients under the age of 20. The IOP team is hoping to begin working with this population again very soon as the RD progresses through training. * Despite this staffing set back we will still be meeting our budget requirements for reporting*

- Psychiatry support continues to be a significant and impactful addition to our program. Dr. Madigoe's passion, expertise and commitment to working with our clients has given the team and especially our nurse practitioner the extra support needed for our most complex clients.
- IOP had a planned shut down the week of December 22nd-26th allowing clients to take a break from intensive treatment for the holidays.
- RSW Shaina Thompson (BANA) and RSW Deb Cady (weCHC) have volunteered to write an article for the spring/summer edition of the BANA magazine. The topic will be around demonizing food - something that was briefly discussed in an upcoming podcast. Stay tuned!

EDO-P West Team

November 2025

Team member & Role	Sub-region
Alexis Sauls Ramos Team Lead, Prevention Specialist	Windsor-Essex, Chatham-Kent, Sarnia-Lambton
Mishal Javed Prevention Specialist	Middlesex-London, Oxford, Elgin
Angela Rozema Prevention Specialist	Grey-Bruce, Huron-Perth/ covering Waterloo-Wellington
Amanda Armstrong Prevention Specialist - <i>maternity leave until July 2026</i>	Waterloo-Wellington
Danya Walkingshaw* Prevention Specialist - <i>contract until September 2026</i>	Covering Grey-Bruce, Huron-Perth
Lucy Irvine Prevention Specialist	Niagara, Brant, Haldimand, Norfolk
Lisa Doan** Prevention Specialist	Hamilton
TBD Prevention specialist	Chatham-Kent/Sarnia-Lambton Bilingual

Lisa (Hamilton) has completed orientation and is in the process of re-establishing pre-existing relationships in the Hamilton area and will look to establish new relationships. Hamilton Public Health was previously a strong partner and remains motivated to work together to support the community.

The EDO-P West team continues to take a team oriented, supportive approach while each working to support their unique sub-regions. They also remain highly motivated to support provincial needs when called upon.

Trainings delivered

*reduced outputs in December/ January due to holidays

1. **Foundational Training** – Full-day weight bias and weight stigma awareness
 - a. **January 29th** – training co-facilitated by West team to support province wide partners

Ongoing implementation support and partnerships

- Windsor-Essex – Continued implementation of Body Inclusive Schools pilot. Addition of Southwood Elementary School to previously trained GECDSD schools
- Wellington County – Wellington Catholic DSB and Upper Grand DSB continue to pursue board-wide implementation of Body Inclusive Schools, including 9 new schools at UGDSB

Public health units – ongoing relationships with 12 public health units

Post secondary institutions

- Western began delivery of EVERYbody project on campus, running three sessions in 2025 with plans to continue in the Winter semester
- Planning underway for two offerings of Foundational Training (Post-Secondary version) in early 2026 to capture increasing demand from West Region post secondary institutions.

Community mental health providers

- Continued partnership development with community mental health provider and connection to EDO offered clinical trainings.

Provincial resource development support

Members of the EDO-P West led or supported ongoing resource development on behalf of the provincial program during this period.

Planning began in the end of 2025 to enhance our resources and support for community based youth services and caregivers. This will include cross-province work to develop new resources and adapt existing ones. Members of the West team have already

5.2 Ontario Health/Partnership Updates

ONTARIO HEALTH

- Windsor Essex Ontario Health Team Partnership Meetings quarterly – next one scheduled for April 2026
- Intake and Assessment committee and Coordinated Access (a sub-committee of the Mental Health and Addiction table) and Data committee
- Reports for Q3 will be submitted by early Feb 2026
- 4% base funding confirmed by Ontario Health- EMBARGO for staff retention and inflation/cost of living
- Provincial Data Set (PDS) will be BANA's next undertaking
- Eating Disorder Service Mapping Day- Feb 27th 2026 in partnership with weCHC and WRH

