

Bulimia Anorexia Nervosa Association

2021-2022 Annual Report



... The Future Is In Our Hands ...

Message from the Board President

BANA continues to be a celebrated organization in the Windsor-Essex County community and provides highly specialized treatment programs, education, and support services to individuals affected directly or indirectly by complex eating disorders.

It has been a remarkable year of growth for our organization. We have had the opportunity to deepen our community health partnerships and alliances, while establishing new partnerships both in our community and down the 401. The need for our BANA services has greatly grown over the past few years within the Windsor Essex community. The BANA staff has done an exceptional job in expanding our services and providing the critical and complex care that our clients require. New members have been added to our highly educated and trained team of professionals, and our organization is creating a larger impact than it has ever had the ability to do in its history.

Throughout this report, please take note of all the many meaningful community-centered awareness efforts that the BANA organization has participated in, and guided. BANA strategic outreaches have influenced thousands of our community members, and have created direct lines for those who have been impacted by the difficulties of a lifelong eating disorder. To all BANA staff members who provide in-house counselling programs, or who are involved in our community education and awareness outreach efforts; we are truly grateful for the relentless dedication, professionalism, compassion, and expertise you bring to our clients and community every day.

It has been my pleasure to serve as President of the BANA Board of Directors. BANA continues to be a leader in the not-for-profit sector. We are making a difference in our community by being seen; breaking down stigmas, and by teaching others how to "BE YOURSELF". Thank you as well to my fellow Board of Directors for your volunteerism, professionalism, and leadership within the organization.

On behalf of the Board of Directors, we genuinely thank all our supporters, health care partners, and the Windsor-Essex County Community for their continued partnership and support.

Warmest Regards,

Kelly Gosselin, President BANA Board of Directors



Meet our 2021-2022 Board of Directors

Kelly Gosselin, BACo
PRESIDENT

Dana Levin, Phd
VICE-PRESIDENT

Anna Levonyan, CPA, CMA, EA
TREASURER

Chelsea Rodrigues, MA, CPGC
SECRETARY

Kerri Zold, MBA, CHRL
DIRECTOR

Rita Azar, CPA, CGA
DIRECTOR

Delaney MacDougall
DIRECTOR

Marzena Gosselin, CPA
DIRECTOR

Dana Levin, Phd
VICE-PRESIDENT





Message from the Executive Director

Four words I would use to describe these past couple of years-

Unprecedented. Resilient. Pivot. Hopeful.

It is with great pride that I report that this year, BANA advanced forward through change and progress including many accomplishments, adjustments and opportunities. It gives me great pleasure to welcome you all to this year's Annual General Meeting, celebrating not only our 2021/2022 accomplishments but also 39 years of service in our community.

Looking back at this past fiscal year, we reflect on the pivoting that we had to do as an organization in order to be able to continue to serve our clients and our community in the best possible way. While these months were certainly trying in many ways, it also demonstrated how resilient we are as an organization – even in the most challenging of times. These were exceptional moments, weeks and months as we faced this pandemic together, and I feel proud of each one of our board members, staff and volunteers for their endless contributions.

Our organization is one touchpoint in our community. Without the collective support of our partners behind us; none of our work would be possible. Part of our outreach this year included the BANA Be Yourself Mental Health & Wellness Magazine. The magazine serves as a vehicle to educate, create awareness and support for our community. The reach was unimaginable with writers from five different countries and circulation to over 40 countries. We incorporate the client voice in every quarterly issue. Reading their stories through their lived experience has been profound and meaningful beyond words. BANA in partnership with Rotary (1918) created an activity book in both French and English which was distributed to over 33,000 students in all four school boards. In February, as part of our annual Eating Disorder Awareness Week (EDAW) BANA took to a virtual campaign, which reached thousands of people.

