

Bulimia Anorexia
Nervosa Association

2022-23 ANNUAL REPORT



www.bana.ca

Message from the Board President

BANA continues to be a high impact not-for-profit organization in our community that focuses on the physical and mental well being of each patient who enters our programs. The complex and mindful services BANA offers to our clients, along with the education delivered within our school systems and community, are leading the way for other like-minded organizations within our province. The strategic partnerships with organizations such as, but not limited to, Windsor Regional Hospital, local mental health care providers, HDGH - Regional Children's Centre, and the weCHC - Teen Health Centre, support BANA in providing vital treatment for eating disorders and prevention. BANA is proud to be part of the Windsor- Essex Ontario Health Team along with 45 other healthcare organizations providing services in urban and rural settings to over 425,000 Patients.



It has been a remarkable year of growth for BANA. The need for our services has significantly grown over the past few years within the Windsor Essex Community. In response to an increase demand in services, we have grown our staffing, strategic partnerships, and physical treatment space to service and support a larger cliental; while consistently reducing ongoing patient waitlists. The BANA staff has done an exceptional job in expanding our services in both critical and complex care and prevention.

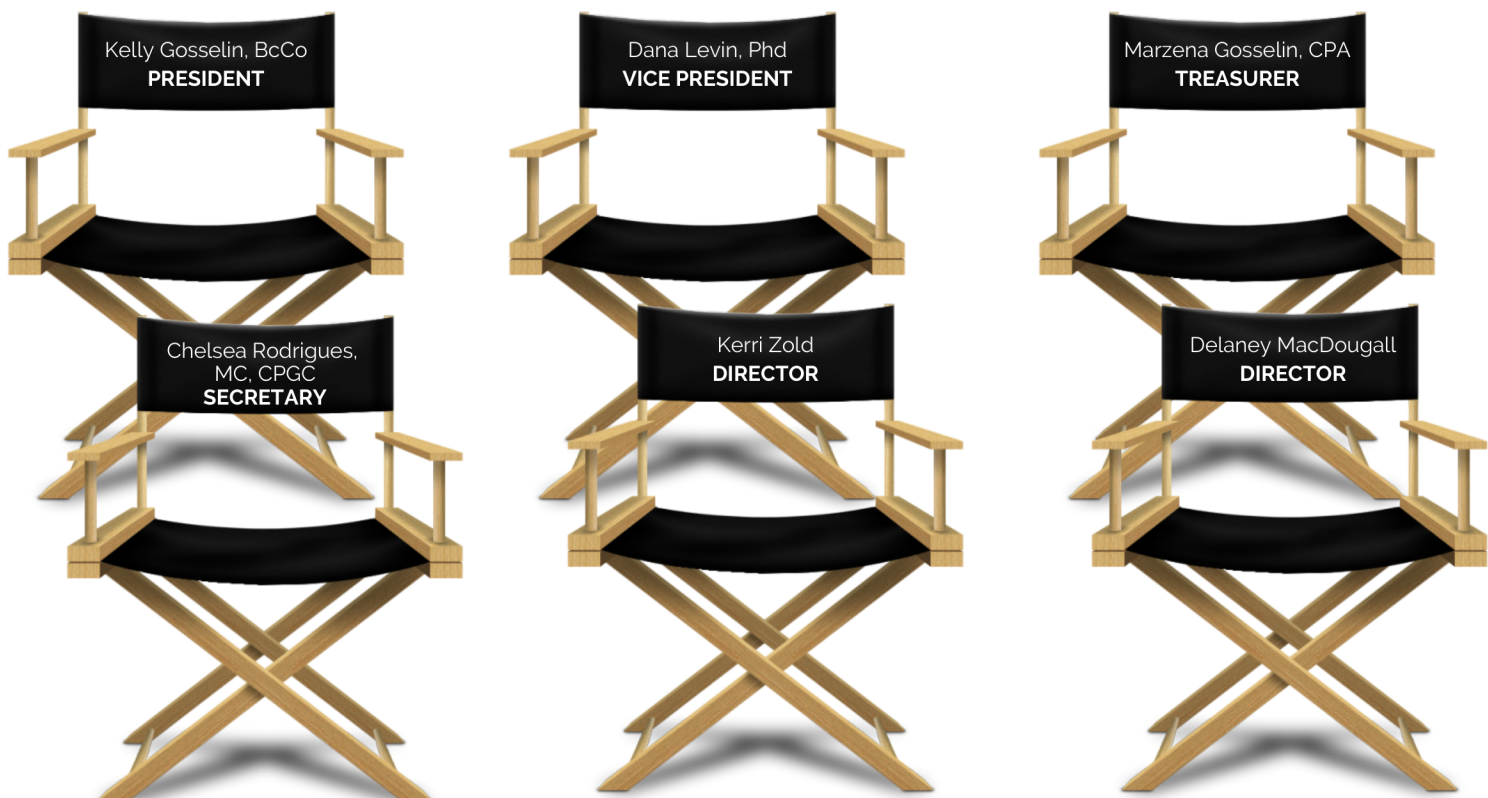
Throughout this report, please take note of all the many meaningful community-centered awareness efforts that BANA has led and participated in. To all BANA staff members who provide in-house counselling programs, or who are involved in our community education and awareness outreach efforts, we are truly grateful for your relentless dedication, professionalism, compassion, and expertise. I would also like to extend my sincere appreciation to the BANA Board of Directors and our partners both locally and provincially, for your continued support, affiliation, and dedication to BANA.