6.0 Internal Financial Statement October 2025

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 10/31/2025			
Account Type	Description	Balance	
Asset	Petty Cash	100.00	
	Bank - Operating Motor City-Sub 1	213,954.28	
	Bank - Term D-GIC	40,382.24	
	Bank - Term D-Sub 19	44,754.67	
	Term Deposit-Sub 18	68,594.33	
	Share Account	100.00	
	Bank - Bingo	18,864.68	
	Grant Receivable	48,189.01	
	AR Current - Employee	-21.30	
	AR Current - Rebates GST Federal	3,098.45	
	AR Current - Rebates PST Provincial	8,133.93	
	Prepaid Expenses	9,792.41	
	Office Furniture & Equipment	124,154.47	
	Leasehold Improvements	<u>20,984.48</u>	
		Total Asset:	<u>\$601,081.65</u>
Liability	Accounts Payable –Current	6,366.92	
	Accrued Current Liab - Audit fees	2,667.00	
	Accrued Current Liability _RRSP Benefit	23,631.35	
	Due to Receiver General	24,839.12	
	Accrued Cur Liab - Salaries and Wages General	21,419.48	
	Accrued Health Tax	2,205.15	
	Deferred_YQG	6,877.84	
	Deferred_Staffing Resources	9,000.00	
	Deferred_MED	4,250.00	
	Deffered_Children's Fest	26,490.91	
	Deferred_Bingo	25,942.87	
	Deferred_Magazine	4,774.31	
	Deferred_Staff Development	14,300.00	
	Deferred_UWSA	1,000.00	
	Deferred Grant - EDO-G	130,129.02	
Deferred Capital	57,659.36		
Restricted Reserve Fund	<u>14,229.23</u>		
	Total Liability:	375,782.56	
Net Assets	Invested in Capital	145,138.95	
	Current Year Earnings for Period	47,104.21	
	Unrestricted Reserve Fund	<u>33,055.93</u>	
	Total Net Assets:	Total Net Assets:	225,299.09
		Total Liabilities and Net Asse	<u>\$601,081.65</u>

6.0 Internal Financial Statement October 2025

Bulimia Anorexia Nervosa Association						
Statement of Activities						
For the period ended October 31, 2025						
	<u>Current Month</u>			<u>Year to Date</u>		
Description	Actual	Budget	Variance	Actual	Budget	Variance
<u>Operating Income</u>						
Investment Revenue - Interest In	\$57	\$35	\$22	\$3,221	\$3,163	\$58
Funding - LHIN	42,052	42,052	\$0	294,369	294,369	\$0
Pay Master Ministry Of Health	23,416	23,416	\$0	163,912	163,912	\$0
Total Operating Income	\$65,525	\$65,503	\$22	461,502	461,444	\$58
<u>Operating Expense</u>						
ED_BANA S Salaries and rela	57,719	62,386	4,667	416,853	413,338	-3,515
Total Other Expenses	7,519	8,356	837	58,418	59,172	754
Total Operating Expenses	65,238	70,742	5,504	475,271	472,510	-2,761
Operating Surplus / (Deficit)	\$287	(\$5,239)	\$5,526	(\$13,769)	(\$11,066)	\$2,703
<u>Fund Raising, Grants, & Miscellaneous Net</u>						
Donations - Individual/Corporate	10,376	710	9,666	13,423	4,931	8,492
Other Revenue	250	167	83	10,570	1,165	9,405
Magazine Revenue	-137	0	-137	-277	0	-277
Income from FR/Donations/C	10,489	877	9,612	23,716	6,096	17,620
BANA Net -Surplus/ (Def	\$10,776	(\$4,362)	\$15,138	\$9,948	(\$4,970)	\$14,918
<u>Special Fundraising Programs</u>						
Bingo Income	1,526	0	1,526	14,927	0	14,927
Bingo Expense	500	0	-500	14,420	0	-14,420
Bingo Net Income	\$1,026	\$0	\$1,026	\$506	\$0	\$506
BANA Net S/D after Bingo	\$11,803	(\$4,362)	\$16,165	\$10,454	(\$4,970)	\$15,424
<u>Grants / IOP Funding</u>						
IOP Income	54,223	54,223	0	379,562	379,561	1
IOP Salaries & Related OH	49,410	49,645	235	306,057	299,532	-6,525
Total IOP other expenses	8,771	9,781	1,010	56,086	68,470	12,384
IOP Net -Surplus/ (Defici	(\$3,958)	(\$5,203)	\$1,245	\$17,419	\$11,559	\$5,860
EDO-P Prevention	48,189	0	48,189	379,252	0	379,252
EDO-P prevention Salaries & Re	45,702	0	-45,702	339,619	0	-339,619
EDO-P- Expense	2,487	0	-2,487	20,401	0	-20,401
EDO-P Net -Surplus/ (Def	\$0	\$0	\$0	19,231.09	\$0	\$19,231
Checking	\$7,844	(\$9,565)	(\$17,409)	47,104.21	\$6,589	(\$40,515)