Our staff participated in several initiatives including, the Excellence through Quality Improvement project, specifically aiming at reducing client wait-times, several clinical, finance and health promotion trainings. We also partnered on the Eating Disorders Ontario Prevention (EDO-P) program, where as one of four regional pilot leads, BANA hired the first Prevention Specialist in the province. After much planning, we were thrilled to launch the newly funded Windsor-Essex Intensive Outpatient Program for Eating Disorders (www.bana.ca/weiop) in partnership with Windsor-Essex Community Health Centre-Teen Health and Windsor Regional Hospital. We are excited to welcome new members to our BANA team while creating new formal partnerships to continue meeting the needs of our community.

I want to thank our funders, partners and stakeholders for their continued confidence in us. My sincerest thank you to our board and staff for their commitment and adaptability to embrace new ways of working while providing ongoing support. I cannot fully express the gratitude I have for our amazing team; none of this would be possible without you. In the face of adversity and many challenges, mental health professionals across our community responded and, acting selflessly, continued to deliver care to their clients.

These past 2 years have taught us how to work in a different way. We learned how to work virtually with enhanced flexibility, creativity and open minds. In the coming year, we will continue this momentum and welcome new approaches and techniques. This innovative way of thinking embodies our mission and vision, as we continue to lead the way in delivering comprehensive care. As you read this annual report, we hope it will remind you of our recent successes and energize you for the future as you envision our mission of BANA moving forward.

We are also grateful for the leadership and efforts of our board, staff, public health agencies, healthcare workers and government officials over this past year, many of whom are acknowledged in this report. On behalf of the BANA team, we thank you for your continued support and wish you good health and wellness as we move into recovery together.

Best Wishes,
Luciana Rosu-Sieza, Executive Director, BANA



Meet The 2021-2022 BANA Team

Luciana Rosu-Sieza
BA. Hon. Psych.
Executive Director

Leta Marchand
BSW. RSW.
Clinical Manager

Dana Dupuis
BA. B-MSW. RSW.
Clinical Intake Specialist

Sara Dalrymple
BA Psych. MSW. RSW.
Social Worker

Erin Flannery
MSc. MSW. RSW.
Social Worker

Lori Market
CTP. MSW. RSW.
Social Worker

Jade Piper
MSW. RSW.
Social Worker

Nicole Boulanger
RD
Health Educator
Francophone

Rose Verzosa
BA. B-MSW. RSW.
Clinical Intake Specialist

Stephani Fenkany
CNP. MSC. (OT)
Health Educator
Francophone

Marisa Casey
BA. BEd. M.C.I.Sc.
Health Educator

Alexis Sauls Ramos
MSW. RSW.
Eating Disorder
Prevention Specialist

Patrick Kelly
Advertising-Business
Communications &
Office Administrator

Chandima Weeratunga
CPA. CGA.
Finance

Josee Jarry
PhD. C.Psych.
Supervising Psychologist

In Other News...

French Language Services

BANA has remained committed to enhancing our French Language Services. Over the past five years we have conducted services using francophone staff, offered francophone health promotion presentations, and actively recruited within the francophone community for employment opportunities. Most recently, over the 2020-2021 year we developed a french resources section on our website, produced and distributed (in print and digital versions) over 12,000 french copies of our Children's Fest Activity book; and we hired a new bi-lingual social worker.

We continue to work tirelessly on increasing our compliance and competency in response to the populations we serve.

Gord Smith Healthy Workplace Awards

BANA was recognized by the Windsor Essex County Health Unit's Working Toward Wellness (WTW) Committee as one of 18 recipients of the 2021 Healthy Workplace Awards for their outstanding efforts to prioritize the health, safety, and mental well-being of their employees, customers, and communities during the COVID-19 pandemic.

BANA was awarded the Gold Standard Award for their Health and Safety initiatives and the Silver Standard Award for Mental Health Initiatives.

A special thanks to everyone who works year round to create a healthy and safe environment at BANA



Formerly known as Eating Disorders: Prevention, Promotion and Early Intervention (ED:PPEI) the Eating Disorders Ontario (EDO) initiative is an exciting project aimed at building local capacity for the delivery of evidence-based promotion, prevention, and early intervention for eating disorders.