It has been my pleasure to serve as President of the BANA Board of Directors. As we move towards our 40th year anniversary, I warmly welcome you to take part in our celebration events throughout the year. There will be many ways you can celebrate BANA this year with in-person activities or through fun social media campaigns. Perhaps you may consider celebrating BANA's 40th anniversary with a meaningful donation to our programs, or through a legacy gift to support the future of the organization for years to come.

On behalf of the Board of Directors, we genuinely thank all our supporters, health care partners and the Windsor-Essex County community for their continued partnership and encouragement.

Warmest Regards,
Kelly Gosselin, President BANA Board of Directors

Meet our 2022-23 Board of Directors



Message from the Executive Director

This year marks the Bulimia Anorexia Nervosa Association's (BANA) 40th year of service. In 1983 a group of concerned parents and community members founded an organization which would positively impact the lives of thousands of people in our community for years to come. This milestone anniversary presents a unique occasion for BANA to celebrate its history of extraordinary service delivery, growth, compassion and dedication in our region.

Welcome to our 2022/23 Annual Report – in which we seize the opportunity to share the highlights of the year with you. We are truly fortunate to be guided by our mission, vision and values, as each working day provides us with opportunities to positively contribute to our community. As I look back at the past year, there is one word that comes to mind-recovery. We have learned that human interactions are extremely important; technology is invaluable and that balance, in every respect of our lives, is vital.



At BANA, our success lies in our team. We are fortunate to have a strong and vibrant Board of Directors led by our President, Kelly Gosselin, that provides outstanding leadership. Each board member brings their unique skills and backgrounds to the table to lead this organization into the future. Our staff have worked tirelessly to raise the voice and profile of our organization in our community and beyond over this past year. Personally, I am truly humbled to lead the BANA team, which is comprised of incredibly talented and dedicated individuals. I would like to thank our staff for coming to work each day with a passion and commitment that most workplaces do not have the privilege of experiencing. Finally, our team of volunteers are a fundamental part of the organization that helps move our mission forward. Together, truly anything is possible.

Our organization is one of the many essential touch points in our community. The support of our partners has allowed us to expand our outreach beyond what would have been possible alone. Part of our outreach this year included the BANA Be Yourself Mental Health & Wellness Magazine, which continues to reach individuals globally. The magazine serves as a vehicle to educate, support, and create awareness for our community. We incorporate the client voice in every quarterly issue, reading their stories through their lived experience have been profound and meaningful beyond words. BANA in partnership with Rotary (1918) hosted the Children's Fest event with record-breaking attendance and revenue after a 2 year hiatus (due to Covid-19).