6.0 Internal Financial Statement November 2025

<i>Bulimia Anorexia Nervosa Association</i>		
<i>Statement of Financial Position</i>		
As of 11/30/2025		
Account Type	Description	Balance
Asset	Petty Cash	100.00
	Bank - Operating Motor City-Sub 1	176,735.55
	Bank - Term D-GIC	40,382.24
	Bank - Term D-Sub 19	44,754.67
	Term Deposit-Sub 18	68,594.33
	Share Account	100.00
	Bank - Bingo	15,316.25
	Grant Receivable	98,566.15
	AR Current - Employee	-15.59
	AR Current - Rebates GST Federal	3,473.68
	AR Current - Rebates PST Provincial	9,119.16
	Prepaid Expenses	9,232.26
	Office Furniture & Equipment	124,154.47
	Leasehold Improvements	<u>20,984.48</u>
		Total Asset:
Liability	Accounts Payable –Current	3,844.35
	Accrued Current Liab - Audit fees	3,048.00
	Accrued Current Liability _RRSP Benefit	26,957.35
	Due to Receiver General	24,064.05
	Accrued Cur Liab - Salaries and Wages General	22,604.79
	Accrued Health Tax	-0.01
	Deferred_YQG	6,877.84
	Deferred_Staffing Resources	9,000.00
	Deferred_MED	4,250.00
	Deferred_Children's Fest	26,490.91
	Deferred_Bingo	25,942.87
	Deferred_Magazine	4,774.31
	Deferred_Staff Development	14,300.00
	Deferred_UWSA	1,000.00
	Deferred Grant - EDO-G	130,129.02
Deferred Capital	57,659.36	
Restricted Reserve Fund	<u>14,229.23</u>	
	Total Liability:	<u>375,172.07</u>
Net Assets	Invested in Capital	145,138.95
	Current Year Earnings for Period	58,130.70
	Unrestricted Reserve Fund	<u>33,055.93</u>
	Total Net Assets:	<u>236,325.58</u>
	Total Liabilities and Net Assets:	<u>\$611,497.65</u>