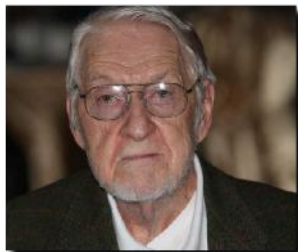
We have been fortunate to have worked in partnership as one of the 5 regional leads organizations across the province and we are pleased to report that BANA is the initial site to host an EDO Prevention Specialist, the first of 40 to be implemented across Ontario.

Farewell to our Founder and Friend

The staff and Board of the Bulimia Anorexia Nervosa Association were deeply saddened at the passing of our Founder Dr. Richard (Dick) Moriarty on June, 23, 2021 at the age of 88.

BANA originated as a response to grief, compassion for others and out of a gap in services for those with eating disorders and their families in Windsor and Essex County. One evening in February in 1983, concerned citizens met in the Human Kinetics Building of the University of Windsor because an eating disorder had touched their lives in some significant way.

Over the years, countless lives have been changed and even saved thanks to his efforts. Along the way, tens-of-thousands of individuals, families, educators, mental health and wellness providers have been immeasurably and positively impacted by the legacy of Dr. Moriarty. He has and will continue to; support, encourage and inspire, us all.



To our founder and friend, we will miss you. We owe you so much; and we hope that we can continue to make you as proud of us, as we have always been of you.



It's been a difficult year for everyone in our community and BANA has never been more proud our partnerships:

University of Windsor Faculty of Nursing
St. Clair College of Arts and Media
Windsor Essex Communities Ontario in motion
Worldwide Charter for Action on Eating Disorders
HDGH Withdrawal Management Services
Community Partners for Multicultural Health
Windsor Essex Association for Volunteer Administration
Ontario Non-Profit Network
College Boreal
Academy for Eating Disorders
University of Windsor School of Social Work
Service Alliance For Equality (SAFE)
Eating Disorders Ontario
Leadership Windsor Essex
Rotary Club of Windsor (1918)
National Eating Disorder Information Centre
Windsor Essex Community Health Centre - Teen Health
HDGH Problem Gambling and Digital Dependency Services
City of Windsor Parks and Recreation
Windsor Public Library
Mental Health Connections
New Canadian Centre for Excellence
Windsor Pride Fest
Windsor Regional Hospital
Brentwood Recovery Home
Leadership for the Advancement of Women in Sport
Providers of Addiction Treatment of Windsor-Essex
Windsor Essex Catholic District School Board
Sandwich Teen Action Group (STAG)
Multicultural Council of Windsor-Essex
Conseil Scolaire Viamonde
New Beginnings Child and Youth Services
University of Windsor Health Services
HDGH Regional Children's Centre
Windsor Essex Community Foundation
Girl Guides of Canada
University of Windsor Faculty of Education
Greater Essex County District School Board
University of Windsor Psychology Department
Windsor Essex County Health Unit
The Conseil Scolaire Catholique Providence
Sexual Assault Crisis Centre
Ontario Addiction Treatment Centres
Canadian Mental Health Association Windsor Essex County
Transitional Stability Centre
Family Services Windsor Essex
Scouts Canada
University of Windsor Department of Kinesiology
Windsor Essex Children's Aid Society
House of Sophrosyne

Health Promotion and Education



BANA organizes and hosts hundreds of presentations and workshops throughout the community each year. We have longstanding partnerships with the GECDSB, the WECDSB, CSC Providence and several community groups.

The topics we cover include: self-esteem, body image, media & social media, body based harassment, nutrition and physical activity.

Over the course of the pandemic, our health promotion team continued to offer our education in virtual format. Aside from our community presentations, our Health Promotion Team has been busy working on several new initiatives and projects. Below are a few highlights from our year!