The Activity Book was created in both French and English, and was distributed to over 33,000 students in all four local school boards. In February, as part of our annual Eating Disorder Awareness Week (EDAW), BANA once again returned to in-person booths in the community. The Health Promotion team developed a fantastic and interactive campaign that ran both in-person and virtually. The Health Promotion team also returned to in-person activities delivering close to 400 presentations to 14,000 participants this year.

Our clinical team has continued to innovate and expand over the past year. Eating Disorders Ontario-Prevention identified BANA as the Host Organization for the Ontario West Region. In addition, BANA hired the first Prevention Lead in the province and will continue to add Prevention Specialists in this upcoming fiscal year. Our clinical team attended several training and education sessions to enhance their skills and continue to provide the best evidence-based treatment. BANA's intakes and clinical statistics reached a record high this year, and credit is given to the staff for working tirelessly through this influx.

After much planning and anticipation, we were thrilled to launch the newly funded Windsor-Essex Intensive Outpatient Program (IOP) for Eating Disorders on May 2, 2022 (www.bana.ca/weiop) in partnership with Windsor-Essex Community Health Centre- Teen Health and Windsor Regional Hospital. We are delighted to welcome new members to our BANA team while creating new formal partnerships with local partners to continue to meet the needs of our community. Most recently, we acquired additional space at BANA to be able to provide in person groups, meal support and a meeting area for the IOP staff.

We are proud of the achievements highlighted in this report and invite you to browse through the pages. We look forward to continuing our work with our board, staff, students, volunteers, stakeholders, funders, donors, and community partners. Together, we will eliminate the stigma around Eating Disorders (Mental Health) through open dialogue and increased awareness, nurturing current partnerships and exploring future collaborations with community agencies to meet the diverse needs of our region. In an increasingly complex society, building connections and collaborative relationships are crucial in addressing Eating Disorders.

No single answer or approach can bring about the necessary change. But by working together, we can develop client-centered programs that involve those with lived experience to plan and shape the future. In the coming year, we will maintain this momentum and embrace new approaches and techniques, aligning with our mission and vision to deliver comprehensive care. As you read this annual report, we hope it reminds you of our recent successes and inspires you, envisioning the mission of BANA moving forward.

Luciana Rosu-Sieza, Executive Director



Est. 1983

Meet Team BANA

**Luciana
Rosu-Sieza**
Executive
Director

**Leta
Marchand**
Manager of
Clinical Services

**Sara
Dalrymple**
Social
Worker

**Rose
Verzosa**
Clinical
Intake
Worker

**Heather
LeBlanc**
Social
Worker
(Francophone)

**Kayla
Cheeseman**
Social
Worker

**Nicole
Boulanger**
Registered
Dietitian
(Francophone)

**Kia
Peters**
Registered
Dietitian

**Shaina
Thompson**
Social
Worker

**Barb
Trojniak**
Nurse
Practitioner

**Elena
Colautti**
Medical
Secretary

**Marisa
Casey**
Health
Educator

**Alexis
Sauls Ramos**
EDO Prevention
Team Lead

**Chandima
Weeratunga**
Finance

**Patrick
Kelly**
Public Relations
& Comm. Lead

**Dana
Dupuis**
Clinical
Intake Worker
Departed Oct. 2022

**Jade
Piper**
Social
Worker
Departed March 2023

**Stephani
Fenkanyn**
Health
Educator
Departed May 2023

IN OTHER NEWS....

French Language Services

BANA has remained committed to enhancing our French Language Services. In recent years we have conducted services using francophone staff, offered francophone health promotion presentations, and actively recruited within the francophone community for employment opportunities. One of our Social Workers also completed the advanced French Language Training Program through L'Accueil francophone de Thunder Bay. In addition, we created and provided over 12,000 French copies of our Children's Fest Activity book through all four local school boards. As we complete the 2022-23 year, 31% of our staff and 17% of our board have French language competencies.