6.0 Internal Financial Statement November 2025

Bulimia Anorexia Nervosa Association						
Statement of Activities						
For the period ended November 30, 2025						
Description	<u>Current Month</u>			<u>Year to Date</u>		
	Actual	Budget	Variance	Actual	Budget	Variance
<u>Operating Income</u>						
Investment Revenue - Interest In	\$45	\$35	\$10	\$3,267	\$3,198	\$69
Funding - LHIN	42,052	42,052	\$0	336,421	336,421	\$0
Pay Master Ministry Of Health	23,416	23,416	\$0	187,328	187,328	\$0
Total Operating Income	\$65,513	\$65,503	\$10	527,016	526,947	\$69
<u>Operating Expense</u>						
ED_BANA S Salaries and rela	50,372	54,983	4,611	467,224	468,321	1,097
Total Other Expenses	8,123	8,356	233	66,541	67,528	987
Total Operating Expenses	58,494	63,339	4,845	533,765	535,849	2,084
Operating Surplus / (Deficit)	\$7,019	\$2,164	\$4,855	(\$6,750)	(\$8,902)	(\$2,152)
<u>Fund Raising, Grants, & Miscellaneous Net</u>						
Donations - Individual/Corporate	231	710	-479	13,654	5,641	8,013
Other Revenue	294	167	127	10,864	1,332	9,532
Magazine Revenue	0	0	0	-277	0	-277
Income from FR/Donations/C	525	877	-352	24,241	6,973	17,268
BANA Net -Surplus/ (Def	\$7,544	\$3,041	\$4,503	\$17,491	(\$1,929)	\$19,420
<u>Special Fundraising Programs</u>						
Bingo Income	2,393	0	2,393	17,320	0	17,320
Bingo Expense	5,619	0	-5,619	20,040	0	-20,040
Bingo Net Income	(\$3,226)	\$0	(\$3,226)	(\$2,720)	\$0	(\$2,720)
BANA Net S/D after Bingo	\$4,317	\$3,041	\$1,276	\$14,772	(\$1,929)	\$16,701
<u>Grants / IOP Funding</u>						
IOP Income	54,223	54,223	0	433,785	433,784	1
IOP Salaries & Related OH	43,272	43,742	470	349,329	343,274	-6,055
Total IOP other expenses	7,105	9,781	2,676	63,191	78,251	15,060
IOP Net -Surplus/ (Deficit)	\$3,846	\$700	\$3,146	\$21,265	\$12,259	\$9,006
EDO-P Prevention	50,377	0	50,377	429,629	0	429,629
EDO-P prevention Salaries & Re	45,937	0	-45,937	385,556	0	-385,556
EDO-P- Expense	1,577	0	-1,577	21,979	0	-21,979
EDO-P Net -Surplus/ (Def	\$2,863	\$0	\$2,863	22,094.17	\$0	\$22,094
Checking	\$11,026	\$3,741	(\$7,285)	58,130.70	\$10,330	(\$47,801)

6.0 Internal Financial Statement December 2025

Bulimia Anorexia Nervosa Association			
Statement of Financial Position			
As of 12/31/2025			
Account Type	Description	Balance	
Asset	Petty Cash	100.00	
	Bank - Operating Motor City-Sub 1	373,325.34	
	Bank - Term D-GIC	40,382.24	
	Bank - Term D-Sub 19	44,754.67	
	Term Deposit-Sub 18	68,594.33	
	Share Account	100.00	
	Bank - Bingo	16,343.17	
	AR Current - Employee	-37.22	
	AR Current - Rebates GST Federal	1,067.16	
	AR Current - Rebates PST Provincial	2,801.87	
	Prepaid Expenses	8,193.81	
	Office Furniture & Equipment	124,154.47	
	Leasehold Improvements	<u>20,984.48</u>	
		Total Asset:	<u>\$700,764.32</u>
Liability	Accounts Payable –Current	3,366.47	
	Accrued Current Liab - Audit fees	3,429.00	
	Accrued Current Liability _RRSP Benefit	33,523.62	
	Due to Receiver General	15,856.79	
	Accrued Cur Liab - Salaries and Wages General	34,681.49	
	Deferred_YQG	6,877.84	
	Deferred_Staffing Resources	9,000.00	
	Deferred_MED	4,250.00	
	Deferred_Children's Fest	26,490.91	
	Deferred_Bingo	25,942.87	
	Deferred_Magazine	4,774.31	
	Deferred_Staff Development	14,300.00	
	Deferred_UWSA	1,000.00	
	Deferred Grant - EDO-G	130,129.02	
	Deferred Capital	57,659.36	
Restricted Reserve Fund	<u>14,229.23</u>		
	Total Liability:	385,510.91	
Net Assets	Invested in Capital	145,138.95	
	Current Year Earnings for Period	137,058.53	
	Unrestricted Reserve Fund	<u>33,055.93</u>	
	Total Net Assets:	Total Net Assets:	315,253.41
		Total Liabilities and Net Assets:	<u>\$700,764.32</u>