2021-2022 Health Promotion Highlights

- Virtual presentations for community organizations including Youth Diversion, Noah's House, United Way, Pozitive Pathways, Centre d'orientation des adolescents, QLink Windsor, Girls In Motion, Hotel Dieu Grace Hospital's Problem Gambling Program and many more!
- Virtual presentations educating students from Western University's Nutrition & Psychiatry programs and the University of Windsor's Health and Physical Education Teacher Candidates Course
- Collaboration and education to staff at TransWellness Ontario, as well as, having one of their social workers as a guest on the Be Yourself Podcast
- Lunch and Learn virtual presentation for Windsor Family Health Team on BANA services
- Collaboration with the Art Gallery of Windsor for a presentation titled 'Art of Every Body' where we explored body image and the evolution of body ideals over time
- Put in efforts to have the help of regular volunteers helping out with administrative and clerical tasks in the BANA offices !



Summary of Health Promotion Services 2021-2022

Self-Esteem and Body Image Workshops:	173
Sizing Up the Media:	58
Foundational Trainings:	3
BANA Information Presentations:	48

TOTAL PRESENTATIONS:	282
Total number of participants:	10,684
Health Fairs:	3

**Due to Covid-19, services were provided virtually.
4 in person presentations took place.*

Number of Volunteers:	26
Number of Volunteer hours completed:	182



Over the course of this year, BANA Health Educators continued to be a part of the Eating Disorders Prevention, Promotion and Early Intervention Initiative (ED-PPEI), which now goes by a new name: Eating Disorders Ontario - Prevention (EDO-P).

Our team has been involved in several arms of this initiative, and this year we began to roll out one of the interventions in Windsor-Essex. BANA is proud to share that over 2021-2022, our Health Educators facilitated three virtual Foundational Trainings, a full day weight bias training for adult influencers.

This training prepares adults to be positive influencers who focus on well-being not weight, and who acknowledge their own personal attitudes about food, weight and shape including weight bias, and the multiple factors that influence weight-related issues & well-being.

The training aims to increase self-awareness so that participants will be able to think more critically about the messages they are sending in their personal and professional lives as adult influencers.

In addition to offering Foundational Training, BANA staff also organized the development of a Community Working Group to assist the roll out of the EDO-P project in Windsor-Essex

We also took part in the video production of an educational video to be used in the future of EDO-P. We spoke about factors related to eating disorder prevention including peer norms and school climate.

Our 2nd Virtual Eating Disorders Awareness Week EDAW 2022: "Everyone Has a Role to Play"

Due to COVID-19 restrictions, this year's Eating Disorders Awareness Week was completely virtual for the second time. Our health promotion team organized virtual education on our social media channels all week long. We also featured this year's national theme: "Everyone Has a Role to Play", which emphasizes that we all have a role to play in eating disorder prevention and recovery. On social media, we made resources available to various disciplines that have a role in helping those impacted by eating disorders.

Here are some of the other initiatives that we organized online the week of EDAW 2022:

I Wish Campaign: A main goal of this year's Eating Disorders Awareness Week was to amplify the voices of our community and those with lived experiences. What do you wish people knew about eating disorders? OR What do you wish people knew about YOUR eating disorder? We asked our community to submit a voice note or written submission and answer one of these two questions. We got some thoughtful and profound responses showcasing the realities of eating disorders. The responses were featured on BANA's social media throughout the week of EDAW 2022.



Panel Discussion: What Do You Wish People Knew About Eating Disorders? We know eating disorders are often misunderstood and not spoken about openly. To start the conversation and gain various viewpoints, BANA Health Educators hosted a panel in discussion. Our goal was to present diverse perspectives on eating disorders & body image concerns, as well as educate and spark the audience's motivation to act and raise awareness. We had four passionate and knowledgeable guests: Dianne Bondy, Sarah Berneche, Alexis Sauls Ramos & Mackenzie Kovaliv. The panel is still available to view on our website at: www.bana.ca/edawpanel.

More EDAW Outreach: We always encourage Windsor-Essex to light up purple in support of eating disorders awareness the week of EDAW. This year, the City of Windsor City Hall and Caesars Windsor lit up purple in support all week long! The BANA building also was lit up in purple. Additionally, one of our health educators was a guest on AM800 radio to speak about eating disorders.