Gord Smith Healthy Workplace Awards

The CMHA Working Toward Wellness (WTW) Workplace Wellness Committee are an annual recognition program for local employers that provide comprehensive workplace wellness programs for the benefit of their employees. Award recipients must demonstrate a strong commitment towards improving health by promoting and supporting a comprehensive approach to wellness programming for employees, and ideally, for family members and retirees. BANA is proud to report that we received the Gold Standard Award and have been recognized for 5 straight years.



Eating Disorders Ontario

Having been involved as a pilot organization since day one, in 2022 BANA was officially named as the Eating Disorders Ontario - Prevention (EDO-P) host organization for the Ontario Health West Region, the first of 6 host organizations across the province.

EDO-P is an Ontario Health funded provincial strategy for eating disorder prevention. It is evidence based, guided by experts across many fields, and takes a whole-community approach to eating disorder prevention and health promotion. Through EDO-P we are engaged with many different stakeholders, including public health, schools, mental health services, primary care, and others to support this work.

BANA has been a leader in this strategy, hiring the first prevention specialist and prevention regional lead in the province and has been closely involved in the build and development phase.

In the year ahead we will be expanding across the West region, hiring an additional 5 staff to carry out this work in their own communities as guided by the team at BANA and EDO-P.

BANA is proud to partner with many local and regional organizations including:

University of Windsor Faculty of Nursing
St. Clair College of Arts and Media
Windsor Essex Communities Ontario in motion
Worldwide Charter for Action on Eating Disorders
HDGH Withdrawal Management Services
Community Partners for Multicultural Health
Windsor Pride Fest
Ontario Non-Profit Network
College Boreal
Rotary Club of Windsor - WIDE
Academy for Eating Disorders
University of Windsor School of Social Work
Service Alliance For Equality (SAFE)
Eating Disorders Ontario
Leadership Windsor Essex
Rotary Club of Windsor (1918)
National Eating Disorder Information Centre

weCHC - Teen Health
HDGH Problem Gambling & Digital Dependency Services
City of Windsor Parks and Recreation
Windsor Public Library
Mental Health Connections
New Canadian Centre for Excellence
Windsor Essex Association for Volunteer Administration
Windsor Regional Hospital
Brentwood Recovery Home
Leadership for the Advancement of Women in Sport
Providers of Addiction Treatment of Windsor-Essex
Windsor Essex Catholic District School Board
Sandwich Teen Action Group (STAG)
Multicultural Council of Windsor-Essex
Conseil Scolaire Viamonde
New Beginnings Child and Youth Services
University of Windsor Health Services
Windsor Express

HDGH Regional Children's Centre
Windsor Essex Community Foundation
Girl Guides of Canada
University of Windsor Faculty of Education
Greater Essex County District School Board
University of Windsor Psychology Department
Windsor Essex County Health Unit
The Conseil Scolaire Catholique Providence
Sexual Assault Crisis Centre
Ontario Addiction Treatment Centres
CMHA Windsor Essex County
Transitional Stability Centre
Family Services Windsor Essex
Scouts Canada
University of Windsor Department of Kinesiology
Windsor Essex Children's Aid Society
House of Sophrosyne

2022-23 HEALTH PROMOTION AND EDUCATION SERVICES

Over the course of the last fiscal year the Health Promotion Team has pivoted once again and are happy to report we have seen a full return to in-person presentations!

We continue to have longstanding partnerships with the GECDsB, the WECDsB, CSC Providence and several community groups. The topics we cover include: self-esteem, body image, media & social media, body based harassment, nutrition and physical activity.

Additionally, we've enjoyed re-connecting with post-secondary institutions and have taken part in several on campus events at both the University of Windsor and St. Clair College.

Being together in the same physical setting allowed for more natural connections and led to organic discussions in community settings such as the Youth Wellness Hub Windsor-Essex, Youth Diversion, and Residential Treatment Program for Problem Gambling/Digital Dependency just to name a few.