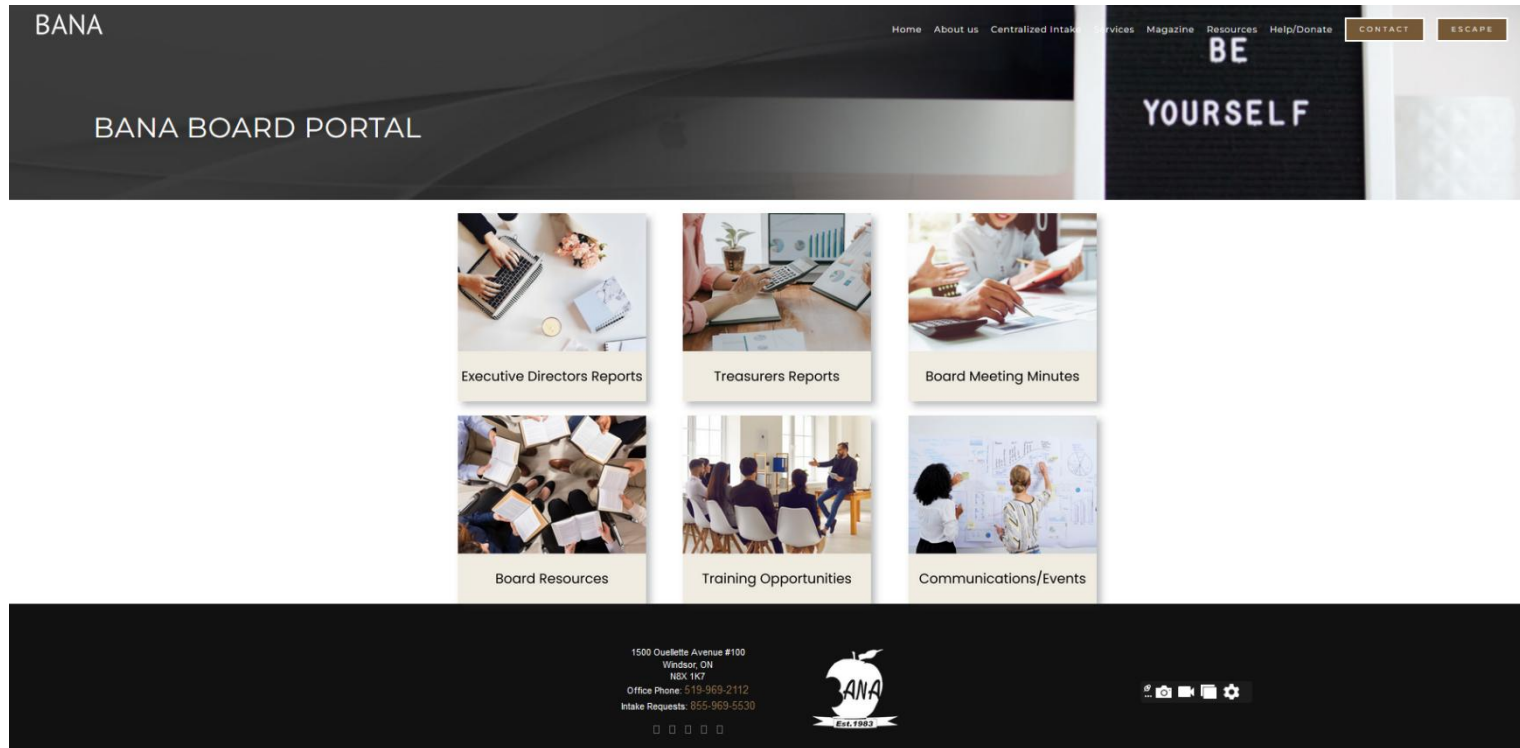
6.0 Internal Financial Statement December 2025