BANA also ran a giveaway on our Instagram all week-long encouraging people to use non-appearance related compliments. We had 189 entries for our giveaway! Prizes were from local businesses in our area. Lastly, we dedicated this edition of our Be Yourself Magazine to EDAW 2022. We were so grateful to see all this support from our community and to raise awareness of this area of mental health.

Be Yourself Magazine



Originally launched in late 2020, BANA Be Yourself is a Mental Health and Wellness Magazine designed and operated entirely in-house by BANA staff.

This free publication is offered quarterly, in both print and digital versions, we're proud to have tackled dozens of topics above and beyond eating disorders including, stress, perfectionism, grief, self-care, grounding techniques, fitness, depression, alzheimer awareness and so much more...

In addition to our staff and community partners, we've also hosted guest columnists from across Canada, the United States, Italy, the United Kingdom and India.

Thanks to so many of our supporters that shared the publication we have confirmed readership in over 40 countries.

If you haven't had a chance yet, we encourage you to check out all of our editions at www.bana.ca/magazine.

Anyone can be a BANA Volunteer through their everyday actions and attitudes.



- Be a Body Positive Influencer
- Use Neutral Language Around Food
- Perform Random Acts of Kindness
- Post Unedited/Filter Free Images On Social Media
- Just Be Yourself

You Too Can Make a Difference, Everyday!

For more information about BANA or volunteering opportunities visit www.bana.ca



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Paradise Charitable Gaming Association



Intake and Clinical Services

BANA Clinical Services

BANA serves as the Regional Centralized Intake Service for eating disorders at all ages. This service provides the first point of contact for those seeking support and treatment, and referral to the appropriate resources within the community.

BANA's Clinical Services offer specialized eating disorder assessment, diagnosis, and outpatient, specialized eating disorder treatment for adults, aged 20 and older. Youth seeking treatment will be directed through our intake process to services at our community partner weCHC-Teen Health.

BANA's Registered Social Workers are trained in and provide individual treatment, using Cognitive Behavioural Therapy Enhanced for Eating Disorders (CBT-E, or CBT-T). Our clients also meet with a Registered Dietitian to support the treatment goals.

CBT-T is an abbreviated version of the CBT-E protocol; however, research indicates that both treatment approaches yield the same results/remission rates.

Both CBT-E and CBT-T target disordered eating, as well as maladaptive cognitions and behaviours around food, eating, weight and shape. The ultimate goals of both treatments are to normalize eating, reduce symptoms, and work towards body acceptance. Homework is assigned in both treatments, and at-home application of skills and tools is essential for treatment to work (both are "do-therapies", rather than "talk-therapies").

Both approaches follow closely along the empirically supported protocols in order to yield best results.

Both approaches include daily self-monitoring logs, mechanical eating, psychoeducation, and symptom-tools. Both approaches also address body image.

The primary differences between the approaches are the format and structure of the treatment, as well as which CBT techniques are primarily incorporated.

Snap shot of Intake Services

	2020-2021*	2021-2022	% +/-*
Individuals served by the Intake process:	343	394	+14.9
Adult:	191	250	+30.8
Youth:	79	88	+11.3
Undisclosed:	73	54	-27.1
Specialized Diagnostic Assessments:	110	137	+24.5
Total Intake Interactions:	2946	3561	+20.8

Snap Shot of Clinical Services

	2020-2021	2021-2022	% +/-*
Individuals served by the organization:	573	710	+23.9
Total Clinical Interactions:	9635	9321	-3.0