We are excited for what is ahead and are pleased to share a few highlights from our year!



Health Promotion Services 2022-2023

377 PRESENTATIONS	13,856 PARTICIPANTS	17 HEALTH FAIRS
41 Be Yourself's Puppet Show	61 VOLUNTEERS	314 VOLUNTEER HOURS
148 Self-Esteem & Body Image	<i>Note: 97 of the total 275 presentations were completed virtually. The remainder were completed in person.</i>	
58 Sizing Up the Media		
129 BANA Informational & Educational Presentations		
1 Foundational Trainings		



BANA Health Promotion Supports the Windsor-Essex Intensive Outpatient Program (WEIOP)

Our Health Promotion team has developed a unique presentation "You are What You Click" which is offered each cycle to participants of the Windsor-Essex Intensive Outpatient Program (WEIOP). Within the presentation participants examine ideas around social media use and become more informed users of social media.

Special focus on the media and advertising tactics are explored - which we know have a big influence on body image and the way we think and feel about our bodies. Participants are left with a set of tools to help make their social media space more positive and a healthy place to engage with.

BANA Be Yourself Magazine

The magazine was originally launched in 2020 as a vehicle for clinicians, educators and those across the Mental Health field to reach our community and beyond with a of variety resources for wellness, awareness and support. We continue to publish quarterly issues which are available for free both online at www.bana.ca/magazine or in print at over 2 dozen health and wellness partner locations across Windsor-Essex.

If you or your organization is interested in writing for or advertising in this publication, please email our editor at patrick@bana.ca.



Eating Disorders Awareness Week 2023

During the week of February 1st-7th BANA was active at various locations within Windsor-Essex to help spread awareness, educate the public and inspire others to act in supporting those impacted by eating disorders. Below are a few highlights from EDAW 2023!

Yoga class

On February 5th, BANA teamed up with lululemon and Sage Wellness at Devonshire Mall for Sunday morning yoga. This free class was open to all and allowed an opportunity to practice joyful movement while connecting with others. Those in attendance received a special BANA wag bag and were led through their practice by Dr. Son Nguyen.

Treat yourself and support eating disorder services

We are so thankful to Auntie Aldoo's Kitchen in Cottam who donated the proceeds of their delicious pop tarts sold during the week of EDAW to BANA.

Be Yourself Podcast

BANA Health Educator and Podcast host, Stephani, was joined by Chloë Grande for a special EDAW episode. Chloë is a communications specialist turned eating disorder recovery writer, speaker and blogger. She began blogging about her eating disorder recovery to help create a sense of community for other eating disorder survivors. On the Podcast Chloë spoke candidly about her experience and what recovery can look like for someone experiencing an eating disorder. Learn more about how to list to our podcast here: <https://bana.ca/podcast>

Social Media Education and a Special Giveaway!

Ditch diet culture! BANA ran a special giveaway on our Instagram account for those who shared their New Year's resolutions that have nothing to do with changing their body. Prizes provided supported five local businesses!

Live on Instagram

BANA Health Educator, Marisa, was joined by Ary Maharaj, National Eating Disorder Information Centre's (NEDIC) Outreach & Education Coordinator. Ary shared his specialized knowledge garnered through years of providing support via the NEDIC helpline and being a practicing Psychotherapist. NEDIC operates Canada's only national toll-free helpline focusing on supporting individuals affected by eating disorders. Marisa and Ary discussed: Barriers or common reasons that delay help seeking, what therapy might look like, is it possible to recover from an ED?, and what recovery looks like?

Our community lit up purple in support of Eating Disorders!

We are grateful for the support of the City of Windsor and Caesars Windsor both of which lit up purple for EDAW 2023! Municipal recognition through the lighting of major landmarks helps to affirm the experiences of those with a friend, family member, or important person in their life who is dealing with this life-threatening mental illness. These light ups draw attention to the need for eating disorder prevention, research, treatment, and resources.