Bulimia Anorexia Nervosa Association **Statement of Activities**

For the period ended December 31, 2025

Description	<u>Current Month</u>			<u>Year to Date</u>		
	Actual	Budget	Variance	Actual	Budget	Variance
<u>Operating Income</u>						
Investment Revenue - Interest In	\$73	\$35	\$38	\$3,339	\$3,233	\$106
Funding - LHIN	42,052	42,052	\$0	378,473	378,473	\$0
Pay Master Ministry Of Health	23,416	23,416	\$0	210,744	210,744	\$0
Total Operating Income	\$65,541	\$65,503	\$38	592,556	592,450	\$106
<u>Operating Expense</u>						
ED_BANA S Salaries and rela	62,420	62,386	-34	529,645	530,707	1,062
Supplies - Office - General	291	722	431	5,590	6,833	1,243
Postage	58	8	-50	138	72	-66
Telephone	477	500	23	3,946	4,500	554
Staff Education	5,971	535	-5,436	11,902	5,148	-6,754
Travel Exp - Staff	327	375	48	3,633	3,375	-258
Bank charges	36	42	6	684	378	-306
Audit	381	381	0	3,429	3,430	1
MED - Physicians (Professionals	0	221	221	0	1,989	1,989
Promotion (Advertising)	100	0	-100	349	0	-349
Public Relations, Marketing	416	500	84	5,095	4,500	-595
Insurance	352	283	-69	2,800	2,551	-249
Volunteer Recognition	0	8	8	25	76	51
Equipment Maintenance - Extern	47	50	3	425	450	25
Lease Of Equipment	159	167	8	1,435	1,503	68
Computer & Software Maintenan	85	250	165	1,280	2,250	970
Building Maintenance	571	571	-0	5,141	5,142	1
Rent	3,743	3,743	0	33,684	33,687	3
Total Other Expenses	13,016	8,356	-4,660	79,556	75,884	-3,672
Total Operating Expenses	75,436	70,742	-4,694	609,201	606,591	-2,610
Operating Surplus / (Deficit)	(\$9,895)	(\$5,239)	(\$4,656)	(\$16,645)	(\$14,141)	\$2,504
<u>Fund Raising, Grants, & Miscellaneous Net</u>						
Donations - Individual/Corporate	721	710	11	14,375	6,351	8,024
Other Revenue	0	167	-167	10,864	1,499	9,365
Magazine Revenue	0	0	0	-277	0	-277
Income from FR/Donations/G	721	877	-156	24,962	7,850	17,112
BANA Net -Surplus/ (Def	(\$9,174)	(\$4,362)	(\$4,812)	\$8,317	(\$6,291)	\$14,608
<u>Special Fundraising Programs</u>						
Bingo Income	2,989	0	2,989	20,309	0	20,309
Bingo Expense	1,805	0	-1,805	21,845	0	-21,845
Bingo Net Income	\$1,184	\$0	\$1,184	(\$1,535)	\$0	(\$1,535)
BANA Net S/D after Bingo	(\$7,990)	(\$4,362)	(\$3,628)	\$6,782	(\$6,291)	\$13,073
<u>Grants / IOP Funding</u>						
IOP Income	54,223	54,223	0	488,008	488,007	1
IOP Salaries & Related OH	49,887	49,977	90	399,216	393,251	-5,965
Total IOP other expenses	7,164	9,781	2,617	70,355	88,032	17,677
IOP Net -Surplus/ (Defici	(\$2,828)	(\$5,535)	\$2,707	\$18,437	\$6,724	\$11,713
EDO-P Prevention	143,934	0	143,934	573,563	0	573,563
EDO-P prevention Salaries & Re	54,066	0	-54,066	439,622	0	-439,622
EDO-P. Expense	122	0	-122	22,101	0	-22,101
EDO-P Net -Surplus/ (Def	\$89,746	\$0	\$89,746	111,840.29	\$0	\$111,840
Checking	\$78,928	(\$9,897)	(\$88,825)	137,058.53	\$433	(\$136,626)

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BANA Board Meeting January 26, 2026

Agenda Item 7
New/Old Business

Agenda Item 8
Q&A

Agenda Item 9

***Meeting:
February 23, 2026***