CBT-T	CBT-E
10 sessions over 10 weeks	20 sessions over 20 weeks
Weekly sessions	Twice a week, then weekly, then biweekly
Divided into 5 overlapping <i>phases</i>	Divided into 4 distinct <i>stages</i> of treatment
1 month and 3 month post-treatment follow-ups	One 5 month post-treatment follow-up
More of a <i>behavioural</i> approach to CBT: includes more behavioural experiments and exposures; less cognitive work	More of a <i>cognitive</i> approach to CBT: still includes behavioural experiments and exposures, but also heavily incorporates cognitive work
Only appropriate for non-underweight individuals	Can be adapted to 40-week protocol for underweight individuals
Can be utilized with clients who struggle with abstract concepts, and have a lower IQ	Tends to be more difficult for those with lower IQ
More rigid with treatment-interfering behaviours; comorbidities typically referred out	More flexible around treatment-interfering behaviours and comorbidities – a "broad" version is available to accommodate
Little room for motivational work (typically done prior to beginning treatment)	Has room for motivational work (typically done within stage 1 of the treatment)

Windsor Welcomes Intensive Outpatient Program



From left to right: Nadine Manroe-Wakerell, Director Of Clinical Practice, Windsor Essex Community Health Centre (Teen Health), Rita Taillefer, Executive Director, Windsor Essex Community Health Centre, Luciana Rosu-Sieze, Executive Director, Bulimia Anorexia Nervosa Association, Jonathan Foster, Vice President, Emergency, Mental Health, Trauma, Office of Research, Cancer and Renal, Windsor Regional Hospital

"Over the past 2 years, in partnership with the Windsor Essex Community Health Centre, Teen Health site (weCHC-THC) and Windsor Regional Hospital (WRH); the team at BANA has been developing the Windsor-Essex Intensive Outpatient Program (WEIOP) for Eating Disorders. This program is a first of its kind for this region and is funded through Ontario Health.

Facilitated by a multi-disciplinary, multi-agency team; the WEIOP will offer a variety of groups and individual sessions, along with supervised meal support. This program is for individuals aged 16 years and older with complex eating disorders who have not successfully responded to less intensive programs; or for individuals "stepping down" from more intensive treatments. This service has been developed to address the needs of individuals who require treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, and other specified feeding or eating disorders.

This program is for individuals who are (1) Medically stable and do not need intensive, daily medical monitoring; (2) Able to actively participate in individual and group therapies; and (3) Expected to continue to make progress toward recovery.

The WEIOP is comprised of 8 weeks of group therapy (CBT-E, DBT, Psychoeducation, nutrition group, supervised meal supports) operating 4 days/week. Clients will also receive, weekly individual dietitians/social work sessions, Medical monitoring (as needed) and bi-weekly phone check-ins. Clients will then continue on with individual therapy sessions to complete the full 20 week CBT-E protocol.

The primary goals of this program includes: normalizing eating, eliminating eating disorder behaviours, identifying influences that maintain one's eating disorder, developing awareness and strategies to maintain recovery.

"Life for youth dramatically changed daily during COVID and impacted their living environments, access to face to face intensive care," according to Nadine Manroe-Wakerell, Director of Clinical Practice, weCHC. "Left untreated Eating Disorders can cause structural changes in the youths brain, heart disease, other serious illnesses and can lead to death. Treating youth as soon as possible is the best course of action next to prevention for recovery."

The WEIOP's program will provide evidence-based, compassionate care including: Group/Individual Therapeutic Sessions, Nutritional Assessment and Consultation, Psychiatric Evaluation, Medical Monitoring, Psychoeducation, Meal Support, and Coordinated Management.

What this means for Windsor-Essex residents is that not only will this program, coupled with existing services, help extend the "continuum of care," says Luciana Rosu-Sieze, Bana Executive Director, "it will greatly reduce the need for individuals to leave their families, their schooling, their jobs and our community in search of intensive treatment."

The dedicated multi-disciplinary team includes: a Program Coordinator, Clinical Intake Worker, Psychiatrist, Registered Nurse Practitioner, Registered Social Workers and Registered Dietitians.

"This is a very important and exciting development for our region that will ensure quality and timely service for individuals in our region," said Jonathan Foster, Vice President Emergency, Mental Health, Trauma, Office of Research, Cancer and Renal at WRH. "We look forward to continuing to work with our partners at BANA and weCHC in this collaborative program for years to come."