**EDAW
2023**





2022-23 CLINICAL SERVICES

Intake Services

BANA serves as the Regional Centralized Intake Service for eating disorders at all ages. This service provides the first point of contact for those seeking support and treatment, and referral to the appropriate resources within the community.

Outpatient Services

BANA's Outpatient Clinical Services offer specialized eating disorder assessment, diagnosis, and outpatient, specialized eating disorder treatment for adults, aged 20 and older. Youth seeking treatment will be directed through our intake process to services at our community partner weCHC-Teen Health.

Intensive Outpatient Services

On May 2nd, 2022 the Windsor Essex Eating Disorder Intensive Outpatient Program officially opened its doors. This program is a partnership between Windsor Regional Hospital, Windsor Essex Community Health Centre-Teen Health Centre, and BANA. Together in partnership we provide treatment services for individuals aged 16 years and older who are struggling with an eating disorder and who have not benefited from less intensive treatment. We have learned a great deal during our first year of operations. We thank all of the individuals who we had the honour to work with for their participation, their feedback and their dedication to their own wellness and recovery journey. They are all exceptional individuals. We look forward to continued growth, learning and partnership. In March 2023, we acquired additional office space which will allow the program to move to in-person services for 2023-24

We would also like to celebrate the growth of our program and the addition of a Nurse Practitioner, RSW, RD, and Medical Secretary.

Clinical Services Snapshot 2022-2023

Intake Services

Individuals served by the intake process:	536
Adult:	253
Youth:	208
Undisclosed:	75

Specialized Diagnostic Assessments:	126
Total Intake Interactions:	2910

WEIOP Services

Individuals served by WEIOP process:	50
Total Clinical Outpatient Interactions:	5784

Total sessions of Professional Clinical Consultation:	18
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Clinical Outpatient Services

Individuals served by the Outpatient process:	418
Total Clinical Outpatient Interactions:	4552

Total sessions of Professional Clinical Consultation:	30
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Organization-Wide

TOTAL individuals served by Clinical Team:	959
Total Clinical Team Interactions:	10,316

INTRODUCTION TO ARFID

Avoidant Restrictive Food Intake Disorder (ARFID) made its appearance in the DSM-IV in 2013. This is a newer diagnosis and much remains to be learned about its cause, prevalence and how it is distinct from other more well-known eating disorders. The BANA clinical team has dedicated time this past year to learning about ARFID, specifically looking at how to thoroughly assess, diagnose and treat this disorder.

Please take a look at some of the infographics developed by BANA social worker Sara Dalrymple to help educate others:

DSM-5 Criteria for Avoidant/Restrictive Food Intake Disorder (ARFID)

An eating or feeding disturbance, manifested by persistent failure to meet appropriate nutritional/energy needs, associated with one (or more) of the following:

- ① Significant weight loss (or failure to achieve expected weight gain/faltering growth in children)
- ② Significant nutritional deficiency
- ③ Dependence on enteral feeding (intake via the G.I. tract, or oral nutritional supplements)
- ④ Marked interference with psychosocial functioning

The disturbance is not better explained by lack of available food, or by an associated culturally sanctioned practice

The eating disturbance does not occur during the course of Anorexia or Bulimia Nervosa, and there is no evidence of a disturbance in the way in which one's body weight/shape is experienced

The eating disturbance is not attributable to a medical condition, or better explained by another mental disorder



P: (519) 969-2112
E: info@bana.ca
F: (519) 969-0227
www.bana.ca



3 ARFID Presentations

Sensory Sensitivity

Avoid certain types of food due to sensory features. May be sensitive to smells, textures or appearance and color.

Fear of Aversive Consequences

Fear or attempt to avoid negative outcomes from food, such as: choking, nausea, vomiting, GI symptoms, or pain.

Lack of Interest in Food or Eating

Show little-to-no interest in food. May forget to eat, have a low appetite, exhibit extreme pickiness, or regularly get distracted during mealtime.