Interested individuals can access program information through a regional intake phone number, toll free at 1.855.969.5530 or via our webpage at www.bana.ca/weiop.





2021-2022 Treasurers Report

I would like to take this opportunity to thank the Board for giving me the chance to serve as BANA's Treasurer for the past 7 years. I witnessed incredible dedication and commitment from BANA's staff and saw just how much of a positive impact BANA has in our community. I am immensely proud of our fiscal accomplishments over the past few years.

The pandemic created unforeseeable challenges that the staff navigated with care and tenacity. Even though Covid-19 restrictions caused BANA's fundraising revenue to decrease dramatically, the organization used every opportunity to increase its community reach and enhance its services.

I invite you to review the fiscal 2022 audited Statement of Financial Position and the Statement of General Fund Operations and Fund Balance. BANA reported a small surplus of \$238, which is remarkable given the unprecedented obstacles we encountered last year. By working with numerous community partners, BANA was able to develop and kick off new programs such as Intensive Outpatient Program and Eating Disorder Prevention Program with OCOPED (now EDO).

I wish the Board and the staff success in all their new projects. I look forward to watching BANA grow and continue delivering much needed eating disorder services to our community.

Anna Levonyan, CPA, CMA, EA
Treasurer, BANA Board of Directors

Bulimia Anorexia Nervosa Association - Can-Am

Statement of Financial Position

March 31, 2022		
	2022	2021
Assets		
Current		
Cash and term deposits	\$ 226,710	\$ 219,809
Accounts receivable	3,878	4,189
Grant revenue receivable (Note 5)	39,251	-
HST recoverable	10,570	9,218
Prepaid	9,681	4,621
	<u>290,090</u>	<u>237,837</u>
Capital (Note 2)		
Furniture and equipment	88,930	88,930
Computer equipment	35,224	35,224
Leasehold improvement	20,985	20,985
	<u>145,139</u>	<u>145,139</u>
	<u>\$ 435,229</u>	<u>\$ 382,976</u>
Liabilities and fund balances		
Current		
Accounts payable and accrued liabilities	\$ 109,240	\$ 33,966
Deferred revenue (Note 4)	76,272	69,538
	<u>185,519</u>	<u>103,504</u>
Long-term		
Canada Emergency Business Loan (CEBA)	-	30,000
	<u>185,519</u>	<u>133,504</u>
Fund balances		
General fund	32,682	32,444
Capital reserve fund (Note 2)	71,889	71,889
Equity in capital assets (Note 2)	145,139	145,139
	<u>249,710</u>	<u>249,472</u>
	<u>\$ 435,229</u>	<u>\$ 382,976</u>

Approved on behalf of the Board of Directors:
Bulimia Anorexia Nervosa Association - Can-Am

Kelly Bessie Director *Anna Levonyan* Director

See accompanying Notes to the Financial Statements
Gordon B. Lee & Company CPAs Professional Corporation

Bulimia Anorexia Nervosa Association - Can-Am

Statement of General Fund Operations and Fund Balance

Year ended March 31, 2022

	Community Mental Health 2022	Institutional Health 2022	Other Revenue 2022	OCOPED Grant 2022	IOF One time Grant 2022	Total 2022	Total 2021
Revenue							
Program funding (Note 8)	\$ 480,529	\$ 280,992	\$ -	\$ -	\$ -	\$ 761,521	\$ 797,378
Donations and memberships	-	-	18,432	-	-	18,432	2,708
Other income	-	-	7,342	-	-	7,342	21,983
Fundraising revenue	-	-	22,092	-	-	22,092	4,079
Grant revenue (Note 5)	-	-	-	132,076	92,563	224,639	125,981
	<u>480,529</u>	<u>280,992</u>	<u>47,866</u>	<u>132,076</u>	<u>92,563</u>	<u>1,034,026</u>	<u>952,129</u>
Expenses							
Insurance	-	3,102	-	-	-	3,102	2,714
Advertising and promotion	-	4,940	-	-	-	4,940	12,203
Professional fees	-	22,488	-	-	-	22,488	19,463
Wages and benefits	480,529	195,939	-	124,339	19,494	820,301	769,717
Office equipment/supplies	-	4,253	6,355	-	10,608	21,216	21,120
Computer maintenance	-	762	8,362	1,254	4,671	15,049	42,160
Telephone	-	-	3,964	146	-	4,110	4,293
Rent	-	42,380	6,855	-	-	49,235	49,234
Staff education	-	-	-	6,337	-	6,337	26,806
One time health tax	-	6,790	-	-	-	6,790	-
Travel	-	338	-	-	-	338	75
Fundraising expenses	-	-	22,092	-	-	22,092	4,004
Grant expenses	-	-	-	-	68,398	68,398	-
	<u>480,529</u>	<u>280,992</u>	<u>47,628</u>	<u>132,076</u>	<u>92,563</u>	<u>1,033,788</u>	<u>951,789</u>
Excess of revenue over expenses for the year	-	-	238	-	-	238	340
Fund balance beginning of year	-	-	32,104	-	-	32,444	32,104
Fund balance, end of year	<u>\$ -</u>	<u>\$ -</u>	<u>\$ 32,342</u>	<u>\$ -</u>	<u>\$ -</u>	<u>\$ 32,682</u>	<u>\$ 32,444</u>

Gordon B. Lee & Company CPAs Professional Corporation

This independent auditors review was conducted by the firm of Gordon B. Lee & Company, CPAs.

The enclosed statements of the Bulimia Anorexia Nervosa Association CAN-AM reflect the financial position as of March 31, 2022, and the statement of general fund operations and fund balance for the year end.

A complete Financial Statement and Auditor's Report are available through BANA upon request.

BANA Awards

Each year, BANA takes a look at those in our community who are making a difference and whom demonstrate a commitment to the enhancement of healthy lifestyles in the truest spirit of our mission and vision.

Please join us in recognizing the following outstanding agencies and individuals as our 2021-2022 Community Health Promotion Award recipients.

Outstanding Volunteer
Alaina Bas

Outstanding Business/Organization
Lacasse Printing Company Ltd

Outstanding Individual
Jill Andrew, MPP

Outstanding Community Non-Profit
Windsor-Essex Community Health Centre

Moriarty Leadership Award
Catherine Ford



Thank You



BANA would like to acknowledge support from the following:

**Ontario Health
Eating Disorders Ontario
Paradise Charitable Gaming Association**

...and a special thank you to our members of BANA including our clients, board, staff and volunteers.

BANA Slate of Board Directors for 2022-2023



President
Kelly Gosselin
2018-2024



Vice President
Dana S. Levin
2016-2022



Treasurer
Marzena Gosselin
2022-2025



Secretary
Chelsea Rodrigues
2017-2023



Director
Kerri Zold
2017-2023



Director
Delaney MacDougall
2022-2025



Be Yourself Be a Difference Maker



**Make a difference by
supporting BANA today!**

Since 1983, BANA has been committed to the provision of specialized treatment, education and support services for individuals affected directly and indirectly by eating disorders.

As the primary regional source for the prevention and treatment of eating disorders, BANA continues to be the leader in the promotion and acceptance of diverse body shapes and sizes through the adoption of a healthy, balanced lifestyle.

BUT WE NEED YOUR HELP.

You can assist BANA in providing Prevention, Education, Early Intervention and Treatment services to thousands of individuals of all genders and social/economic backgrounds across our region.

Every little bit matters.

Please consider make a donation to BANA today by contacting us at 519.969.2112 or visiting our website at www.bana.ca/get-involved-donate/

**Bulimia Anorexia
Nervosa Association**
1500 Ouellette Avenue, Suite 100
Windsor Ontario Canada N8X 1K7
P: 519.969.2112 F: 519.969.0227

Toll Free: 1.855.969.5530

www.bana.ca



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Are you or someone you know affected by an Eating Disorder?

Youth and Adult Intake Services

Call Toll Free or Visit Us at:
1.855.969.5530
www.bana.ca



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