Suspect your
patient has ARFID?
Refer them at:
www.bana.ca/intake-services



P: (519) 969-2112
E: info@bana.ca
F: (519) 969-0227
www.bana.ca

Stay Tuned: Based on community interest, BANA is currently pursuing opportunities to provide Cognitive Behavior Therapy for ARFID (CBT-AR).

2022-23 TREASURERS REPORT

It is my privilege to serve my first year as the Treasurer for BANA. I would like to thank the Board for their on-going support and trust in this new role. It has been incredible to witness all the important work BANA does in the community and the new programs they have taken on.

I invite you to review the audited Statement of Financial Position and the Statement of General Fund Operations and Fund Balance for year ended March 31, 2023. BANA ended the fiscal year with an overall surplus of \$126. Given the challenges of inflation this past year, the organization has done a great job navigating their expenditures in this tough environment.

In partnership with the Rotary Club of Windsor (1918), BANA was able to continue with organizing and hosting the annual Children's Fest after a two-year hiatus due to the COVID pandemic. This event generated fundraising income that is used to support community health and education projects. It helped fill in the gap from government funding.

I want to take the opportunity to thank the incredible staff at BANA for all their hard work and dedication to the organization and community. I am proud to be a part of your story and am looking forward to seeing what you will accomplish this year.

Marzena Gosselin, CPA

Bulimia Anorexia Nervosa Association - Can-Am

Statement of Financial Position

March 31, 2023

	2023	2022
Assets		
Current		
Cash and term deposits	\$ 295,841	\$ 226,710
Accounts receivable	3,946	3,878
Grant revenue receivable (Note 4)	20,296	39,251
HST recoverable	18,831	10,570
Prepaid	11,851	9,681
	<u>350,765</u>	<u>290,090</u>
Capital (Note 2)		
Furniture and equipment	88,930	88,930
Computer equipment	35,224	35,224
Leasehold improvement	20,985	20,985
	<u>145,139</u>	<u>145,139</u>
	<u>\$ 495,904</u>	<u>\$ 435,229</u>
Liabilities and fund balances		
Current		
Accounts payable and accrued liabilities	\$ 91,869	\$ 109,240
Deferred revenue	154,199	76,279
	<u>246,068</u>	<u>185,519</u>
Fund balances		
General fund	32,808	32,682
Capital reserve fund (Note 2)	71,889	71,889
Equity in capital assets (Note 2)	145,139	145,139
	<u>249,836</u>	<u>249,710</u>
	<u>\$ 495,904</u>	<u>\$ 435,229</u>

Bulimia Anorexia Nervosa Association - Can-Am

Statement of General Fund Operations and Fund Balance

Year ended March 31, 2023

	Community Mental Health 2023	Institutional Health 2023	Other Revenue 2023	UHN Grant 2023	IOP Grant 2023	Total 2023	Total 2022
Revenue							
Program funding (Note 7)	\$ 480,528	\$ 280,992	\$ -	\$ -	\$ -	\$ 761,520	\$ 761,521
Donations and memberships	-	-	3,482	-	-	3,482	18,432
Renovation and one-time	82,500	-	-	-	-	82,500	-
Other income	-	-	6,171	-	-	6,171	7,342
Fundraising revenue	-	-	54,913	-	-	54,913	22,092
Grant revenue (Note 4)	-	-	20,000	110,740	615,269	746,009	224,639
	<u>563,028</u>	<u>280,992</u>	<u>84,566</u>	<u>110,740</u>	<u>615,269</u>	<u>1,654,595</u>	<u>1,034,026</u>
Expenses							
Insurance	3,209	-	-	-	-	3,209	3,102
Advertising and promotion	-	6,373	12,969	-	-	19,342	4,940
Professional fees	-	9,285	-	-	22,133	31,418	22,488
Wages and benefits	434,728	225,890	-	89,152	517,769	1,267,539	820,301
Office equipment/supplies	7,500	20,925	2,709	-	20,809	51,943	10,608
Computer maintenance	-	6,722	12,244	-	3,405	22,371	15,049
Telephone	-	3,673	-	-	-	3,673	4,110
Rent and other occupancy	42,591	-	-	-	13,698	56,289	49,235
Staff education & training	-	5,385	11,218	16,248	19,603	52,454	6,337
Renovation expenses	75,000	-	-	5,340	17,852	98,192	6,790
Travel	-	2,739	3,356	-	-	6,095	338
Fundraising expenses	-	-	41,944	-	-	41,944	22,092
Grant expenses	-	-	-	-	-	-	68,398
	<u>563,028</u>	<u>280,992</u>	<u>84,440</u>	<u>110,740</u>	<u>615,269</u>	<u>1,654,469</u>	<u>1,033,788</u>
Excess of revenue over expenses for the year	-	-	126	-	-	126	238
Fund balance beginning of year	-	-	32,682	-	-	32,682	32,444
Fund balance, end of year	\$ -	\$ -	\$ 32,808	\$ -	\$ -	\$ 32,808	\$ 32,682

Approved on behalf of the Board of Directors:
Bulimia Anorexia Nervosa Association - Can-Am

Kelly Bouché Director *M. Gosselin* Director

See accompanying Notes to the Financial Statements

This independent auditors review was conducted by the firm of Melo LLP.

The enclosed statements of the Bulimia Anorexia Nervosa Association CAN-AM reflect the financial position as of March 31, 2023, and the statement of general fund operations and fund balance for the year end.

A complete Financial Statement and Auditor's Report are available through BANA

NOTE: At the 2021-22 BANA AGM the firm of Gordon B Lee was selected as auditors for this fiscal year. During that period they merged with Melo LPP and continued to serve their term as auditors.



Each year, BANA takes a look at those in our community who are making a difference and whom demonstrate a commitment to the enhancement of healthy lifestyles in the truest spirit of our mission and vision.

Please join us in recognizing the following outstanding agencies and individuals as our 2022-23 Community Health Promotion Award recipients.

Outstanding Business
Auntie Aldoo's Kitchen

Outstanding Community Non-Profit
Windsor Regional Hospital

Outstanding Individual
Ryan Essery

Outstanding Volunteer
Nour Akil

Moriarty Leadership Award
Jean Laforge

BANA SLATE OF BOARD DIRECTORS 2023-24



President
Kelly Gosselin
2018-2024



Vice President
Dana S. Levin
2016-2024



Treasurer
Marzena Gosselin
2022-2025



Secretary
Chelsea Rodrigues
2017-2024



Director
Kerri Zold
2017-2024



Director
Delaney MacDougall
2022-2025



Director
Maria Charles
2023-2026



Be A Difference Maker

You Can Support BANA Today!



VOLUNTEER

BANA makes a difference in our community by being seen. Help us break down stigmas and teach others how to "Be Yourself". Volunteer on team BANA today. Fill out your application at bana.ca/bana-volunteer-form



JOIN OUR BOARD

BANA is seeking expressions of interest from individuals who would like to join the Board of Directors to assist in advancing the mission and vision of the organization as a governance volunteer for a three-year term.

Board meetings take place monthly from September to June. Please forward your resume and cover letter to info@bana.ca to be considered.



DONATE

Make a donation to BANA today by contacting us at 519.969.2112 or visiting our website at www.bana.ca/get-involved-donate

Your donation supports the prevention, education, early intervention and treatment in our community.

A Very Special Thank You...

BANA would like to acknowledge support from the following:

Ontario Health

Windsor-Essex Ontario Health Team

Eating Disorders Ontario

Paradise Charitable Gaming Association

...and a special thank you to our members of BANA including our clients, board, staff and volunteers.

Bulimia Anorexia Nervosa Association (BANA)
1500 Ouellette Ave, Suite 100, Windsor, Ontario, N8X 1K7
www.bana.ca | Toll free: 855.969.5530 | 519.969.2112